

breakfast.....all day!

Spiced Fruit Compote served warm with greek style yoghurt	8.90	Bacon and Egg Muffin with Zest's in house BBQ sauce	7.90
Greek Style Yoghurt with fresh fruit, almonds and honey	8.90	Mighty Muffin bacon, egg, whole field mushroom and roasted tomato on english muffin	10.90
Muesli - Zest's own blend	6.90	Hell's Eggs	13.50
why not add greek style yoghurt	2.00	two eggs in a ramekin with a tomato, capsicum & rosemary salsa, topped with a dash of Tabasco, & grilled with cheese & Zest's in house BBQ sauce served with toasted baguette	
fresh fruit	2.50		
or fruit compote	2.50		
Fresh Fruit Salad	7.50	The 'Hottie'	13.50
served with a side of greek style yoghurt		a spinach, basil and pecorino risotto cake served with chorizo sausage and a tomato, rosemary and red capsicum salsa, served with toast. (vegan version available!)	
Toasted or fresh bread	4.00	Bacon and Eggs	10.90
served with butter or cream cheese		poached or scrambled and served with toast	
Wholemeal Bagel, Blueberry or Cinnamon Raisin Bagel, Turkish Bread or Gluten Free Bread	4.90	The Big Breakfast	15.50
toasted and served with butter or cream cheese		bacon and eggs poached or scrambled plus toast, whole baked field mushroom, spinach and oven roasted herb tomato	
Fruit Loaf	4.50	Zesty Eggs	13.90
two slices of apricot fruit toast, served with cream cheese or butter		poached eggs on butter toast with a seeded mustard and orange zest creme, topped with Springs smoked salmon	
Spreads	extra .50	Extras:	
vegemite, peanut butter, jam, honey or marmalade (ask about our home made jams...)		oven roasted herb tomato	3.00
Croissants:		field mushroom baked with chive butter	3.00
Springs smoked salmon,	9.90	spinach with nutmeg butter	3.00
cream cheese and chives		tomato, red pepper and rosemary salsa	3.50
leg ham, matured cheese	7.90	serve of bacon or chorizo sausage	4.00
and seeded mustard		swap wheat toast for gluten free bread	1.50
tomato and matured cheese	7.50	two poached or scrambled eggs	4.00
croissant with jam and cream	6.50		
Pancakes		Specials	
lemon and sugar	8.50	see the blackboards for weekly breakfast specials	
jam and cream	8.50		
maple syrup and whipped butter	8.50		