



MEDIA RELEASE

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Give the Gift of Health and Fitness; Run With the Marines in 2016

Marine Corps Historic Half registration now available at discounted rate

QUANTICO, VA (Dec. 16, 2015) – With the ‘mad dash’ and stress of the holidays upon us, this is a perfect time to give the gift of health and fitness to your loved ones – and to yourself. Family and friends can #RunWithTheMarines in 2016 with online registration on sale now for both the [Marine Corps Historic Half](#) and new Semper Five miler, which will be hosted on Sunday, May 15 in Fredericksburg, VA.

But those registering for the Historic Half will want to do so quickly before the cost increases from the current \$80 to \$90 through the in-demand pricing program. This program benefits those who register early for the Historic Half, allowing runners to take advantage of a lower registration cost before the next registration tier approaches.

Runners will pay \$40 to register for the inaugural Semper Five miler. Registration is available for both events at www.marinemarathon.com.

Known as the greatest half marathon in history, the Marine Corps Historic Half runs through scenic old town Fredericksburg, VA with its quaint shops, restaurants and many historical landmarks recalling our nation’s forefathers. The 13.1 mile course winds along the picturesque Rappahannock River and includes the challenge of Hospital Hill, a 200-foot continual incline located on the Mary Washington Healthcare campus. The new Semper Five miler includes the beauty of Fredericksburg and the test of Hospital Hill but at a shorter distance.

“There’s no better gift than living healthy,” says MCM Director Rick Nealis. “Registering now for Historic Half events will get participants in gear for New Year’s resolutions and running goals.”

Historic Half medals are impressive and patriotic too, another reason to #RunWithTheMarines in 2016.

The Marine Corps Historic Half is organized annually by the Marine Corps Marathon and U.S. Marines.

The Marine Corps Historic Half held annually in Fredericksburg, VA hosts 10,000 runners participating in half marathon and five mile distance events. Considered “the greatest half marathon in history,” the event boasts a course featuring landmarks dating back to our nation’s beginnings and the early homes of Presidents George Washington and James Monroe. #RunWithTheMarines

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