

## HOW TO JOIN

Joining Aiki Extensions has never been easier.  
Just follow these steps to join. Dozo!

1. Go to [www.aiki-extensions.org](http://www.aiki-extensions.org) and click "Join" at the top.
2. If you are a new member, fill out the information form, being sure to note the areas you wish to support or be involved in. Be sure to record your log-in information.
3. If you are a returning member, click **Membership Renewal**, log in and fill out the renewal form
4. Select a dues payment option: online (recurring quarterly for convenience or yearly) or by check (mailed to the address on the back of this brochure). Dues are \$50USD (individuals) and \$100USD (organizations), though we encourage you to donate as your budget permits (be it more or less).
5. **Welcome!** Participate actively, networking with other aiki-minded individuals or organizations in your area of interest and support!



**Aiki Extensions**  
*Harmony in Action*



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"A Way to Reconcile the World"

©Jan E Watson 1979

**RECONCILING THE WORLD**

## WHO WE ARE

**Aiki** is the core of Aikido, a nonviolent, Japanese martial art. It is a practical philosophy of harmony and cooperative action. Its principles and methods lead to self-awareness, calmness under pressure, compassionate power, and respectful engagement with others.

**Aiki Extensions** is an organization dedicated to disseminating and applying Aiki principles and methods outside the traditional martial arts training situation. AE members have applied Aiki principles in such areas as business, bodywork, psychotherapy, teaching, mediation, and sports. They have found that Aiki principles enhance their professional effectiveness and personal well being.



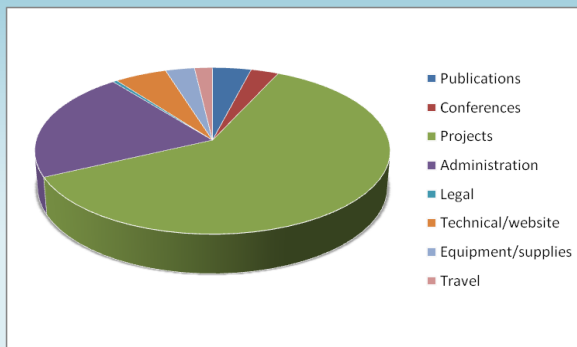
**Aiki Extensions, Inc.** was established in September, 1998. The mission of Aiki Extensions is to:

- deepen the philosophical and pedagogical foundations of Aikido as a practice embodying power and love.
- support and enhance communication among those who apply the practice and principles of Aikido in venues outside of conventional dojo settings.
- extend Aiki principles and practices to novel training sites, areas of application, and approaches to conflict and cooperative problem-solving.



## WHAT WE DO

Aiki Extensions has come a long way, from a small collection of colleagues using aiki principles in unconventional locations to several hundred members in 28 countries, with projects in a dozen countries.



Aiki Extensions is currently active in:

### Peace-Building:

Mideast Aikido Project  
Training Across Borders  
Peace Dojos International  
Aiki Corps



### Youth Outreach:

Awassa Peace Dojo  
Harmony in Action - Brazil  
Bronx Peace Dojo



### Aikido in Education:

Aikido for kids  
AikiHealing/Therapy for persons with disabilities  
Aikido in secondary schools  
Aikido in higher education



### AE International:

AE DE (Germany)  
AE UK

## BENEFITS OF JOINING

AE is a 501(c)3 non-profit organization funded by dues and donations. All dues and donations may be tax-deductible.

By becoming a member you help extend Aiki principles and programs all over the world. AE can help you more easily connect, network, and create Aiki projects in your communities. You can share information and knowledge with others who, like you, use Aikido as a way to improve our individual lives and the world we share.

As an individual member you get:

- Your name and contact information listed in the AE Directory and on the AE website
- Your AE-related URL listed on the website
- Access to secure portions of online AE Directory, member wiki, and Project Team areas
- The opportunity to support diverse activities that apply *Aiki* throughout the world

As a dojo member you get:

- Opportunities to increase your own dojo's membership through projects relevant to your communities and world
- Expert support for creating and developing your *aiki* projects
- Publicity for your events and projects
- A community service identity
- Invitations to attend and information on hosting presentations and conferences by AE professionals
- Access to the applications for Aiki Corps volunteers or official Peace Dojo status