

# SOUTHWARK CYCLISTS



*We live in Southwark and we love to ride bikes. We do everything from serious campaigning to fun social rides.*

February 2017



**Invest in Cycling** Members of Southwark Cyclists rode to the Treasury in snowy weather on 11 February to join a demonstration organised by Stop the Killing. They called for increased funding for cycling and walking, rising to 10% of the UK transport budget by 2020. A die-in, with protestors lying on the tarmac, marked the deaths of three cyclists and one pedestrian on London roads that week. Speakers denounced the premature deaths and disease caused by air pollution, including lifelong damage to children's lungs, and the needless deaths through diseases of inactivity. [stopthekilling.org.uk](http://stopthekilling.org.uk)

**Healthy Rides** Bruce Lynn writes: 'In 2016 we conducted 43 Healthy Rides with an average of 17 riders. This is a 55% increase on 2015. It was great to see so many people enjoying the rides. Many thanks to Amanda, David, Jane, Philippa and Werner who all led rides during 2016. If you have not been on a Healthy Ride yet, then come and join us. These friendly, informative rides take place every Saturday morning – see overleaf for details.'

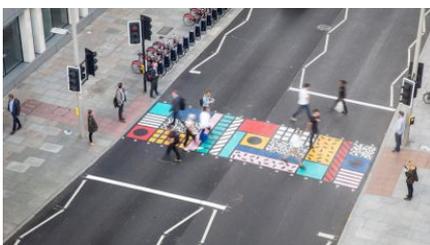
**Ways to Cycle to Work** Parents at Bessemer Grange primary school have asked Southwark Cyclists to run a bike train on Tuesday 21 March, from the school in East Dulwich to London Bridge along quiet routes. If you can help marshal, please email [southwark@lcc.org.uk](mailto:southwark@lcc.org.uk). The ride is linked to The Big Pedal, an inter-school cycling and scooting challenge [bigpedal.org.uk](http://bigpedal.org.uk) Check [southwarkcyclists.org.uk](http://southwarkcyclists.org.uk) for details of Cycle to Work day on Wednesday 26 April.

**Surrey Canal Path** is partially closed while the old canal wall around Glengall Wharf Garden is rebuilt. See [southwarkcyclists.org.uk](http://southwarkcyclists.org.uk) for details of alternative routes using neighbouring roads.

**Round the Bend** TfL is going to audit the effect of the changes to the Elephant and Castle. Southwark Cyclists is carrying out its own audit – tell us your thoughts on [southwark@lcc.org.uk](mailto:southwark@lcc.org.uk).

**Looking for Flo** Abigail Tripp, who works with Wheels for Wellbeing and leads Breeze rides among many other cycling activities, would like to trace a fellow cyclist who helped her on Monday 16 January at 9.40 am. She writes: 'A wonderful cyclist called Flo stopped to help me on Walworth Road after a car driver ran over me and my bicycle, as he pulled across the road to do a U turn. I want to thank her for staying with me as the ambulance took half an hour and it was cold and wet. Flo was amazing.' Can you help find her? Contact [southwark@lcc.org.uk](mailto:southwark@lcc.org.uk).

**Quick fixes** Sally Eva is collecting 'quick fixes' – dropped kerbs, bollards, signs etc – to pass on to the council. Add your ideas: [southwarkcyclists.org.uk/campaigns/quick-fix-list](http://southwarkcyclists.org.uk/campaigns/quick-fix-list). Rebecca Lack writes: 'I'd like to see a space for "Not so pie in the sky" ideas. My idea is for leaves in the tarmac on stretches of highway where people get particularly stressed.'



**Left:** 'Colourful Crossing' on Southwark Street, designed by Camille Walala. [betterbankside.co.uk](http://betterbankside.co.uk) **Right:** a crossing designed by Eley Kishimoto at the junction of Atlantic and Railton roads and Coldharbour Lane. [brixtonbuzz.com](http://brixtonbuzz.com)



## DATES FOR YOUR DIARY

**Monthly through winter: Take the Bike Train to Blackfriars/King's Cross** It's free, it's fun, and you always get a seat! Travels via quiet streets and Burgess Park. Email [southwark@lcc.org.uk](mailto:southwark@lcc.org.uk) to be added to the mailing list and to confirm your place. Next departure: Weds 15 March. From Nunhead (7.45am), Peckham Rye (7.55), Denmark Hill (7.55 – this stop must be booked in advance!).



**Community Roadwatch** Volunteers are trained to use speed guns, working alongside the Metropolitan Police and educating the public about the dangers of speeding. TfL's objective is to reduce the number of people killed and seriously injured on the roads by 50%. Find out about Southwark sessions or point out a location of concern: email [STT.Southwark@met.police.uk](mailto:STT.Southwark@met.police.uk) or phone 0207 232 6707.

**Turn it off!** Idling Action is a London-wide behaviour change campaign funded by the Mayor to reduce air pollution caused by motorists who leave their engines running when parked. Find out more or volunteer <http://idlingaction.london>

**Saturdays: Healthy Rides** Bruce Lynn and friends run friendly, gently paced Healthy Rides every week, leaving from Canada Water or Peckham Square. Rides are normally two hours long, with a longer 3.5 hour ride on the third Saturday. For details see [healthyrider.weebly.com](http://healthyrider.weebly.com) and reports of past rides on [southwarkcyclists.org.uk](http://southwarkcyclists.org.uk)

**Every Monday: Wheels for Wellbeing.** Turn up and find a bike that suits you, regardless of disability, health condition or age: trikes, hand-cycles, side-by-sides, tandems and more. Herne Hill Velodrome 11am to 1.30pm. £5 (includes tea/coffee). Volunteers also needed, especially on the reception desk, for a few hours a week. Contact 020 7346 8482 or [info@wheelsforwellbeing.org.uk](mailto:info@wheelsforwellbeing.org.uk) for details. [www.wheelsforwellbeing.org.uk](http://www.wheelsforwellbeing.org.uk)

**2nd Wednesday of the month: Southwark Cyclists meetings** 6.30-8pm. Grosvenor TRA Hall, 41 Grosvenor Park SE5 0NH. Next date: **Wednesday 8 March**. Jin Lim, Assistant Director of Public Health at Southwark Council will be attending. All welcome.

**Herne Hill Velodrome** Sessions including women-only track training, mountain biking and strider bikes for toddlers. [www.hernehillvelodrome.com/sessions\\_and\\_training/session\\_schedule](http://www.hernehillvelodrome.com/sessions_and_training/session_schedule)

**Southwark Cyclists Cycle to Work Day 2017: Weds 26 April.** In partnership with Southwark Council, Better Bankside and Team London Bridge. Contact us if you can help on the Bike Train or would like to buddy up with a colleague new to cycling to work: [southwark@lcc.org.uk](mailto:southwark@lcc.org.uk). **#Cycle2Work #trycycling**

**Dunwich Dynamo 2017** takes place overnight on the **8-9 July**. This is a turn up and go ride. There were 230 riders in 2003, and approximately 2,000 in 2016. Since 1999 Southwark Cyclists have organised the main convoy to bring cyclists and their bikes back to London. Tickets are now available for the return coach to London (and a place for your bike on a truck). See [southwarkcyclists.org.uk](http://southwarkcyclists.org.uk)

*Anyone who cycles in Southwark is a Southwark Cyclist – you don't have to be a member of LCC. Tell your friends, join us on a ride or come along to a meeting! Join the Google group for discussion about planning consultations, events and rides:*

<https://groups.google.com/forum/#!forum/southwarkcyclists>