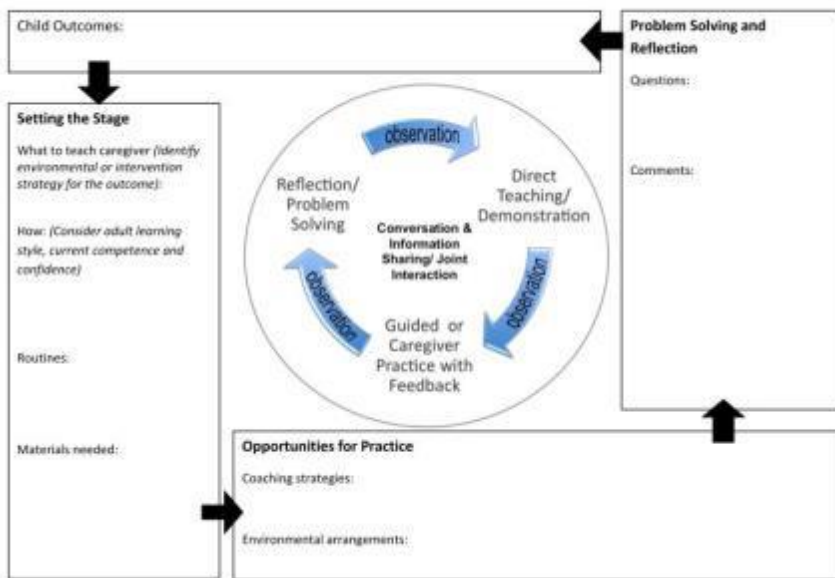


Family-Guided Routines-Based Intervention Overview Module

Planning for SS-OO-PP-RR Home Visits



MINNESOTA CENTERS OF EXCELLENCE
For Young Children With Disabilities

Minnesota Department of
Education

This initiative is made possible with a grant from the Minnesota Department of Education using federal funding CFDA #84.173 Special Education –Preschool Grants and CFDA #84.181 Special Education –Grants for Infants & Families.

Family-Guide Routines-Based Intervention and Your Program

- What is Family-Guided Routines-Based Intervention?
- Why Focus on family priorities and embedded intervention?
- How does the FGRBI Innovation work?
 - Stages of Implementation
 - Benchmarks of Quality
 - Data Collection
 - Implementation Team
 - Internal Coaching
- Benchmarks of Quality/Critical Elements
- Implementation Team & Coaching
- How Will We Know if We are Ready?

What is Family-Guided Routines-Based Intervention?

“An approach to early intervention which incorporates developmentally appropriate skill building into daily routines in the child’s natural environment. FGRBI focuses on supporting and coaching the child’s caregivers, building their confidence and competence.”
(Woods)



DEC Recommended Practices

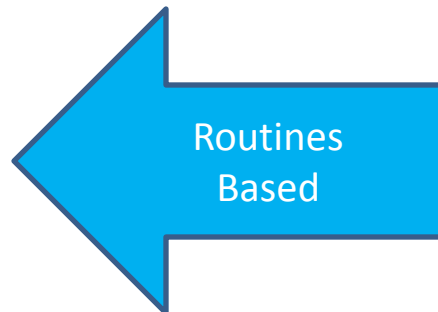
Family practices encompass three themes:

1. Family-centered practices
2. Family capacity-building practices
3. Family and professional collaboration



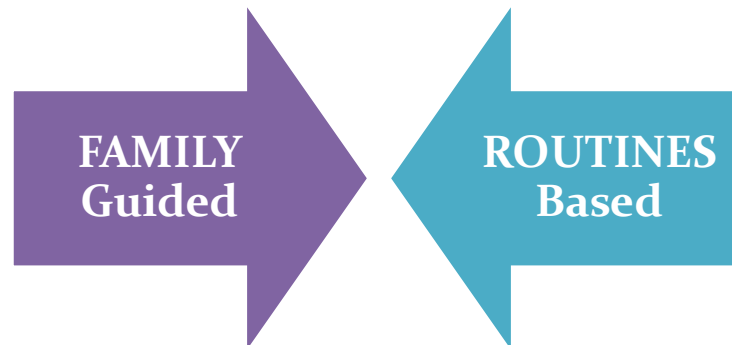
DEC Recommended Practices

Practitioners provide services and supports in natural and inclusive environments during daily routines and activities to promote the child's access to and participation in learning experiences.



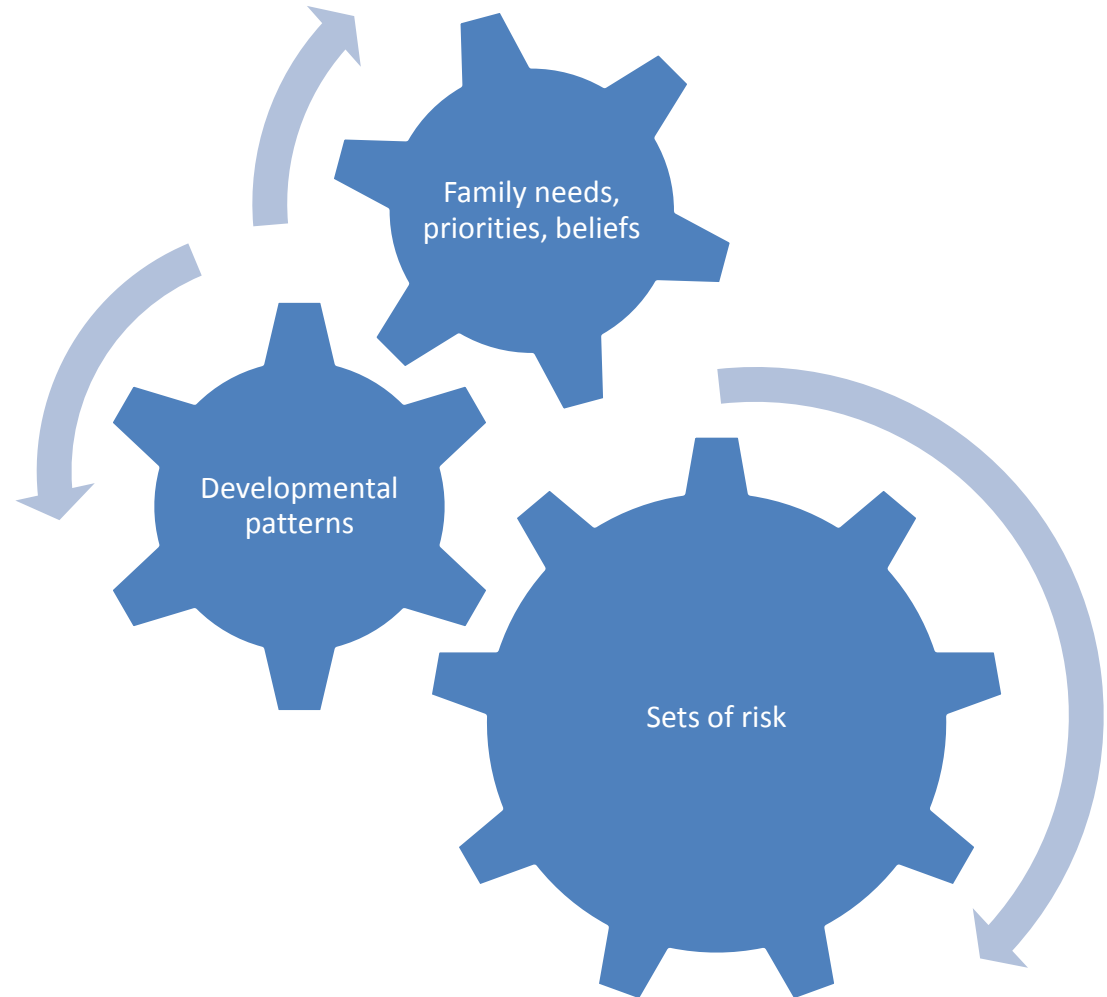
What is Family-Guided Routines-Based

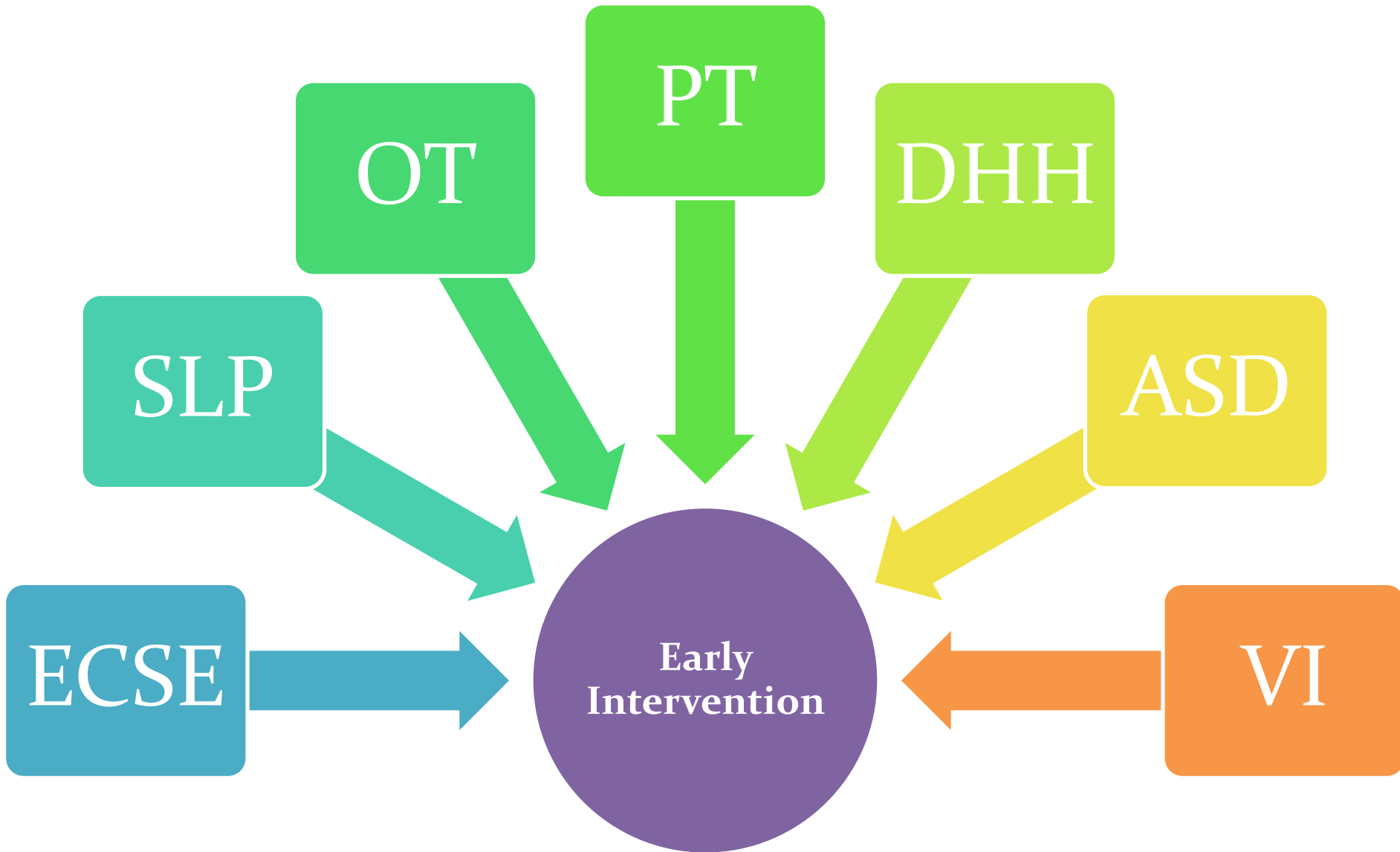
Essential elements of FGRBI: family centered, individualized, culturally responsive services and supports; family selected everyday routines, activities, places; embedded evidence-based instruction on functional outcomes; team-based collaboration, parent/caregiver implemented; and coaching as the primary service provider.

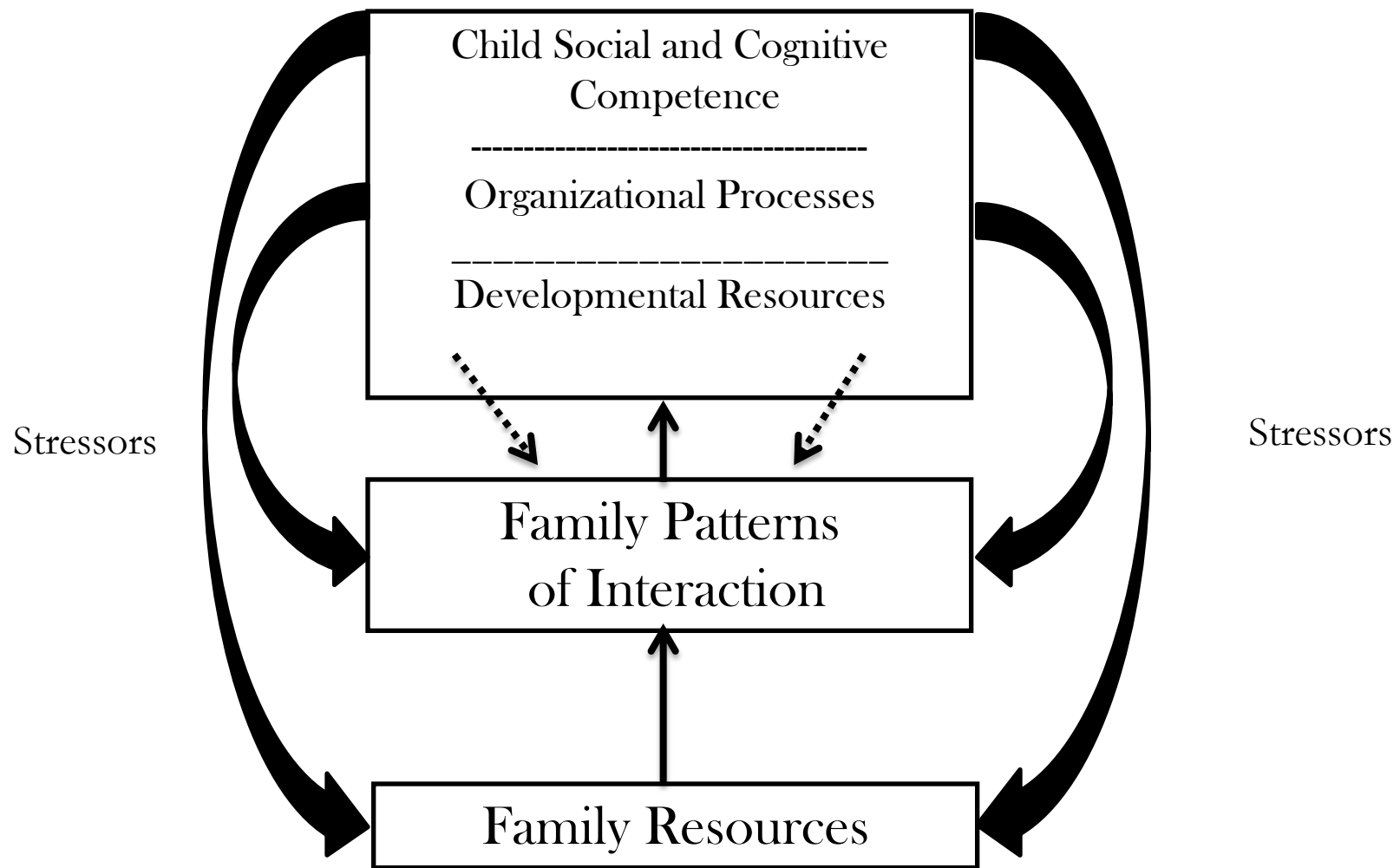


Why Focus on family priorities and embedded intervention?

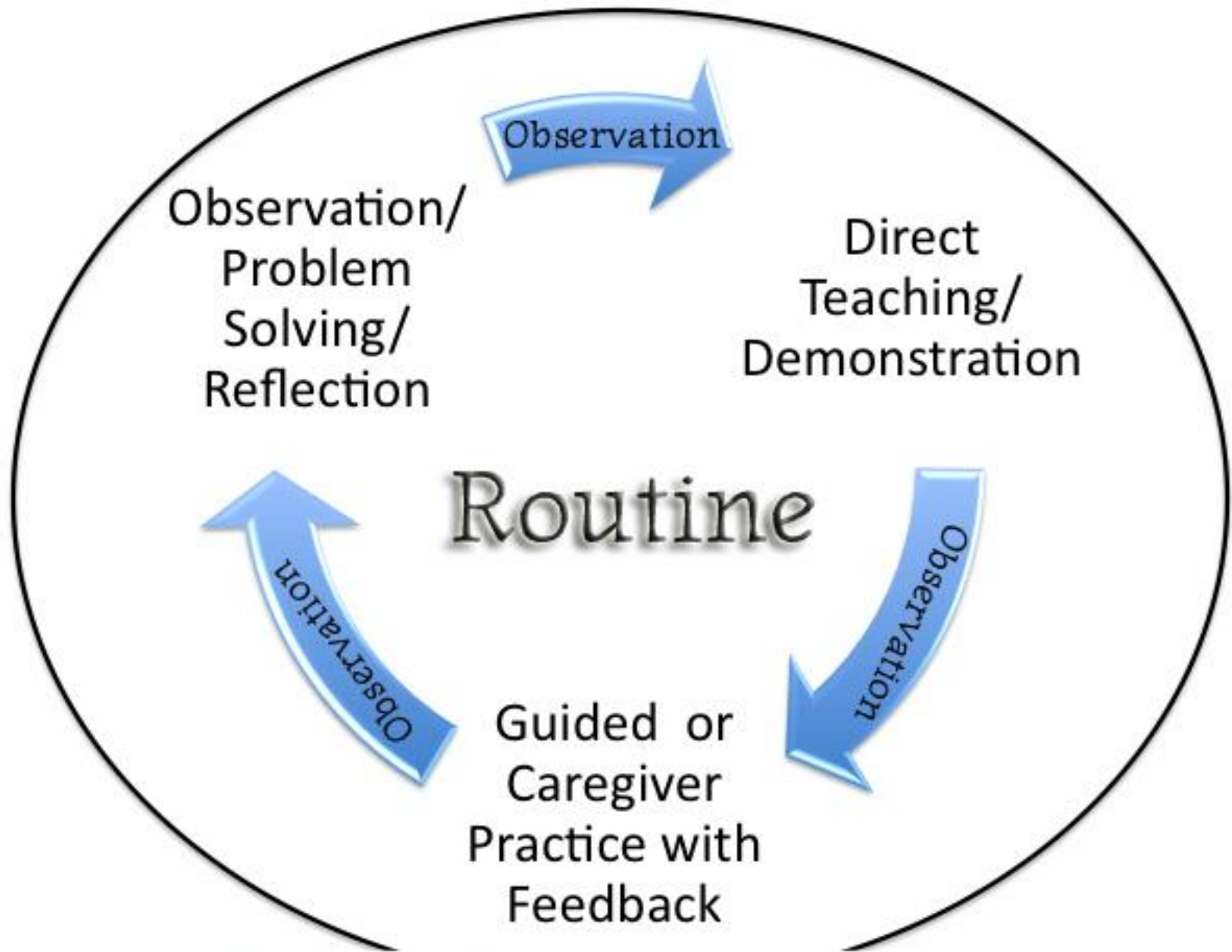
FGRBI:
a fit to
diverse
needs of
families







(Guralnick, M.J. (2011) Why early intervention works: A systems perspective. *Infants and Young Children* 24(1) 6-28.



Every Day Routines and Activities

Family Guided Routines Based Intervention in Minnesota

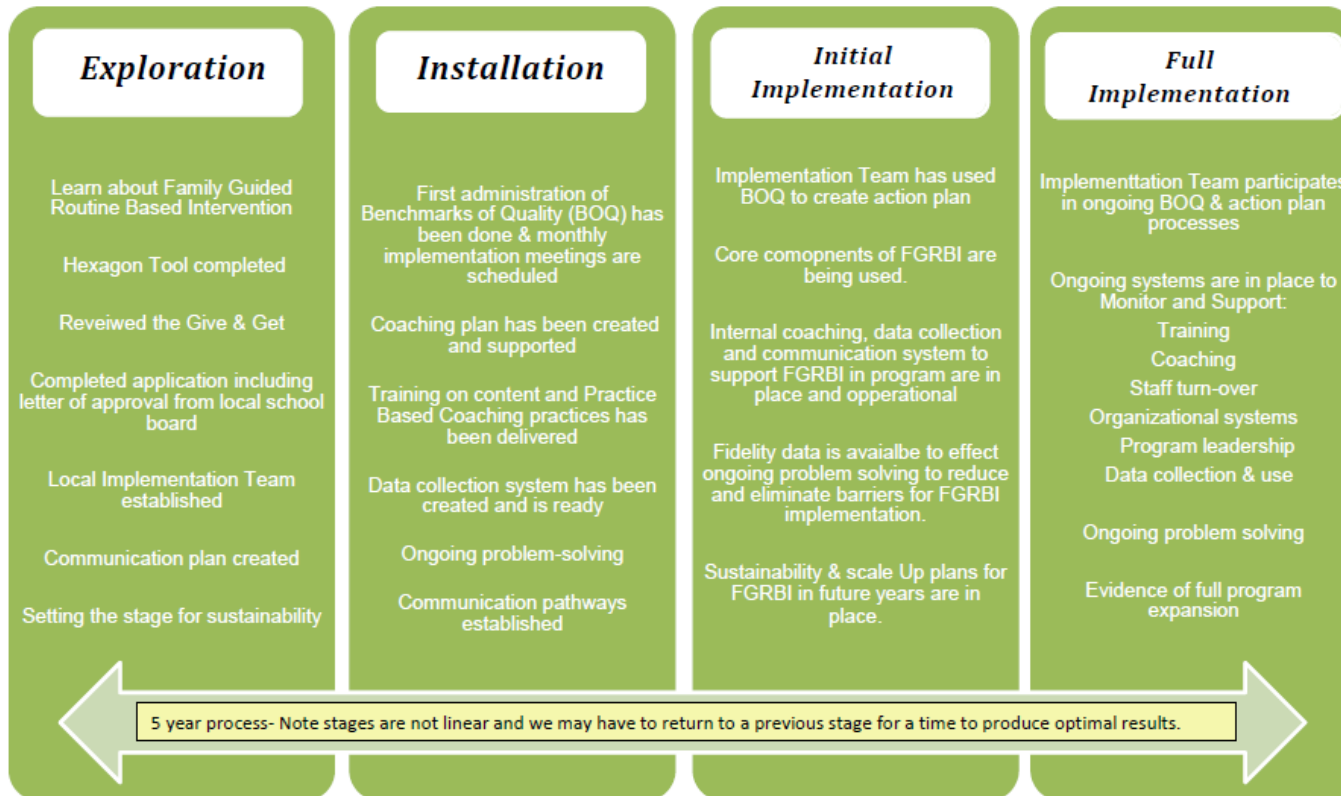


The Minnesota Centers of Excellence launched the FGRBI initiative in 2010. At that time, the philosophy and concepts of this strategy were fairly new. In the 7 years since the roll out, the project is now able to move from supporting the acceptance of the philosophy to supporting the implementation of a family-guided routines-based intervention.

Stages of Implementation



Family Guided Routine Based Intervention (FGRBI) Stages of Implementation Activities



This content is based on the work of the National Implementation Research Network (NIRN).

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Exploration Stage

Identify need, programs to meet need, determine fit, and examine evidence.

Consider resource availability, assess readiness and capacity to implement to fidelity.



Exploration

Learn about Family Guided Routine Based Intervention

Hexagon Tool completed

Reviewed the Give & Get

Completed application including letter of approval from local school board

Local Implementation Team established

Communication plan created

Setting the stage for sustainability

Installation Stage

Set up infrastructure to ensure successful implementation can take place and be supported.

Try out the practices and work out details.



Installation

First administration of Benchmarks of Quality (BOQ) has been done & monthly implementation meetings are scheduled

Coaching plan has been created and supported

Training on content and Practice Based Coaching practices has been delivered

Data collection system has been created and is ready

Ongoing problem-solving

Communication pathways established

Initial Implementation Phase

Plans for communication, coaching and support are developed and then shared with all stakeholders.

Revisit and revise Implementation Drivers as needed based on review of challenges and sustainability.



Initial Implementation

Implementation Team has used BOQ to create action plan

Core components of FGRBI are being used.

Internal coaching, data collection and communication system to support FGRBI in program are in place and operational

Fidelity data is available to effect ongoing problem solving to reduce and eliminate barriers for FGRBI implementation.

Sustainability & scale Up plans for FGRBI in future years are in place.

Full Implementation

Monitoring and support systems are in place for each Implementation Driver to maintain growth and progress towards implementation to fidelity.

Ongoing feedback and transparent communication takes place to ensure continued success.

Full Implementation

Implementation Team participates in ongoing BOQ & action plan processes

Ongoing systems are in place to Monitor and Support:

Training

Coaching

Staff turn-over

Organizational systems

Program leadership

Data collection & use

Ongoing problem solving

Evidence of full program expansion

Critical Elements of Implementation: Benchmarks Of Quality

- Implementation Team is established and meets monthly.
- Staff support the need for program-wide implementation and adopt the framework in to their work.
- Family involvement is incorporated through all phases of implementation.
- Consistent Program-Wide Expectations are developed and implemented throughout program.

Benchmarks Of Quality, cont.

- All early interventionist implement a family-guided routines-based approach
- Consistent teaming times are in place in order to support all interventionists
- A plan for ongoing staff support around implementation of the family-guided routines-based intervention to fidelity is in place.
- Data is collected, analyzed and shared to monitor implementation and outcomes.

What Data Will be Collected & Used?

- Benchmarks of Quality
- Key Indicators (fidelity tool)
- Coaching Logs

Implementation Team Membership

Administrator from ECSE

Data Manager

Internal Coach (1-2)

Teacher Representative (1-2)

Professional Development

Facilitator (PDF)

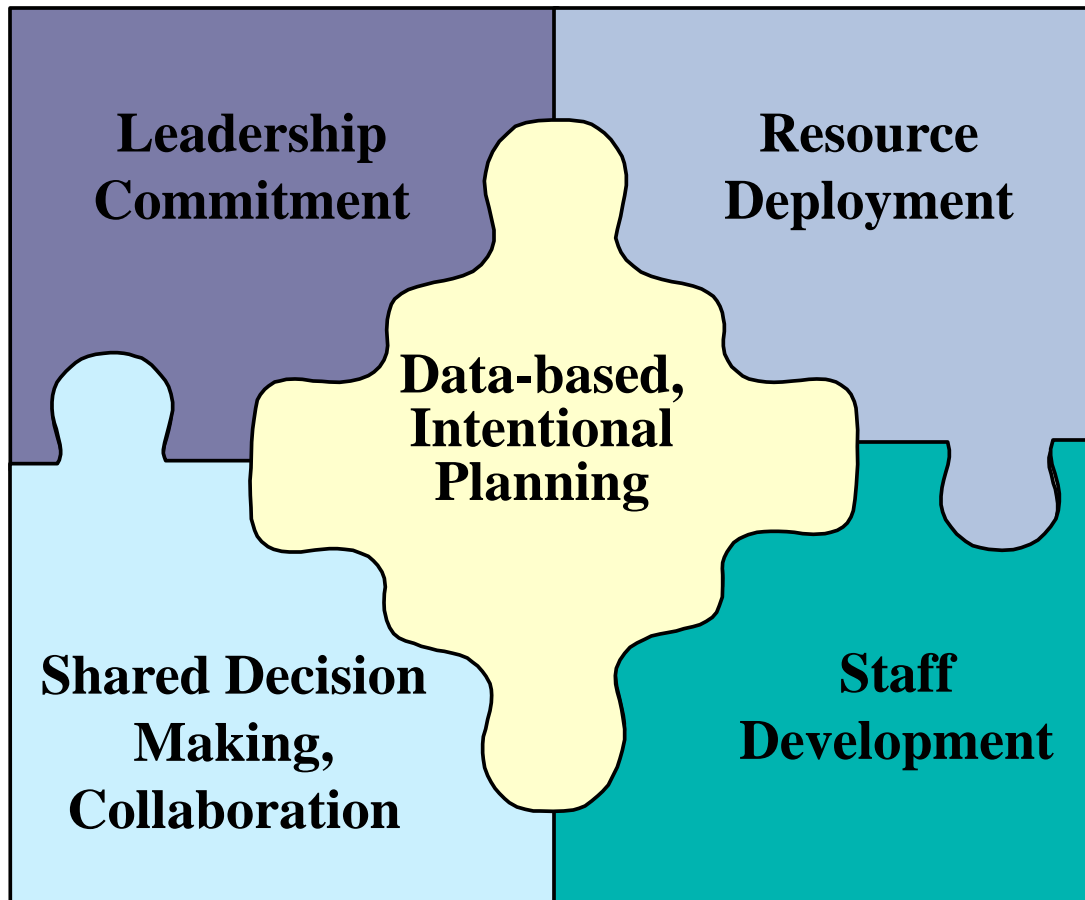
Leadership is ultimately about creating a way for people to contribute to making something extraordinary happen.
(Alan Keith)



Implementation Team Functions

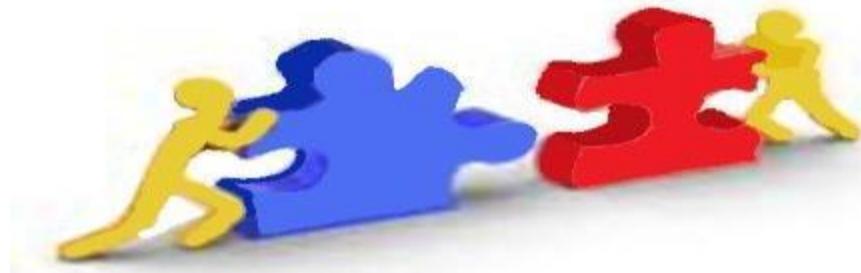
- Meets monthly to guide program-wide implementation efforts.
- Provide ongoing administrative support.
- Use data to inform, guide, and monitor implementation efforts.
- Plan and implement Professional Development needs.
- Engage in shared collaborative decision-making
- Utilize effective teaming procedures

Importance of Administrative Support



What is Coaching in Family-Guided Routines-Based Intervention

An ongoing, outcome focused approach to improving intervention practices by providing opportunities to observe practices, implement with support and eventually implement independently. Coaching refers more specifically to on-site and in-vivo guidance provided by a consulting professional in order to help a practitioner learn to implement an intervention procedure with fidelity.



L-E-A-R-N: 360° of Coaching



Coaching Impact: Why does this make sense?

Joyce and Showers, 2002

TRAINING COMPONENTS	OUTCOMES % of Participants who Demonstrate Knowledge, Demonstrate New Skills in a Training Setting, and Use New Skills in the Classroom		
	Knowledge	Skill Demonstration	Use in the Classroom
Theory and Discussion	10%	5%	0%
...+Demonstration in Training	30%	20%	0%
...+ Practice & Feedback in Training	60%	60%	5%
...+ Coaching in Classroom	95%	95%	95%

How Will We Know if We are Ready?

- Focusing on Family-Guided Routines-Based Intervention is a goal supported by at least 80% of staff.
- Implementation Team is formed and includes:
 - Administrator
 - Training and Technical Assistance
 - Interventionists, Data Manager, and PDF
- Implementation Team commits to 5 year process to achieve full implementation
- Commits to true team shared decision-making

How Will We Know if We are Ready?

- Implementation Team commits to ongoing planning to support teams through data driven decision making
- Commits to meeting monthly, monitoring progress, and using data for decision making
- Commits to
 - Facilitating ongoing training and technical assistance
 - Supporting interventionists to implement FGRBI
 - Developing and promoting consistent language to share and define FGRBI with families

What are the Expected Benefits for Interventionists?

- ✓ Interventionists view themselves as having the skills to better support children and their families.
- ✓ Interventionists look to each other as sources of additional information and support.
- ✓ Interventionists can demonstrate the fundamental elements of a family guided home visit.
- ✓ A culture of support is created throughout the program.
- ✓ Interventionists become intentional and purposeful in problem solving with families and building intervention into already occurring routines.

What are the Expected Benefits for Families?

- ✓ Families receive intervention that is individualized, flexible , and responsive to their unique circumstances.
- ✓ Families increase their confidence and competence in supporting their child' s need through increased parenting knowledge and skills in way that support their child' s unique needs.
- ✓ Families and interventionists work together as a team to plan and implement supports and services in order to have their unique needs met.
- ✓ Families receive services that are responsive to their concerns, priorities, and changing circumstances.

For More Information.....

The Florida State University

<http://fgrbi.fsu.edu/>

American Speech and Hearing Association

<http://www.asha.org/policy/PS2008-00291/>

American Occupational Therapy Association

<http://www.aota.org/practice/children-youth/early-intervention.aspx>

Early Childhood Technical Assistance Center

ectacenter.org

Next Steps to Determine Readiness



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- Leader reviews Exploration Materials with PDF



*

- Team meeting with PDF to review all Exploration Materials



*

- Decide whether or not to move forward with an application

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