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MENUS
SUBJECT TO
CHANGE



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4/16/2012	4/17/2012	4/18/2012	4/19/2012	4/20/2012	4/21/2012

BREAKFAST					BRUNCH
French Dipped Waffles	French Toast	Blueberry Pancakes	French Toast Sticks	Chocolate Chip Pancakes	French Toast
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Turkey Link	Pork Bacon	Sausage Link	Pork Bacon	Pork Patty	Pork Bacon
Pork Patty	Sausage Link	Turkey Link	Sausage Link	Turkey Link	Sausage Link
Tater Tots	Home Fries	Hash Browns	Home Fries	Tater Tots	Hash Browns
Grits	Oatmeal	Cream of Wheat	Grits	Oatmeal	Grits
Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order

Breakfast Bar: Butter, Cream Cheese, Peanut Butter, Jelly, Yogurt, and Cottage Cheese

Waffles all Day - Starbucks Coffee - Vitamin D, 2% & Chocolate Milk - 10 Beverages - 3 Fresh Fruits - 14 Item Salad Bar @ Fresh Market

LUNCH

Origins

Breaded Turkey Culet with Gravy	Herbed Grilled Pork Chop w/ Gravy	Chili Rubbed Roast Beef	Rotisserie Styled Chicken	Fried Fish	Lasagna
Cajun Baked Tilapia	Seafood Cakes w/ Garlic Dill Sauce	Spicy Curried Chicken	Meatball Stroganoff	Salisbury Steak	Peas & Carrots
Parsley Potatoes	Home-style Smashed Potatoes	Basil Rice Pilaf	White Rice	Old Bay Roasted Potatoes	
Spicy Pinto Beans	Broccoli	Roasted Squash	Green Beans	Roasted Brussels' Sprouts	
Carrots with Green Onions	Zucchini & Carrots	Steamed Snow Peas	Corn on the Cob	Herbed Vegetables	

Fresh Market Soups

Chicken & Rice	Garden Vegetable	Potato	Tomato Florentine	Clam Chowder	
The Fresh Grille					
BBQ Turkey Sandwich	Grilled Hamburgers	Fried Chicken Sandwich	Grilled Cheese	Corn Dogs	
French Fries	Onion Rings	Chips	Shoestring Fries	Chips	

Trattoria

Pepperoni Pizza	Supreme Pizza	Cheese Pizza	White Pizza with Spinach	Sausage Pizza	Assorted Pizza
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Sandwich Central

Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey
Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese
Chicken Salad	Tuna Salad	Chicken Salad	Tuna Salad	Chicken Salad	Tuna Salad
Chips	Chips	Chips	Chips	Chips	Chips

DoubleTreat Bakery

Apple Bread Pudding	Apple Pie	Peach & Blueberry Cobbler	Chocolate Iced Yellow Cake	Brownies	Assorted Desserts
Chocolate Iced White Cake	Assorted Cookies	Peanut Butter Cake	Assorted Cookies	Pound Cake w/ Strawberry Topping	
Pudding	Jell-O	Pudding	Jell-O	Pudding	

DINNER

Origins

Hawaiian BBQ Pork Loin	Honey Dipped Chicken	Fried Chicken	Caribbean Jerk Chicken	Rosemary Brisket Chicken	
Coconut Curried Shrimp	Blackened Tilapia	BBQ Beef Brisket	Savory Beef Pot Pie	Home Style Meatloaf	
north Shore Rice	Dirty Rice	Macaroni & Cheese	Scalloped Potatoes	Hush Puppies	
Sautéed Spinach & Garlic	Cheesy Cauliflower	Buttered Corn	Fried Okra	Cinnamon Carrots	
Stewed Apples & Peaches	Grilled Vegetables	Collard Greens	Sautéed Mixed Vegetables	Green Beans w/ Cherry Tomatoes	

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MENUS
SUBJECT TO
CHANGE



Monday 4/23/2012	Tuesday 4/24/2012	Wednesday 4/25/2012	Thursday 4/26/2012	Friday 4/27/2012	Saturday 4/28/2012
BREAKFAST					BRUNCH
French Dipped Waffles	French Toast	Blueberry Pancakes	French Toast Sticks	Chocolate Chip Pancakes	French Toast
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Turkey Link	Pork Bacon	Sausage Link	Pork Bacon	Pork Patty	Pork Bacon
Pork Patty	Sausage Link	Turkey Link	Sausage Link	Turkey Link	Sausage Link
Tater Tots	Home Fries	Hash Browns	Home Fries	Tater Tots	Hash Browns
Grits	Oatmeal	Cream of Wheat	Grits	Oatmeal	Grits
Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order
Breakfast Bar: Butter, Cream Cheese, Peanut Butter, Jelly, Yogurt, and Cottage Cheese					
Waffles all Day - Starbucks Coffee - Vitamin D, 2% & Chocolate Milk - 10 Beverages - 3 Fresh Fruits - 14 Item Salad Bar @ Fresh Market					
LUNCH					
<i>Origins</i>					
Grilled Chicken	Roasted Turkey with Gravy	Fried Chicken	Thai Beef	Fried Fish	Baked Ziti
Shrimp Scampi	Beef Sauce over Cheese Ravioli	BBQ Beef Brisket	Breaded Chicken Cutlet w/ Onion Gravy	BBQ Pork Chop	Green Beans
Roasted Red Bliss Potatoes	Garlic Mashed Potatoes	Macaroni & Cheese	Baked Sweet Potatoes	Rics Pilaf	
Grilled Zucchini	Braised Mustard Greens	Buttered Corn	Spinach	Corn on the Cob	
Buttered Peas with Onions	Green Been Almandine	Baked Beans	Oriental Vegetables	Pinto Beans	
<i>Fresh Market Soups</i>					
Beef Barley	Red Beans and Rice	Broccoli & Cheese	Chicken & Rice	Clam Chowder	
<i>The Fresh Grille</i>					
Grilled Chipotle Chicken	Grilled Cheese	Hot Dog	Chicken Tender Basket	Grilled Ham & Cheese	
French Fries	Onion Rings	Chips	Shoestring Fries	Chips	
<i>Trattoria</i>					
Pepperoni Pizza	Ham & Pineapple Pizza	Cheese Pizza	Beef & Mushroom Pizza	Sausage Pizza	Assorted Pizza
<i>Sandwich Central</i>					
Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey
Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese
Chicken Salad	Tuna Salad	Chicken Salad	Tuna Salad	Chicken Salad	Tuna Salad
Chips	Chips	Chips	Chips	Chips	Chips
<i>DoubleTreat Bakery</i>					
Peanut Butter Cake	Iced Spice Cake	Chocolate Iced Yellow Cake	Applesauce Cake	Peach Crisp	Assorted Desserts
Lemon Bundt Cake	Assorted Cookies	Apple Pie	Assorted Cookies	Carrot Cake	
Pudding	Jell-O	Pudding	Jell-O	Pudding	
DINNER					
<i>Oirgins</i>					
Spicy Ranch Chicken	River Street Grilled Fish	Pollock Florentine	Seafood Cakes with Heb Cream Sauce	Italian Herbed Pork	
Seafood Baked Pasta	Mexican Lasagna	Turkey Meatloaf	Sautéed Pierogies w/ Beef	Chicken Parmesan	
Rice Pilaf	Cilantro Rice	Rice Pilaf	Dilly Rice	Parmesan Rice	
Grilled Vegetables	Sautéed Turnip Greens	Broccoli Polonaise	Marinated Mushrooms	Sautéed Spinach	
Roasted Tomatoes	Scandinavian Blend Vegetables	Honey Glazed Carrots	Italian Vegetable Blend	Roasted Italian Vegetables	



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4/30/2012	5/1/2012	5/2/2012	5/3/2012	5/4/2012	5/5/2012
BREAKFAST					BRUNCH
French Dipped Waffles	French Toast	Blueberry Pancakes	French Toast Sticks	Chocolate Chip Pancakes	French Toast
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Turkey Link	Pork Bacon	Sausage Link	Pork Bacon	Pork Patty	Pork Bacon
Pork Patty	Sausage Link	Turkey Link	Sausage Link	Turkey Link	Sausage Link
Tater Tots	Home Fries	Hash Browns	Home Fries	Tater Tots	Hash Browns
Grits	Oatmeal	Cream of Wheat	Grits	Oatmeal	Grits
Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order
Breakfast Bar: Butter, Cream Cheese, Peanut Butter, Jelly, Yogurt, and Cottage Cheese					
Waffles all Day - Starbucks Coffee - Vitamin D, 2% & Chocolate Milk - 10 Beverages - 3 Fresh Fruits - 14 Item Salad Bar @ Fresh Market					
LUNCH					
Origins					
Corned Beef	Spicy Lime & Basil Grilled Chicken	Seafood Cakes	Lemon Spiced Turkey	Fried Fish	Spaghetti with Meatballs
Cajun Baked Fish	Smothered Pork Chops	Spicy Curry Chicken	Gyro Bar	Meat Lasagna	Peas & Carrots
Parsley Potatoes	Herbed Smashed Potatoes	Classic Red Rice	Vegetable Bread Stuffing	Rice Pilaf	
Steamed Carrots	Steamed Cauliflower	Baked Beans	Gingered Snap Peas	Green Beans	
Braised Cabbage & Carrots	Seasoned Broccoli & Almonds	Sautéed Spinach and Garlic	Glazed Carrots	Corn on the Cob	
Fresh Market Soups					
Chicken Florentine	Rice Curry & Lentil	Split Pea Soup	Vegetable Corn Green Chili	Chicken Noodle	
The Fresh Grille					
Turkey Burger	Meatball Hoagie	Bacon Cheese Burger	Buffalo Chicken Sandwich	Grilled Cheese	
French Fries	Onion Rings	Chips	Shoestring Fries	Chips	
Trattoria					
Pepperoni Pizza	Ham & Pineapple Pizza	Cheese Pizza	Chicken Ranch Pizza	Sausage Pizza	Assorted Pizza
Sandwich Central					
Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey
Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese
Chicken Salad	Tuna Salad	Chicken Salad	Tuna Salad	Chicken Salad	Tuna Salad
Chips	Chips	Chips	Chips	Chips	Chips
DoubleTreat Bakery					
Chocolate Iced Yellow Cake	Assorted Cookies	Apple Upside Down Cake	White Iced Chocolate Cake	Strawberry Cloud Cake	Assorted Desserts
Apple Raisin Crisp	Coconut Cake	Chocolate Chip Brownies	Assorted Cookies	Apple Sauce Cake	
Pudding	Jell-O	Pudding	Jell-O	Pudding	
DINNER					
Origins					
Buford Smoked Beef Brisket	Beef Enchiladas	Fried Chicken	Savory Beef Pot Pie	Breaded Pork Loin Cutlets	
Spicy Ranch Chicken	Margarita Tilapia	Smoked BBQ Beef Brisket	Shrimp Scampi	Teriyaki Grilled Chicken	
Roasted Potatoes	Baked Sweet Potatoes	Macaroni & Cheese	Mashed Potatoes w/ Gravy	Buttered Sugar Snap Peas	
Creamed Spinach	Billed Baby Carrots	Buttered Corn	Roasted Squash Medley	Scalloped Potatoes	
Roasted Vegetables	Roasted Tomatoes	Braised collard Greens	Pepper and Onion Medley	Stewed Apples	



Monday 5/7/2012	Tuesday 5/8/2012	Wednesday 5/9/2012	Thursday 5/10/2012	Friday 5/11/2012	Saturday 5/12/2012
BREAKFAST					BRUNCH
French Dipped Waffles	French Toast	Blueberry Pancakes	French Toast Sticks	Chocolate Chip Pancakes	French Toast
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Turkey Link	Pork Bacon	Sausage Link	Pork Bacon	Pork Patty	Pork Bacon
Pork Patty	Sausage Link	Turkey Link	Sausage Link	Turkey Link	Sausage Link
Tater Tots	Home Fries	Hash Browns	Home Fries	Tater Tots	Hash Browns
Grits	Oatmeal	Cream of Wheat	Grits	Oatmeal	Grits
Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order	Omelets to Order
BREAKFAST BAR: Butter, Cream Cheese, Peanut Butter, Jelly, Yogurt, and Cottage Cheese					
Waffles all Day - Starbucks Coffee - Vitamin D, 2% & Chocolate Milk - 10 Beverages - 3 Fresh Fruits - 14 Item Salad Bar @ Fresh Market					
LUNCH					
Origins					
Bayou Bake Pollock	Sliced Roast Beef	Fried Chicken	Creamy Chicken Lasagna	Fried Fish	Grilled Chicken Breast
Coconut Chicken	Breaded Chicken	BBQ Beef Brisket	Pork Lo Mein	Spaghetti & Meatballs	Baby Carrots
Yellow Rice	Parmesan Potatoes	Macaroni & Cheese	Vegetable Fried Rice	Classic Red Rice	
Roasted Squash Medley	Wilted Spinach w/ Lemon Zest	Fresh Collard Greens	Broccoli w/ Cheese	Peas & Carrots	
California Blend Vegetables	Sautéed Yellow Squash	Buttered Corn	Roasted Italian Squash	Corn on the Cob	
Fresh Market Soups					
Beef Barley	Red Beans & Rice	Broccoli & Cheese	Pasta Figioli	Clam Chowder	
The Fresh Grille					
Hot Dogs	Chicken Tender Basket	Hawaiian Glazed Turkey Sandwich	Chicken Cheese Steak	Grilled Cheese on Texas Toast	
French Fries	Onion Rings	Chips	Shoestring Fries	Chips	
Trattoria					
Pepperoni Pizza	Supreme Pizza	Cheese Pizza	Meat Lovers Pizza	Sausage Pizza	Assorted Pizza
Sandwich Central					
Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey	Deli Ham & Turkey
Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese	Amer. & Provolone Cheese
Chicken Salad	Tuna Salad	Chicken Salad	Tuna Salad	Chicken Salad	Tuna Salad
Chips	Chips	Chips	Chips	Chips	Chips
DoubleTreat Bakery					
Chocolate Iced Choc. Cake	Blondie	Carrot Cake	Strawberry Cake	Oreo Cake	Assorted Desserts
Apple Cinnamon Cake	Assorted Cookies	Chocolate Iced Yellow Cake	Assorted Cookies	Peach Crisp	
Pudding	Jell-O	Pudding	Jell-O	Pudding	
DINNER					
Origins					
Honey Glazed Pork Chop	Beef Fajitas	Bourbon Street Blackened Pork Chop	Beef Stir Fry	Lemon Butter Baked Pollock	
Seafood Croquets	Herb Roasted Turkey Breast	General To Chicken	Sweet & Sour Chicken	Salisbury Steak	
Herbed Basmati Rice	Chive Mashed Potatoes	Herbed Basmati Rice	Oregano Roasted Potatoes	Cheddar Mashed Potatoes	
Sautéed Spinach	Festive Corn	Green Beans	Lo Mein Noodles	Peas	
Scandinavian Blend Vegetables	Carrots & Broccoli	Stewed Tomatoes	Zucchini	Corn	