

North Allegheny

Tiger Pride

NEWSLETTER

June 2016



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Registration Update

www.natigerpride.com

Tiger Pride families – **THANK YOU** for registering with to play and cheer with Tiger Pride!! Preparations are well under way for a fun and exciting season.

Registration is now closed and there will be one 6/7/8 team, two 9/10 teams, and one 11/12 team. The football combine week will still be held to help determine the two 9/10 teams. The 6/7/8 and 11/12 teams will use the time for conditioning.

Season Kick-Off Parent Tailgate Party

Saturday, August 27th

Elias Fry Barn
Knob Hill Park

5:00pm - 10:00pm

Food, games, DJ,
prizes and FUN!!!

Mark your calendar and plan
for a babysitter.



IMPORTANT DATES

- July 14  Equipment Distribution 6:30-8:30pm
- July 16 Equipment Distribution 10am-Noon
- July 16 Dick's Sporting Goods Shop Day
- July 25-28 Nightly Cheer Practice 6-8pm
- July 25-28 Football Combine
- Aug 1 Football practice begins - NO pads
- Aug 14 Picture Day – cheer and football
- Aug 20 First football games
- Aug 27 Week 2 games + *Parent Tailgate Party*
- Sept 1 1st Day of School NA
- Sept 3 Labor Day Weekend – no games
- Sept 10 Week 3 games
- Sept 17 Week 4 games
- Sept 23 Tiger Pride Night - NA Varsity Game
- Sept 24 Week 5 games
- Oct 1 Week 6 games
- Oct 8 Week 7 games
- Oct 15 Week 8 games
- Oct 22 Playoffs Round 1
- Oct 29 Playoffs Round 2
- Nov 5 Super Bowl Championships



Summer Workouts

with Darnell Dinkins and

**E.T.H.I.C.
TRAINING**

Blueberry Hill Game Field

Conditioning, football basics, skill and drills, plus
much more, and always lots of FUN!

\$5 per session

5:00pm - 6:30pm Sunday evenings

June 26th ***

July 10th

July 17th ***

July 24th ***

July 31st



***Also offered during select summer workouts –
a family **BOOT CAMP WORKOUT** with instructor
Shannon Smalley. Come dressed to work out
and meet Shannon at the registration table.***

Cheer Coaches Needed

Tiger Pride Cheerleading is in need of student / teen cheer coaches for the 2016 season. Practice begins on July 25, with Saturday games through the end of October. Prior Tiger Pride cheer experience is not necessary, but leadership and choreographing skills are preferred.

Interested 8th-12th grade girls should complete the application that can be found on the cheer page of the Tiger Pride website and email to Lauren Coll at ldewey8478@yahoo.com no later than Wed July 6.



Fundraiser Raffle

The fundraiser this season is \$150.00 (per family) for a raffle book of tickets to win **cash prizes** in the October raffle. If you did not pay for the fundraiser when you registered, you will need to pay at equipment/uniform pick up.

Each raffle book contains 40 raffle tickets. 30 tickets for you to sell at \$5.00 a piece - which means you recoup the entire cost of the fundraiser. Plus, there are 10 tickets that are FREE and yours as a thank you for your cooperation. Completed raffle tickets will be due back to your team/cheer mom no later than Monday, Oct. 3rd.

The raffle drawing will be held Monday, Oct. 10th, 7:00pm at the practice field pavilion.

Cash prizes include:

- 1st prize - \$2,000
- 2nd prize - \$1,250
- 3rd prize - \$750



Tackling

We understand that football is a contact sport. While nothing could ever take all injuries out of this great game, it is important to know we are doing everything we can to minimize them. The Tiger Pride Board wanted to share the following facts on what we are doing for safety in our organization:

1. Each head and assistant coach will complete the Heads Up concussion training prior to coaching.
2. Use of bags in many contact drills and minimizing contact during practice.
3. Equipment is certified each year by Riddell.
4. Tiger Pride has implemented Pete Carroll's "Hawk Tackling" philosophies. As the head coach of the Seattle Seahawks, he researched and implemented a new technique to tackle in order to "take the head out of the game".

New Football Uniforms



The new Tiger Pride uniforms (jerseys and game day pants) will be distributed to the teams by their coaches after the first week of practice.



Football Equipment Distribution

There will be two time slots to pick up your football equipment:

Thursday, July 14th 6:30-8:30pm

Saturday, July 16th 10:00am-Noon

When you come to pick up your football equipment, bring your football player, as well as:

- **Copy of birth certificate**
- **Physician's release form** (found on our website)
- **Equipment deposit check** - \$250, made out to "NAFC". *[This check will be returned at the end of the season when all equipment is returned in good condition.]*
- **Fundraiser check** - \$150, made out to "NAFC"

The equipment you will receive will be:

- helmet
- shoulder pads
- practice pants (with integrated pads)
- game day pants (with integrated pads)

Available for purchase at equipment pick up:

- chin strap
- socks

****NOTE:** Cheer uniforms and equipment will be distributed during the second week of practice.**



Dick's Sporting Goods Day

Saturday, July 16th – 20% off!

Coupon Attached to this Newsletter

Print the coupon and head out to the McCandless Crossing Dick's Sporting Goods store to receive 20% off of your entire purchase.



Tiger Pride Night at NA Varsity Game

Friday, September 23rd will be **Tiger Pride Night** at the NA Varsity Football Game at Newman Stadium. More details to come...



***REMINDER** – There are no refunds given after the first full week of practice.*

North Allegheny Football and Cheer
Tiger Pride Board of Directors

P.O. Box 87

Ingomar, PA 15127

www.natigerpride.com

Development - Safety - Fun





EVERY SEASON STARTS AT



EXCLUSIVE SHOP EVENT

DISCOUNT EXAMPLES

RECEIVER GLOVES	\$55.00
20% DISCOUNT	-11.00
FINAL COST	\$44.00

YOUTH CLEATS	\$54.99
20% DISCOUNT	-11.00
FINAL COST	\$43.99

FOOTBALL SHIRT	\$54.99
20% DISCOUNT	-11.00
FINAL COST	\$43.99

NA Tiger Pride Youth Football Shop Day

Saturday July 16
11-6pm
McCandless Store Only!

20% OFF



THROUGHOUT THE STORE

Limit one coupon per customer. Must be used on one transaction. Discount applied before tax charges. Cannot be combined with any other offer, team discount or used for gift cards, licenses or previously purchased merchandise. **Coupon valid on in-store purchases only.** No reproductions or rain checks accepted. Returns or exchanges where a ScoreCard Reward or discount was applied may result in an adjusted refund amount. Excludes DICK'S Team Sports HQ Uniform and FanWear purchases. See store and DICKS.com/Exclusions for details.



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