

Family Guided Routines Based Intervention (0-3)

**What is Family Guided Routines Based Intervention?**

**Family Guided Routines Based Intervention (FGRBI)** is an approach to early intervention which incorporates developmentally appropriate skill building into daily routines in the child’s natural environment. FGRBI focuses on supporting and coaching the child’s caregivers, building their confidence and competence. Embedded intervention/intentional within routines is identifying times and activities when intervention procedures designed for teaching a child’s IEP/IFSP outcomes are intentionally implemented in the context of ongoing (naturally occurring) activities, routines and transitions in the home, classroom and center or community (Woods). Essential elements of FGRBI: family centered, individualized, culturally responsive services and supports; family selected everyday routines, activities, places; embedded evidence-based instruction on functional outcomes; team-based collaboration, parent/caregiver implemented; and coaching as the primary service provider.

**How can Family Guided Routines Based Intervention support the use of best practice in our program?**

As you think about your program’s current areas of need, it may be helpful to know that **Family Guided Routines Based Intervention** is designed to address these areas of **INSPIRE ACTION**:




- \*NATURAL ENVIRONMENT
- \*RESPONSIVE INTERACTIONS
- \*INTENSITY
- \*INSTRUCTION WITHIN ROUTINES
- \*ASSESSMENT
- \*PARTNERSHIPS WITH FAMILIES

Additionally, it is designed to strengthen these **DEC Recommended Practices**:



- \*INSTRUCTION
- \*INTERACTION
- \*ENVIRONMENT
- \*FAMILY

**How do we get started in our program?**

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- Call your Regional Professional Development Facilitator (PDF)
  - Leader reviews the **Overview Module** alone or with PDF
  - Leader reviews the **Exploration Materials** with PDF
  - Team Meeting with your PDF to review all **Exploration Materials**, followed by a meeting to complete the **Hexagon Tool**
  - Decide whether or not to move forward with an **Application** or determine next steps