

The purpose of these Guidelines is to serve as an aid in promoting team goals and ensuring cohesiveness within the organization in accordance with Plum Hockey Association By-Laws. These Guidelines are not meant to be all-inclusive. The Plum Hockey Association coaching staff and/or Board of Directors will determine when an infraction occurs and assume the responsibility of addressing infractions brought against individuals. A hearing will be conducted by the Disciplinary Committee to determine necessary action. The Disciplinary Committee will be chaired by the Vice President and consist of the League Representative, Communications Director, Program Director and Secretary.

Players Conduct:

- 1. Player should be in the locker room one-half hour before practices and one hour before games. All players should be dressed and ready to practice or play fifteen minutes before the scheduled ice time. Exceptions will be at the discretion of the team's coaching staff. (Minor Infraction)
- 2. Practices (both ice and dry land) and games are considered mandatory unless the team's coaching staff approves absence. Prior to any absence, notification should be made to one of the team's coaching staff. (Minor Infraction)
- 3. Disruptive behavior, horseplay, bench misconducts, abusive or vulgar language and the undermining of team's goals are prohibited on or off the ice, including in the locker room. (Minor Infraction)
- 4. Any lewd or vulgar display from a player directed toward a spectator, another player, etc. will be not be tolerated. (Automatic disciplinary hearing subject to suspension or termination)
- 5. Fighting with teammates, visiting teams, coaches, league officials, spectators, etc. will not be tolerated. (Major Infraction)
- 6. Theft of another's personal property will not be tolerated. Legal action will be taken. (Automatic disciplinary hearing subject to suspension or termination)

- 7. Abuse to arena property, league property or another's personal property will not be tolerated. Any fines to Plum Hockey Association as a result of damaged property will be the responsibility of the responsible player and his parent or legal guardian. (Major Infraction)
- 8. There will be no drinking, smoking, chewing of tobacco or use of any illegal substance at any team function. (Use of any form of tobacco = Major Infraction; Use of alcohol or illegal substance = Automatic disciplinary hearing subject to suspension or termination)
- 9. Deliberate intent to injure another player, official, league representative, etc. will not be tolerated. (Major Infraction)
- 10. Player will adhere to the Plum Borough School District athletic eligibility policy.
- 11. Any player or team official who is unable to fulfill the required number of suspensions received in a season and who does not return the following season will be responsible for fines that Plum Hockey Association incurs as outlined in PIHL Rule 4.2 Suspensions.

Players Dress Code

- 1. Player must adhere to USA Hockey requirements for equipment worn at practices and games. (Minor Infraction)
- 2. Player is not permitted to play in any game without proper Plum game jersey, matching socks and gold helmet (goalie helmets are excluded). Only approved team decals can be worn on helmets. (Minor Infraction)
- 3. Game day dress code for all players as assigned by the Head Coach of the team. (Minor Infraction)

Call-up Players Rules & Requirements:

- 1. A player that is designated a call-up player by the coaching staff is a player that can move from their roster team to the team that is a level above your roster team. To be eligible to be a call-up player you must attend all your roster team practices and the call-up team practices.
- Call-up players will be informed by the coaching staff at least one day prior to the game. If the
 call-up player commits to be a call-up player for that game they must attend that game. If a
 circumstance occurs that the call-up player can not attend the call-up game, they must
 contact the head coach of the call-up team a minimum of three hours before game time.
 (Minor Infraction)

Coaches Conduct & Requirements:

1. Abuse, either physically or verbally, of an opposing player, another coach, team player, game official, league representative, parent, spectator, etc. will not be tolerated. (Immediate hearing with Disciplinary Committee with recommendations forwarded to Plum Hockey Association Board of Directors for final action.)

- 2. All coaches must have a current USA Hockey certification to be eligible to coach and all head coaches must be at least a level 4 or working on there level 4 to be eligible to be a head coach
- 3. No coach will be eligible to be a head coach of a team (Varsity, JV, and Freshman.) if the coach is a parent or legal guardian of a player on that team, call-ups included. The only exception to this rule will be if no other coaching candidate is available, at that time the Board of Directors will appoint a coach or coaches to the team or teams.

Parent's/Legal Guardian's Conduct:

- 1. * Abuse, either physically or verbally, of an opposing player, coach, game official, league representative, another parent, spectator, etc. will not be tolerated. (Major Infraction)
- 2. * Any member of The Plum Hockey Association, parent / legal guardian and including players **CAN NOT** hold a position of League Representative or Referee at Plum Hockey games at any level (Varsity, JV, and Bantam Middle School) due to a conflict of interest. (Minor Infraction)
- 3. * No parent, legal guardian or any other family member is permitted in the locker rooms either before or after games or practices. The only exceptions are checking on injuries and the coaches or board members required checking the condition of the locker rooms. (Minor Infraction)

Results of Infractions:

Offence	Minor infraction	Major infraction
1 st	Written or e-mail warning from the Association.	Indefinite Suspension, Hearing with the Disciplinary Committee
2 nd	Suspension of one game	Termination (no refund of player account balance)
3 rd	Two game suspension and Meeting in front of the Disciplinary Committee	

The fourth minor infractions equal one major infraction.

* In the case of an infraction by a parent or legal guardian the Association reserves the right to use the penalties for both the player and parent or legal guardian.

Twenty-Four Hour Rule:

While it is everyone's responsibility to interact in a positive manner, at times, disagreements and disputes do occur. In order to maintain a positive and respectful relationship between our coaches, players and/or parents, any discussion regarding disagreements or disputes between these parties requires a 24 hour "cooling off" period.

After the 24 hour "cooling off" period, a discussion regarding a disagreement or dispute can take place between the coaches, players and/or parents. If the parties cannot arrive at an agreeable resolution, the Program Director should be consulted. If the parties are still unable to arrive at an agreeable resolution, the Program Director will notify the Disciplinary Committee Chairman (Vice President) for further action.