

# CHARGING RHINO NEWS

### News Highlights

- Joel Mittelman to lead High School Boot Camp.
- **PRACTICE DAYS SWAP!**
- **K-6 moves to TUES/THURS**
- **6-12 moves to MON/WED**
- Registration starts Sept. 1st



## Joel Mittelman to lead High School Boot Camp

We are proud to announce Joel Mittelman's return to Rhinos. Joel is a former 2 time state champ from Lynnwood High School. Mittelman joins an already strong staff including Mike Floresca, as well as twins David & Bradley Alfi. The K-6 group will continue to be led by Coaches Jon Floresca, Mike Floresca and Matt Rapelje.

Mittelman's experience coaching and wrestling will be a great asset to the Rhino organization.



### NEW PRACTICE DAYS

Rhinos have successfully negotiated a way to keep practices at Edmonds Woodway High School! The room is now available M/W starting at 7 pm. This means that the 6-12 practice needs to be on M/W from 7-8:30. The K-6 group will hold practices on T/TH from 6-7 (beginners), 7-8 (advanced) and 8-8:30 (elite). (This is the same schedule as LAST YEAR—but opposite the one announced in our early brochure.)

We hope this change won't cause too much inconvenience. See you on the mat!

### Pre-season

#### Information Meetings

**K-6** October 9, 6:00 pm

**6-12** November 5, 6:00 pm

Edmonds Woodway HS

### Inside this issue:

Welcome Joel Mittelman	1
New Practice DAYS	1
Rhino Registration	1
Parent Meetings	1
Coaches Corner	2
Wardrobe Update	2
Save the DATES	2

## Registration for 40th Anniversary Season

Registration for the 2013-2014 Season starts Sept. 1st. **The first 40 wrestlers to register and pay online will receive a special 40th anniversary t-shirt.** Register at [www.wrestlingrhinos.org](http://www.wrestlingrhinos.org).

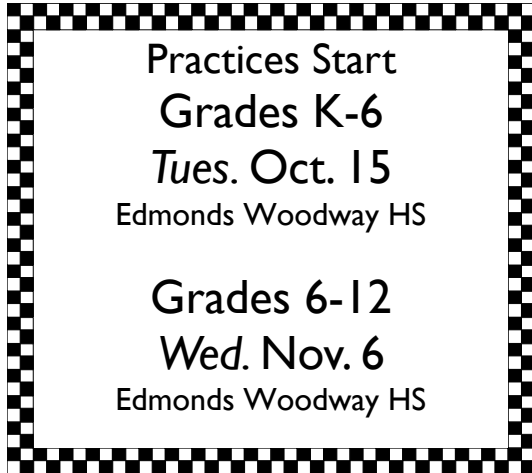
To register you must have a current USA wrestling membership (or card number.) USA cards are available at [themat.com](http://themat.com). You can also download the USA wrestling app for your smart phone. Then you will never have to worry about forgetting your card at a tournament!



## WRESTLING RHINOS

Brian Alfi, Board President  
Bob Grimm, VP Parent Relations  
Mike Floresca, VP Coaching Relations  
Tricia Norton, Secretary  
Catherine Fitting, Assistant Secretary  
David Alfi, Treasurer  
Clark Norton/ Raul Apodaca, Co-Registrars  
Bob Zimmerman, Web Master  
Matt Rapelje, Board Member  
Sean Rhodes, Fundraising

Contact us: (425)772-9330 or rhinoswrestling@gmail.com



Save these DATES:

## Red Onion Fundraiser OCT. 29, 2013

*The best part about this fundraiser is that all you have to do is EAT! Come in that evening and enjoy a burger with all your Rhino friends and the club gets a part of the proceeds for the evening. (We do need about 10 people to help run the kitchen, also note this is a new location.)*

### Red Onion Burgers

21005 44th Ave W. Suite 101  
Mountlake Terrace, WA 98043

## 1st NOVICE Tournament Sunday NOV. 10th

@ Mount Vernon (date and location subject to change)

*This year the Rhinos want to encourage our new wrestlers to wrestle in tournaments! Rhinos will cover the registration fee for the first NOVICE league tournament for all NEW wrestlers. Contact Coach Jon for more details.*

## Rhino Night at Edmonds Woodway DEC. 6th, 6 pm

*Eat pizza with the Rhinos, then Watch the Warriors of Edmonds Woodway take on the Shorewood Thunderbirds in the Edmonds Woodway Great Hall. Midway through the high school match, Rhinos will have a scrimmage. So come ready to wrestle!*

## Coaches Corner

Hey Rhinos,

I hope you all have been enjoying a great summer vacation. I know that you are just about to start up school and the start of school means we are just weeks away from wrestling season. Please take a minute to mark your calendar with upcoming events and take note that we are starting a few weeks earlier this year.

Also parents, please remember that your children grow a lot over the summer and their old wrestling shoes may not fit. Have your Rhino try their shoes on before we start so you have plenty of time to get new ones if necessary. If you have a pair of shoes you have outgrown and would be willing to donate, bring them to the PARENT INFORMATION MEETING ON OCTOBER 9TH AT 6:00 PM at Edmonds Woodway High School. I hope to see all my wrestlers back in the room this year so we can continue to improve our skills and grow as a club.

Thanks!

Coach Jon

## Parent Contact List

This year when you register, you will be asked if you would like to share your contact information with other Rhino parents for the purposes of carpooling, etc. We will make the contact list available a few weeks into the season.

## Wardrobe UPDATE

Singlet orders have been submitted. We will have singlets ready by the start of the Folkstyle season. If we get another 6 orders, we will place another singlet order. We can't guarantee they will come in for the beginning of the season.

Fight Short orders are still open. We will order the shorts at the beginning of the season. It would be a great idea to get your fight shorts when you register for the season! ONLY \$30.

