

## Keys to Breakthrough Prayers

Hosea 10:12 (NKJV) <sup>12</sup>Sow for yourselves righteousness; Reap in mercy; Break up your fallow ground, For *it is* time to seek the LORD, Till He comes and rains righteousness on you.

Our victory is now! Our breakthroughs is now! God wants us to live as His Sons and Daughters in the NOW! Paul speaks to the church at Ephesus and gives them the KEY to unlock all of heavens blessings and that can be found in Ephesians 5:18 when he declared to the church, **“Be filled with the Spirit.”** Its not enough just to go to church to have breakthroughs, its’s not enough just to read your bible to have breakthroughs, its’ not enough just to have a relationship with Jesus to have breakthroughs, but it is necessary for you as a Christian to be “Filled with the Spirit” (Holy Spirit) Communing with Him in prayer, partnering together to overcome, cast down, build up and become the child of God that He (God) has called you to fully become and that can only happen if you are “Filled with the Spirt.”

The Holy Spirit is our helper according to John 14:16 when Jesus said, **“And I will pray the Father, and He will give you another Helper that He may abide with you forever, (17) The spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him but you know Him for He dwells with you and will be in you. (18) I will not leave you orphans, I will come to you.”**

The church and the generation can be filled with doctrines and traditions but still lack knowledge of the principles of the Kingdom of God; knows natural laws but very little about spiritual laws and knows how to fight for their rights as citizens of earthly nations but as not been able to appropriate the heavenly spiritual rights that Jesus has already won for us on the cross.

God always works through principles and patterns. The scriptures show us that prayer is a practice that requires consistency and continuity and that prayer is one of the main patters of spiritual growth.

Praying without ceasing (1 Thessalonians 5:17) leads us to overcome every challenge that life presents us and every obstacle that the enemy raises to try to stop our advancement in Christ.

Achieving breakthroughs is not a matter of simple pressing a button. Our prayers must be continuous and persistent until a miracle takes place, provision comes, sickness leaves the body, children return home, or whatever else we are believing for happens.

When we lose contact with the supernatural, we begin to slow down and lose momentum in the Spirit. How do we achieve breakthroughs? By praising God until His power falls and by worshipping Him until His presence comes!

When the people cried out for deliverance in Egypt, God sent them Moses. But first he spent 40 years in Pharaoh's place, 40 years of training in the desert as a shepherd and finally all of the preparation turned him into the answer from God to the accumulated prayers of a whole group of people. Your praying is not in vain; your obstacles and challenges that you have faced or are going through is not in vain. It's your training season and environment to make you into the ANSWER to a generation that is calling out for "DELIVERANCE!"

The enemy's plan has always been to steal, kill, and destroy (John 10:10) that is why, when he sends an attack against our life, we need a swift breakthrough. Many of us today need breakthroughs in various areas of our lives, for example, in our personal life, our family, our business, our education, our health, and even in our emotions.

BREAKTHROUGHS MUST INCLUDE DELIVERANCE because demonic bonds are preventing us from moving forward in supernatural power, from knowing more about God, from leaving behind a sinful life, or from persevering in prayer.

What is BREAKTHROUGH PRAYER? To break is defined as to separate into parts with suddenness or violence. Breakthrough Prayer generates an abrupt, violent, and sudden rupture of what is hindering us, pushing us beyond that limitation and into freedom. Breakthrough Prayer must be engaged in persistently and consistently until we sense that something has broken in the spiritual realm and until what we are asking for manifests.

- 1 Thessalonians 5:16–18 (NKJV) <sup>16</sup> Rejoice always, <sup>17</sup> pray without ceasing, <sup>18</sup> in everything give thanks; for this is the will of God in Christ Jesus for you.
- Philippians 4:6 (NKJV) <sup>6</sup> Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;

You pray to God in the name of Jesus Christ and take authority in the natural which produces supernatural results.

For breakthrough prayer, we must also maintain an outlook that sees beyond what is naturally impossible to what is supernaturally possible. (Example: Naaman, General in Syrian Army was told to go and dip 7 times in the Jordan

by Eisha. Naaman was angry but his servant persuaded him to do it and because he did it on the 7<sup>th</sup> time, he was made whole)

#### **4 Spiritual Keys to Breakthrough Prayer**

##### **1. Breakthrough Prayer is Continuous, Consistent, Persistent and Perseverant.**

a. Hosea 10:12 (NKJV) <sup>12</sup>Sow for yourselves righteousness; Reap in mercy; Break up your fallow ground, For *it is* time to seek the LORD, Till He comes and rains righteousness on you.

b. The exercise of perseverance has the same effect in the spiritual realm that it does in the natural.

1) Example: in the physical world, if you want to lose weight, you must persevere and be consistent by maintaining the appropriate diet and engaging in regular exercise. Or if you want a university degree, you must continue until you complete your study.

c. James 1:5–8 (NKJV) <sup>5</sup> If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him. <sup>6</sup> But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind. <sup>7</sup> For let not that man suppose that he will receive anything from the Lord; <sup>8</sup> he is a double-minded man, unstable in all his ways.

d. You've got to push through, persevere through, make yourself get up study, pray, complete your education, go to work, etc, in order for you to get the results that you are praying for.

##### **2. Spiritual Breakthrough Doesn't happen by Chance.**

a. There are some acts that God does sovereignly, but there are others we must participate in if they are to happen.

b. One of the biggest deceptions people can fall into is to believe that the manifestations of the Spirit, like miracles, signs, wonders, or God's supernatural provision, occur "just because"

1) Example: A Christian leader might, one time, enter the realm of the supernatural because they happen to follow a spiritual principle without realizing it. However, since they don't have sufficient knowledge of who God is, how the supernatural operates, or the laws of the spiritual realm such as breakthrough prayer, they can't advance in supernatural power.

2) Others may walk in the supernatural “by association” because they are close to a man or woman of God who knows the spiritual principles and moves in the supernatural. They themselves won’t be able to operate in the supernatural themselves unless they receive personal revelation of why miracles and breakthroughs happen.

a. God always works through principles and patterns, not by chance. Jesus knew the principles and laws for moving in the supernatural. There was always a kingdom principle behind each one of His words and acts, which were based on revelation from the Father. Nothing He (Jesus) did was by accident.

1) Example: Luke 6:12–13 (NKJV) (Mark 3:13–19)<sup>12</sup> Now it came to pass in those days that He went out to the mountain to pray, and continued all night in prayer to God. <sup>13</sup> And when it was day, He called His disciples to *Himself*; and from them He chose twelve whom He also named apostles:

2) How many disciples Did Jesus call? We don’t know, It doesn’t say. We know from those He called, He chose 12. This didn’t just happen. They all had to be a participant.

b. Jesus is the representative of God to humanity. If Jesus spent time in prayer, we need to spend time in prayer. We need to have revelation of the Kingdom of God before we begin our day out in the world which when we apply “Kingdom Principles”, we receive “Kingdom Results.”

1) When Jesus prayed, He saw ahead in the Spirit and this is also how He built himself up declaring what He already seen while praying.

2) God wants to manifest “Mega” miracles, mega-provisions and mega-blessings, but none of these things will happen “just because”, they will require continues, consistent, and persistent prayer.

### **3. Breakthrough Prayer Works According to the Law of Accumulation.**

a. Galatians 4:4–5 (NKJV) <sup>4</sup> But when the fullness of the time had come, God sent forth His Son, born of a woman, born under the law, <sup>5</sup> to redeem those who were under the law, that we might receive the adoption as sons.

b. “Fullness of time” signifies that something has been completed, has matured, or has grown until it has reached its maximum stature, it indicates the end of a time ordained by God.

c. There is prayers that have not yet been released that is being accumulated for the “Fullness of time” to be poured out

1) Revelation 5:8 (NKJV)<sup>8</sup> Now when He had taken the scroll, the four living creatures and the twenty-four elders fell down before the Lamb, each having a harp, and golden bowls full of incense, which are the prayers of the saints.

2) When you pray continuously, it is as if you generate a momentum, or impulse, that produces enough accumulation in the Spirit to be able to produce a breakthrough.

3) Ecclesiastes 11:3 (NKJV) <sup>3</sup>If the clouds are full of rain, They empty *themselves* upon the earth;.....

4) The Law of Accumulation says that when a substance surpasses the capacity of its container, it will spill. Don't become discouraged that you have not yet received the answer to your prayers, because you will know that those prayers are accumulating and the manifestation of your blessing is near.

5) Galatians 6:9 (NKJV) <sup>9</sup> And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.

#### **4. Maintaining a Breakthrough Demands Perseverance in Prayer.**

- a. Remain alert, maintain your prayer life and keep pressing.
- b. Keep God first, not our business, your job, your wealth, material things or education. Matthew 6:44.
- c. Stand your ground, don't give up an inch and use your weapons..

1) Ephesians 6:10–18 (NKJV) <sup>10</sup> Finally, my brethren, be strong in the Lord and in the power of His might. <sup>11</sup> Put on the whole armor of God, that you may be able to stand against the wiles of the devil. <sup>12</sup> For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*. <sup>13</sup> Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

<sup>14</sup> Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, <sup>15</sup> and having shod your feet with the preparation of the gospel of peace; <sup>16</sup> above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. <sup>17</sup> And take the helmet of salvation, and the sword of the Spirit, which is the word of God; <sup>18</sup> praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints—

