



# **Los Osos High School Youth Football Camp**

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Athletes: Open to all 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> grade students

Camp Dates: May 2<sup>nd</sup>, May 9<sup>th</sup> & May 16<sup>th</sup>

5:30 pm – 7:00 pm

Location: Los Osos Football Stadium

\$20 each session or \$50 for all three

This three-day camp will emphasize on fundamentals including:

Speed and agility training, blocking, tackling, position based skills, form and technique. Coached by Los Osos Football Staff with demonstrations by high school athletes.

Athlete's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Current School: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_

On the day of the camp, athletes MUST turn in a completed and signed Waiver to participate in the Los Osos Football Camp.

Filled out form and payment can be mailed to Los Osos High School

Att: Coach Pierce

6001 Milliken Avenue

Rancho Cucamonga, Ca 91737

Checks Made out to LOHS Football Boosters

Cash and Credit Card payments available the day of the camp.

