



Our Lady of Lourdes Interparish School

K-8

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PBJ Turkey Sandwich Yogurt (B WEEK)		1 Hot Ham & Cheese Baby Carrots and Celery Sticks Tropical Fruit Salad Jello	2 Hamburger on a Bun French Fries Green Beans Sliced Pears	3 Pepperoni Pizza Garden Salad Cantaloupe Sugar Cookies	4 Shrimp Poppers Wheat Roll California Blend Veggies Strawberries & Bananas
PBJ Ham Sandwich Yogurt (C WEEK)	7 NO SCHOOL	8 Hot Dog French Fries Cucumber Slices Fruit Cocktail	9 Chili With Cheese Baby Carrots Frozen Juice Cup Cinnamon Roll	10 Popcorn Chicken Bowl (with mashed potatoes and corn) Rosy Applesauce	11 Cheese Bosco Stick With Marinara Garden Salad Oranges
PBJ Turkey Sandwich Yogurt (A WEEK)	14 Spaghetti With Meat Sauce Breadstick Green Beans Sliced Pears	15 Chicken Strips Baby Carrots Corn Grapes	16 Cheeseburger on a Bun French Fries Baked Beans Mandarin Oranges	17 Chicken Wings Brown Rice Stir-Fry Veggies Peaches Pudding Cup	18 Grilled Cheese Veggie Cup Apple Snickerdoodle
PBJ Ham Sandwich Yogurt (B WEEK)	21 Chicken Patty Sandwich Peas Carrots Applesauce	22 Beef Nachos & Cheese With Mild Salsa Refried Beans Pineapple	23 Chicken Alfredo with a Twist Broccoli Berry Blend Cup Brownie	24 Meatball Sub French Fries Cucumber Slices Bananas	25 Cheese Pizza Garden Salad Watermelon
PBJ Turkey Sandwich Yogurt (C WEEK)	28 Corn Dog Sweet Potato Fries Garlic Broccoli Frozen Juice Cup	29 Chicken Parmesan Over Pasta Garden Salad Apple Slices	30 Walking Taco With Mild Salsa Black Beans Tropical Fruit Salad Jello		

Hot or Sack Lunch with Salad Bar \$3.00/student \$3.80/adult
 Extra Milk \$.50
 1%, Skim and Fat Free Chocolate Milk offered with every meal

*On Fridays, the sandwich will be a Bagel with Cream Cheese
 MENU IS SUBJECT TO CHANGE
 This Institution is an Equal Opportunity Employer