



FOR IMMEDIATE RELEASE

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Activities for Entire Family at 2017 Lentil Fest

PULLMAN, WASH.— Join the 29th Annual National Lentil Festival for two-days of fun for the entire family, August 18-19 in Reaney Park and Spring St.

The festival kicks off Friday evening at 5:00 p.m. with free lentil chili served from the world's largest bowl of lentil chili, sponsored by Emmanuel Baptist Church. Parents can bring their children along for a photo-op next to the chili bowl and to also check-out the games in the Hinrich's Trading Company Garbanzo Garden (located next to the chili bowl on Spring St.).

Families with older children are encouraged to attend the "Ask the Experts" segment on the Cooking Demo Stage, presented by PNW Specialty Foods Co-op and the Moscow Food Co-op. Kids interested in cooking are encouraged to tweet their questions about lentils, garbanzos and more to @PNWCoop via Twitter.

Friday evening will also be filled with free music on the Hometown Chevy Main Stage. Artist line-up includes Mother Yeti, Adrian Xavier, Shook Twins and evening headliner MAGIC GIANT. This is an all-ages show.

Saturday's activities begin with the Tase T. Lentil 5K Fun Run sponsored by SNAP Fitness, the Pullman Lion's Club Lentil Pancake Breakfast sponsored by Palouse Brand, and the WSECU Grand Parade. Don't forget to check out the 3-on-3 Tournament in Reaney Park, sponsored by Wysup Chrysler Jeep Dodge Ram. 100 attendees will also have the opportunity to sample and vote for the People's Choice Award for the Legendary Lentil Cook-off, presented by the USA Dry Pea & Lentil Council.

Saturday will also feature live cooking demonstrations and an all-ages Main Stage artist line-up including Ian Hale and the Legacy, The Olson Bros. and headliner High Valley.

Both days will also feature Lentil Land, sponsored by Gritman Medical Center, a place for parents and children to explore, play and get hands-on. From lentil crafts, to science experiments with Schweitzer Engineering Laboratories, there will be something for everyone.

Parents and children are also encouraged to visit the Moscow Family Eye Care booth located across from the Info Booth on the corner of Lentil Lane and Spring St. The Moscow Family Eye Care booth will feature a hands-on plant a lentil station, give-a-ways and more!



For more information and a complete list of all activities, visit www.lentilfest.com, or call 800-365-6948.

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Since its beginning in 1989, the National Lentil Festival has brought national attention to Pullman. The Palouse region of farmlands in Eastern Washington and Northern Idaho has a reputation for producing the highest quality lentils in the United States. We think that is worth celebrating!