



September 21, 2010

# EO Jr Jaguars Newsletter

www.eojaguars.com

## Scorecard

Sep 18<sup>th</sup> and 19<sup>th</sup>  
Flag White 7-0 (Linden)  
Flag Grey 7-7 (Linden)  
MM 18-7 (EO Rams)  
JPW A 32-0 (EO Rams)  
JPW B 0-20 (Paterson)  
PW 30-0 (EO Rams)  
JrMid 0-13 (EO Rams)  
Mid 12-0 (EO Rams)

**Mark your Calendars!**  
NORTH JERSEY POP  
WARNER CHEER  
COMPETITION is  
around the corner  
and we're hosting it!  
SATURDAY, OCT 9<sup>th</sup>  
at EO Campus High.  
We're going to need  
your help....

**Quote of the Week:**  
"For me, winning  
isn't something that  
happens suddenly  
on the field when  
the whistle blows  
and the crowds roar.  
Winning is  
something that  
builds physically and  
mentally every day  
that you train and  
every night that you  
dream."  
Emmitt Smith

Please visit the  
website for up-to-date  
info about the  
Jr Jaguars including  
schedule, results,  
photos, directions,  
team info etc  
www.eojaguars.com

**Have you thanked a  
Team Mom today?**

## 100%, One Down At A Time...

Jr Jags played some excellent football this weekend! Maybe it was the opponent, maybe it was the perfect weather, maybe it was the great support from the fans (including Coach Bell from EO Campus High) but the Jr Jags performed very well overall with some particular success in our kicking game. In a very physical series

vs Linden, our flag teams held their own. The Grey team won 7-0 and the White team tied 7-7. In an exciting game, the Mighty Mites, down 0-7 at the half, battled back to beat the EO Rams 18-7. Jr PW B, facing Paterson, improved on their skills but succumbed 0-20. Jr PW A handed the Rams a decisive

defeat as everyone on the team was able to contribute. The Pee Wees won in a 30-0 rout (mercy rule was in effect by the 2<sup>nd</sup> Q). Jr Midgets showed heart but lost the battle 0-13 while the Midgets were victorious in a very hard hitting 12-0 win. We travel to Brooklyn this weekend to face Mo Better. Fans, come and join us!

## The Balancing Act

As much as we enjoy playing football or cheering, we all know school must come first. Some tips on how to successfully balance both:

1. **Manage your time wisely** – On Tuesdays and Wednesdays, try to get as much homework completed before you go to practice and finish it as soon as you return. TV/games will have to wait.
2. **Be organized** – Review your schedule ahead of time. Layout your school work & clothes the night before.
3. **Transfer athletic traits into the classroom** – Exhibit determination/ "wont quit" mentality in the classroom. Want to win = strive for the A.
4. **Use the resources around you** – Need help? Come in early or stay after school to meet with your teacher(s). Ask for assistance.

Athletics and Academics go hand in hand

### TRUE JAG SPIRIT!

We want to shout out to *Rafee Simmons*. Fearless leader and QB of the Flag White Team, Rafee got banged up on Saturday but not before scoring a touchdown and leading his team to a 7-7 tie. Rafee, you played with heart and determination and have inspired us all. We wish you a speedy recovery!

## Jaguar Puzzle – Unscramble the clue words and figure out phrase

P I T E C T I R O N E N

12 10 7 12 1

Z I T L B

8

A S K C

6

T U P N

2

C A K L E T

11 5

N O T D W C O H U

4

F E U B M L

9 3

1 2 3

4 5 6 7 8

9 10 11 12