

## Up Up an AWAY

### **Creamy Mushrooms & Bacon**....18.50

Thinly sliced mushrooms & spring onions in a cream sauce, over super grain toast with crispy bacon.

### **Paris Eggs Benedict**....19.00

Toasted croissant with your choice of:

-Florentine, smoked salmon & spinach.

OR: -Bacon & brie.

Finished with homemade hollandaise.

### **LB's Big Breakfast**....21.50

Eggs, bacon, tomato, hash browns, mushroom & sausage, served with toast.

### **LB's Hash (gf)**....17.50

Rustic style potato hash with spinach poached egg finished with hollandaise.

Add Bacon 6.00

Add Smoked Salmon 6.00

### **Bacon "n" Eggs**....16.50

Your style of eggs with streaky bacon on toast.

### **Paleo Granola**....13.00

With Natural yoghurt, or coconut yoghurt and berry compote.

### **Pancakes**....18.50

3 stack with maple syrup and your choice of:

Either Fresh fruit salad, yoghurt.

Or Berry compote, whipped cream.

Or Banana and streaky bacon.

### **Fresh Fruit Salad**....13.00

Topped with spiced nuts and yoghurt.

### **Lambs Fry & Bacon** .....\$19.50

Lambs fry with streaky bacon over rustic potato hash with LB gravy.

### **Breakfast Salad**....18.50

Salad greens, tomato, bacon, parmesan, and poached egg, toasted vienna bread with basil and pinenut dressing.

## D.I.Y BAGELS....13.50

choose 1

Chicken, Salmon,

Bacon, Prosciutto

choose 2

Cream Cheese, Tomato, Brie

Capers, Avocado smash, Pesto

### **Omelette**....18.50

Choose 3 of the below fillings:

Ham Cheese

Tomato Mushroom

Spinach Onion

## Sides

Streaky bacon 6.00 Smoked Salmon 6.00

Sausage 5.00 Tomato 4.00

Mushroom 4.00 Toast 4.00

Eggs 4.00 Avocado Smash 3.00

Cream Cheese 2.00 Hollandaise Sauce 2.00

Spinach 4.00 Hash Browns 4.00

## Start or Share

### **Nachos**...16.50

Corn chips topped with melted cheese and our home made ground beef and bean chilli finished with sour cream and avocado smash.

### **Soup of the Day**....12.50

served with toasted bread.

### **Ploughman's Platter**....18.50

Pickles, ham, brie, grapes, warmed bread, relish and smoked salmon.

## 'FRIPS' – FRIES & CHIPS

### **SKINNY FRIES**....7.50

Lb nise your fries + 4.00

-Garbage fries (bacon,  
onion, cheese)

-Beef chilli cheese fries

-Cheese & gravy fries

### **LB 'PHAT'**

**CHIPS**....7.50

**Onion Rings**....12.00

## Main Event

### **Warmed Chicken & Bacon Salad**....18.50

Sweet chilli dressed salad greens with chicken bacon, crispy shallots and rice noodles finished with a quenelle of crushed avocado.

### **Gnocchi with Duck Ragu**....19.00

Potato gnocchi finished in nut brown butter topped with a mushroom and duck ragu topped with parmesan cheese.

### **Cauliflower Beignets**....18.50

Served on orange saffron dressing summer salad and finished with crispy prosciutto.

### **Book Maker Sami**....19.50

Minute steak between wholegrain toast topped with fried egg, béarnaise sauce and onion rings.

Add side of fries....4.00

### **Hot Pork Sandwich**....19.50

Roast pork belly served over po boy bun drenched in gravy with coleslaw and apple sauce.

Add side of fries....4.00

### **Mince on Toast**....19.50

Over toasted vienna bread topped with poached egg finished with shaved parmesan.

### **Fish "n" Chips**....24.50

Beer battered market fish served with thick fries, lemon and tartare.

### **Penne Carbonara**....18.50

Bacon, mushroom and penne bound in a cream sauce finished with parmesan.

### **Market fish**....18.50

Today's fish pan-fried served over roast vegetables topped with chermoula dressing and lemon.

All meals may contain and/or come into contact with various allergens including nuts, seafood, gluten & dairy products.

**Any special allergy or dietary requirements please inform the Cafe staff and we will endeavour to meet your needs most of our meals can be substituted to gluten free.**

## Drinks List:

### Simply Squeezed

- Orange Juice....4.80
- Allganics Juices**
- Apple & Feijoa....4.80
- Apple & Guava....4.80
- Apple & Cranberry....4.80
- Lemon Lime and bitters....4.80

### allgood Organics

- Karma Cola 4.80
- Lemmy Lemonade 4.80
- Gingerella 4.80
- Blood Orange fizz 4.80
- Red Grapefruit fizz 4.80
- Blackcurrant fizz 4.80
- Pepsi Max 4.50



### Almighty Juices

- Orange carrot and turmeric....5.00
- Beetroot blackcurrant & ginger....5.00

### Milk Shakes

- Snarsberry**....7.50
- Strawberry and Raspberry  
with pinkie bar
- Curious George**....7.50
- Chocolate and Banana  
with perky nana



### Gringo

- Salt caramel finished with buzz bar

### Iced Milk Drinks

- Iced Mocha 7.50
- Iced Coffee 7.50
- Iced Chocolate 7.50



- Sencha (green tea) t for 2 6.00
- Berrylicious t for 1 4.20
- Lemon Sorbet
- Earl grey blue flower
- English breakfast
- Tokyo lime
- Peppermint
- Restful (chamomile)

### Smoothies

- Berries, yoghurt and honey 7.50
- Spirulina, banana and apple 7.50

## Chocoholics

- Hot Chocolate** 4.50
- With White Chocolate Sante Bar 5.50
- With Dark Chocolate Sante Bar 5.50
- Mocca** 4.50
- With white chocolate Sante Bar 5.50
- With Dark chocolate Sante Bar 5.50
- LB's Extremo Hot Chocolate** 7.50
- With all the lashing of a sweet 'thang'
- Cookies 'n' Cream Hot Chocolate** 7.50
- Finished with whip cream and Oreo's.

### Winter Warmers

- Hot black currant 4.20
- Hot lemon honey 4.20

### Coffee Supreme

- Short Black 3.70
- Long Black 3.90
- Short Macchiato 3.90
- Long Macchiato 4.20
- Piccolo 4.20
- Flat White 4.40
- Cappuccino 4.40
- Latte 4.50
- Mochaccino 4.50
- Hot chocolate 4.50
- Chai Latte 4.50



### EXTRAS

- Bowl 50c Mug 70c
- Soymilk 50c Almond milk \$1
- Decaf 50c extra shot 50c
- Vanilla or Caramel shot 50c
- Cream 50c
- Take away coffee
- large 4.70 regular 4.50 small 4.30

LB&CO is available for private evening functions catered to your requirements from 21<sup>st</sup> to Golden wedding anniversaries for groups of 30 to 80 people Please contact the boss, or any feedback on your experience at LB&CO email us on: [your.feedback.lbandco@gmail.com](mailto:your.feedback.lbandco@gmail.com)