

Five Things Every Christian Needs to Grow

Revised & Expanded

B Y R . C . S P R O U L



Growing Tall

People need to maintain a diet of nutritious foods if their bodies are to grow and thrive. But what do the people of God need in order to grow and thrive in the Christian faith? In this book, noted theologian and pastor R.C. Sproul identifies five of the crucial “nutrients” that promote spiritual growth: Bible study, prayer, worship, service, and stewardship. With biblical insight and practical wisdom, Dr. Sproul teaches Christians how to maintain a balanced “diet” that will lead to growth and mature Christian living.

This book is an important resource for new believers to learn these spiritual disciplines and become grounded in the Christian faith in a way that anyone can understand.

INFO 135 PAGES, HARDCOVER **ISBN 10:** 1-56769-103-X **ISBN 13:** 978-1-56769-103-0 **RETAIL PRICE** \$15

CATEGORY RELIGION / CHRISTIAN LIFE / SPIRITUAL GROWTH / GENERAL

AUDIENCE ALL CHRISTIANS, AND ESPECIALLY NEW BELIEVERS. FOR INDIVIDUAL OR GROUP STUDY.



About the Author Dr. R. C. Sproul is the founder and president of Ligonier Ministries, and the minister of preaching and teaching at St. Andrew's Chapel in Sanford, Fla. He is the author of more than sixty books and served as the general editor of *The Reformation Study Bible*. Dr. Sproul is renowned for his ability to communicate deep, practical truths from God's Word.

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PUBLISHING

an imprint of  LIGONIER MINISTRIES

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