

NEWSLETTER

June 2016









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Registration Update

www.natigerpride.com

Tiger Pride families – **THANK YOU** for registering with to play and cheer with Tiger Pride!! Preparations are well under way for a fun and exciting season.

Registration is now closed and there will be one 6/7/8 team, two 9/10 teams, and one 11/12 team. The football combine week will still be held to help determine the two 9/10 teams. The 6/7/8 and 11/12 teams will use the time for conditioning.

Season Kick-Off Parent Tailgate Party

Saturday, August 27th Elias Fry Barn Knob Hill Park 5:00pm - 10:00pm Food, games, DJ, prizes and FUN!!! Mark your calendar and plan for a babysitter.



IMPORTANT DATES

July 14 🛛 📈	Equipment Distribution 6:30-8:30pm
July 16	Equipment Distribution 10am-Noon
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July 16	Dick's Sporting Goods Shop Day
July 25-28	Nightly Cheer Practice 6-8pm
July 25-28	Football Combine
Aug 1	Football practice begins - NO pads
Aug 14	Picture Day – cheer and football
Aug 20	First football games
Aug 27	Week 2 games + Parent Tailgate Party
Sept 1	1 st Day of School NA
Sept 3	Labor Day Weekend – no games
Sept 10	Week 3 games
Sept 17	Week 4 games
Sept 23	Tiger Pride Night - NA Varsity Game
Sept 24	Week 5 games
Oct 1	Week 6 games
Oct 8	Week 7 games
Oct 15	Week 8 games
Oct 22	Playoffs Round 1
Oct 29	Playoffs Round 2
Nov 5	Super Bowl Championships



Summer Workouts with Darnell Dinkins and



Blueberry Hill Game Field

Conditioning, football basics, skill and drills, plus much more, and always lots of FUN!

\$5 per session 5:00pm - 6:30pm Sunday evenings



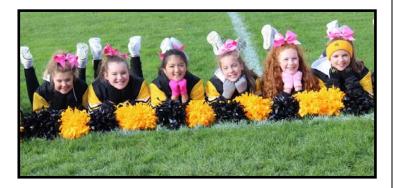
June 26th *** July 10th July 17th *** July 24th *** July 31st

Also offered during select summer workouts – a family **BOOT CAMP WORKOUT** with instructor Shannon Smalley. Come dressed to work out and meet Shannon at the registration table.

Cheer Coaches Needed

Tiger Pride Cheerleading is in need of student / teen cheer coaches for the 2016 season. Practice begins on July 25, with Saturday games through the end of October. Prior Tiger Pride cheer experience is not necessary, but leadership and choreographing skills are preferred.

Interested 8th-12th grade girls should complete the application that can be found on the cheer page of the Tiger Pride website and email to Lauren Coll at <u>Idewey8478@yahoo.com</u> no later than Wed July 6.



Fundraiser Raffle

The fundraiser this season is \$150.00 (per family) for a raffle book of tickets to win **cash prizes** in the October raffle. If you did not pay for the fundraiser when you registered, you will need to pay at equipment/uniform pick up.

Each raffle book contains 40 raffle tickets. 30 tickets for you to sell at \$5.00 a piece - which means you recoup the <u>entire</u> cost of the fundraiser. Plus, there are 10 tickets that are FREE and yours as a thank you for your cooperation. Completed raffle tickets will be due back to your team/cheer mom no later than Monday, Oct. 3rd.

The raffle drawing will be held Monday, Oct. 10th, 7:00pm at the practice field pavilion.

Cash prizes include: 1st prize - \$2,000 2nd prize - \$1,250 3rd prize - \$750





Tackling

We understand that football is a contact sport. While nothing could ever take all injuries out of this great game, it is important to know we are doing everything we can to minimize them. The Tiger Pride Board wanted to share the following facts on what we are doing for safety in our organization:

1. Each head and assistant coach will complete the Heads Up concussion training prior to coaching.

2. Use of bags in many contact drills and minimizing contact during practice.

3. Equipment is certified each year by Riddell.

4. Tiger Pride has implemented Pete Carroll's "Hawk Tackling" philosophies. As the head coach of the Seattle Seahawks, he researched and implemented a new technique to tackle in order to "take the head out of the game".

New Football Uniforms



The new Tiger Pride uniforms (jerseys and game day pants) will be distributed to the teams by their coaches after the first week of practice.



Football Equipment Distribution

There will be two time slots to pick up your **football** equipment:

Thursday, July 14th 6:30-8:30pm Saturday, July 16th 10:00am-Noon

When you come to pick up your football equipment, bring your football player, as well as:

- Copy of birth certificate
- Physician's release form (found on our website)
- Equipment deposit check \$250, made out to "NAFC". [This check will be returned at the end of the season when all equipment is returned in good condition.]
- Fundraiser check \$150, made out to "NAFC"

The equipment you will receive will be:

- helmet
- shoulder pads
- practice pants (with integrated pads)
- game day pants (with integrated pads)

Available for purchase at equipment pick up:

- chin strap
- socks

NOTE: Cheer uniforms and equipment will be distributed during the second week of practice.



Dick's Sporting Goods Day Saturday, July 16th – 20% off!

Saturday, July 16^{tn} – 20% off! *Coupon Attached to this Newsletter* Print the coupon and head out to the McCandless Crossing Dick's Sporting Goods store to receive 20% off of your entire purchase.



Tiger Pride Night at NA Varsity Game

Friday, September 23rd will be Tiger Pride Night at the NA Varsity Football Game at Newman Stadium. More details to come...





***REMINDER** – There are <u>no</u> refunds given after the first full week of practice.*

Safety

North Allegheny Football and Cheer **Tiger Pride Board of Directors** P.O. Box 87 Ingomar, PA 15127 <u>www.natigerpride.com</u>



Development -

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EXCLUSIVE SHOP EVENT

DISCOUNT EXAMPLES

RECEIVER GLOVES	\$55.00
20% DISCOUNT	11.00
FINAL COST	\$44.00
YOUTH CLEATS	\$54.99
20% DISCOUNT	11.00
FINAL COST	\$43.99
FOOTBALL SHIRT	\$54.99
20% DISCOUNT	11.00
FINAL COST	\$43.99

NA Tiger Pride Youth Football Shop Day

Saturday July 16 11-6pm McCandless Store Only!



Limit one coupon per customer. Must be used on one transaction. Discount applied before tax charges. Cannot be combined with any other offer, team discount or used for gift cards, licenses or previously purchased merchandise. **Coupon valid on in-store purchases only**. No reproductions or rain checks accepted. Returns or exchanges where a ScoreCard Reward or discount was applied may result in an adjusted refund amount. Excludes DICK'S Team Sports HQ Uniform and FanWear purchases. See store and DICKS.com/Exclusions for details.

