## What is a Life Group?

A Life Group is a gathering made up of 7-16 people who meet weekly to share, study and support one another.

### When do Life Groups meet?

Our Life Groups meet in the Fall and Spring. Before each Life Group session begins there are two ways to sign up for a group – online (Alive Church Groups) and at our weekend services and this will last into the second week of groups. During the weekend services, Life Group team members and pastors are available at the sign-up booths to help you choose a group and answer any questions.

#### How do I choose a group?

Our Life Groups are arranged by location, day of the week, and station in-life (age). These headings are meant to assist you in finding a group. Keep in mind, you may find more than one group that will work for you, so take a look at all the groups that may apply to you. You may try a few and you can always reach out to the group leader or Groups Pastor for more information.

All of our groups have a description designed to give you an idea of the leaders and the feel of the group. Read these bios for a fuller picture of each group to help you decide on one for you.

# When and where do life groups meet?

The majority of Life Groups meet on various nights of the week in homes throughout Tucson and the surrounding areas. Most evening groups meet 6-9 pm. The daytime groups meeting times vary.

We have two different meeting types for groups:

- Online Only: These groups will meet exclusively online.
- In-Person: These groups will meet in person.

Each Life Group session lasts approximately 16 weeks. At the end of each session, you will have the choice of staying in the same group, trying a new group or even taking a break. Life Groups do not meet through most of May and start at the end of through August.

### What if I want to join a Life Group but the current session has already started?

We have a Life Group at Alive Church led by our Lead Pastor, Jeff Love, designed specifically for those that are new to Alive who are interested in joining a group and learning more about them. This is open throughout the time that Life Groups are meetings. Those joining will be encouraged to join a different Life Group at the start of the next session.

## Is there a commitment to being in a Life Group?

Joining a Life Group requires a commitment to attend weekly meetings, prepare ahead of time, and do the homework. This commitment is the key to a strong Life Group. If you sign up for a group and decide it's not a good fit for you, let us know in the first three weeks and we'd love to help you find another one!

Our Life Groups are "sermon-based" on the previous weekend's message.

#### What do we focus on in Life Group?

Imagine the weekend message as a lecture with the Life Group being a way to discuss how the weekend's message works in real life. Each week there will be a series of Bible passages and questions on the back of the sermon note sheet to study before the meeting.

#### What about childcare?

Our Life Groups are for adults. (Exceptions can be made for nursing newborns, up to six months.) We leave it up to each family to work out their own childcare. Sometimes it works best for families to share a sitter or to swap childcare with another family whose Life Group meets on a different evening.

Childcare is available during Life Groups on some campuses on specific nights of the week.

# Are there Life Groups for Youth?

Yes, our high school and middle school ministries or Alive Youth Ministry (AYM) offer small groups for students. These happen during our **One Night** on Tuesday evenings. Although these groups are not included in this publication, they are very important to our church.

For more information about middle school and high school groups, please contact our Next Gen Pastor, Kyle Hammond, at (520) 544-7638.