

CISAA Sr High Track and Field Meet
Tuesday, May 15, 2018 @ Foothills Athletic Park

Coaches Meeting @ 7:45am

*Times are approximate only. Athletes and Coaches need to listen to announcements for event start times.

Schedule of Events:

8:00am	800m
9:00am	100m Heats
9:45am	200m Heats
10:45am	Hurdle Heats
11:30am	3000m
12:00pm	Hurdle FINALS
12:30pm	200m Finals
1:15pm	100m Finals
2:00pm	400m Timed Finals
2:30pm	1500m
3:00pm	4x100m Relays
3:30pm	4x400m Relays

Jr. – Grade 10
Int. – Grade 11
Sr. – Grade 12

	Jr. Boys	Jr. Girls	Int. Boys	Int. Girls	Sr. Boys	Sr. Girls
8:15am	High Jump	Javelin	Triple Jump	Discus	Long Jump	Shot Put
9:30am	Shot Put	High Jump	Javelin	Triple Jump	Discus	Long Jump
10:45am	Long Jump	Shot Put	High Jump	Javelin	Triple Jump	Discus
12:00pm	Discus	Long Jump	Shot Put	High Jump	Javelin	Triple Jump
1:30pm	Triple Jump	Discus	Long Jump	Shot Put	High Jump	Javelin
2:15pm	Javelin	Triple Jump	Discus	Long Jump	Shot Put	High Jump

*Track events take priority. If you have a conflict with e field event, you must check in, make at least one throw/jump, and then proceed to your track event.