

## 2017 Regulations Changes

Below you will find the full redlined changes to all 2017 regulations, including deleted and replaced text. Note that in the case of regulation numbering changing, these explanations generally show the “old” numbering for comparison purposes.

The 2017 rulebook shows new text in red italics. For ease of readability it does not show all strikethroughs.

Existing regulations are shown in black text.

New language is shown in *red italics*.

Language to be deleted is shown in ~~strikethrough with a yellow outline~~.

Explanations are shown in *green italics*.

### Chapter 1 - General

#### 1A2. License Functions

USA Cycling issues annual licenses for the following functions

**(a)** Rider, Coach, Manager, Mechanic, Official, Soigneur, Doctor, *Paramedical Assistant*, Team Director, Driver, Race Director, Agent.

*Mirrors the UCI wording for licenses.*

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#### 1A3. License Types

USA Cycling issues ~~three~~ *four* types of licenses:

**(a) Domestic licenses** are annual licenses valid only for participation in events in the United States.

**(b) International licenses** are annual licenses valid in the United States or any country for events sanctioned by a cycling federation affiliated with the UCI. *International Licenses are required for UCI events held within the United States.*

**(c) One-day licenses** may be purchased online through the USA Cycling registration system or onsite at any USA Cycling sanctioned event and are valid for a single day of racing. One-day beginner licenses may only be purchased by the lowest category of racer for that discipline; i.e., category 5 men *and women* for road, track, and cyclo-cross, ~~category 4 women for road, track and cyclo-cross~~, and category 2 or 3 for MTB. Experienced one-day race licenses may be purchased online only by former members to race in categories excluded by the Beginner license ~~once per year~~. One-day licenses may not be used for Championship events

**(d) Collegiate licenses** *may be purchased according to the guidelines set forth in Chapter 6 and are only valid for collegiate events.*

*Clarifies that International Licenses are needed for international events in the US, which are events on the UCI calendar. This covers only the UCI inscribed races at an event, and does not include races on the UCI criterium calendar.*

*Ex: At the Tour of Gila (UCI 2.2) an international license would be required for the men's and women's elite events (pro races). An international license would not be required for USA Cycling members competing in the amateur category races.*

*Deletes the limit of one experienced one-day license per year. These are available online and must be purchased ahead of the event. Beginner one-day licenses may be sold before the event or on site and are only good for Cat. 5, except for MTB where they are good for Cat. 2-3. [Edited on 2/22/17 to correct error in allowing Cat. 1 MTB to use beginner one-days].*

*Clarifies that collegiate licenses are only valid for collegiate events.*

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## **1A5. License Format**

*Housekeeping item to update license colors for the coming years.*

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**1D1. Numerical Categories:** Riders are assigned to one of the following categories with smaller numbers representing increasing rider proficiency and ability:

**(a) Road, Track, and Cyclo-cross:** 5, 4, 3, 2 and 1 for men; and 5, 4, 3, 2, and 1 for women.

**(b) Mountain Bike:** 3, 2, 1 and Pro. ~~A MTB rider with a Pro category must hold an international license.~~

*Creates Category 5 women.*

*Deletes the requirement that Pro MTB riders must have an International License. An International License would still be needed to compete in international events (per 1A3).*

*Note that any recently licensed Cat. 4 women who have a desire to downgrade to Cat. 5 may contact USA Cycling for consideration.*

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## **1E1. General Information**

**(e) Riders who have upgraded will begin to accrue points in their new category with a zero balance.**

**(f) Junior and Youth riders are exempt from mandatory upgrade regulations.**

*Clarifies that riders "start over" when moving up in category with a 0 points balance for the new category.*

*Moves the exemption for juniors to the general upgrade section from the specific disciplines.*

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## **1E2. Road Upgrades**

### **(a) Guidelines and Notes by Category:**

5-4: Acquire 10 points by a combination of the following\*:

- 2 points – complete all three sections of a Beginner Racer Program (BRP) clinic. *Allowed up to 10 points.*
- 1 point – finish a massed start race
- 1 point – participate in a mentored race experience where the mentor is at least a cat 3 rider and has been approved by the Local Association. *Maximum 5 points.*
- USA Cycling-approved education clinics award points based on the curriculum, length and content. *Maximum 5 points with clinic points as determined by USAC*
- *1 point - Participate in a USA Cycling sanctioned Gran Fondo. Maximum 5 3 points*

4-3: (1) 20 points; or,

- (2) experience in 25 qualifying races with a minimum of 10 top ten finishes with fields of 30 riders+; or,
- (3) 20 pack finishes with fields over 50.

30 points in 12 months is a mandatory\*\* upgrade.

- USAC-sanctioned rider Camps and Clinics that are approved by the Local Associations for upgrading will count a maximum of 3 upgrade points when upgrading from category 4 to category 3.

3-2: 30 points

- 40 points in 12 months is a mandatory\* upgrade

2-1: 35 points\*\*\*

- 50 points in 12 months is a mandatory\* upgrade

~~\* Rider clinics and camps can be used to only a maximum of 5 points, except that a rider may obtain all 10 upgrade points from the USA Cycling BRP~~

~~\*\* Junior riders are exempt from the mandatory upgrade rules on the road.~~

~~\*\*\* For category 1 upgrades, only 10 of the points may be earned in races that are part of a weekly series or may be earned in master's races; only 15 of the points may be earned in collegiate races.~~

*Clarifies and cleans up points awarded for various clinics.*

*Adds the ability to gain up to 3 points for 5>4 upgrade by riding USAC permitted Gran Fondos.*

*Removes the allowance for collegiate races to be used for 2>1 upgrades.*

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### **(c) Qualifying Distances for each category**

To qualify for upgrading points, races must meet distance standards shown below. Races shorter than the minimum distance do not qualify for upgrading. However, if a road race is less than the road race minimum but above the criterium minimum, it will count for upgrading using the criterium points schedule. Points from G.C. places in stage races may only be used for category 3->2 and category 2->1 upgrades.

| <b>Category</b> | <b>Class</b>           | <b>RR</b>               | <b>Criterium</b>                             |
|-----------------|------------------------|-------------------------|--|
| 5 - 4           | Men<br><i>Women</i>    | 15 mi<br><i>10 mi</i>   | 10 mi/20 min<br><i>10 mi/20 min</i>          |
| 4 - 3           | Men<br>Women<br>Junior | 25 mi<br>25 mi<br>25 mi | 15 mi/30 min<br>15 mi/30 min<br>15 mi/30 min |
| 3 - 2           | Men<br>Women           | 50 mi<br>40 mi          | 20 mi/40 min<br>15 mi/30 min                 |
| 2 - 1           | Men<br>Women           | 80 mi<br>50 mi          | 30 mi/60 min<br>20 mi/40 min                 |

*Adds women's minimum distances for 5>4 upgrade*

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### **1E4. Track Upgrades**

**(a)** Track upgrades and downgrades are made through the Local Associations and Regional Coordinators. All track upgrades are processed using the following criteria:

Cat. 5 to Cat. 4 Complete **a velodrome class or** 4 race days or education clinics\*

Cat. 4 to Cat. 3 5 race days and 20 points *as Cat. 4*

Cat. 3 to Cat. 2 5 race days and 25 points *as Cat. 3*

Cat. 2 to Cat. 1 5 race days and 30 points *as Cat. 2*

\*USA Cycling sanctioned and approved rider education clinics (at least half day), will count as three qualifying races for category 5 to 4 upgrades, up to a maximum of 5 qualifying races. It will also count as 4 upgrade points for a category 4 to 3 upgrade and 3 upgrade points for a category 3 to 2 upgrade.

*Deletes redundant language and clarifies that you "start over" with experience when upgrading.*

*Note that velodromes and LAs are generally given latitude when creating education classes for upgrade in lower categories.*

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### **(b) Additional Considerations:**

1. Ten-person field minimum for upgrading from categories 3-5, and twenty-person field minimum for upgrade to category 1.  
~~Fifty percent of upgrading points and number of times raced will be carried over to the next year. Points do not carry over to the next category.~~
2. When upgrading to a category 1, points earned need to be from more than one velodrome.
3. A "race day" is defined as one full day of racing. A race day can include a number of events such as a kilometer, sprints or time trial, but it only counts as one race day.
4. Omniums will be counted for upgrading if at least half of the events on the omnium were massed-start.

5. Women and Juniors earn one point for every five race days when upgrading from category 4 through category 2.
6. Races exempt from upgrading are Youth races and races of more than two categories (i.e., "A" and "B" races).

*Removes conflict with the general 36 month window on retention of upgrade points.*

### **1E6. Cyclo-cross Upgrades and Downgrades**

Cyclo-cross categories are upgraded similarly to road category upgrades using the system below; *and shall follow the rules for mixed and combined categories.*

#### **(a) Requirements for upgrading:**

- 5-4:** Voluntary upgrade after 5 races. Experience in 10 races is a mandatory upgrade.
- 4-3:** Voluntary upgrade with 10 points. Fifteen points or two wins if the field had at least 30 competitors is a mandatory upgrade.\*
- 3-2:** Voluntary upgrade with 15 points. Twenty points or two wins if the field had at least 30 competitors is a mandatory upgrade.\*
- 2-1:** Voluntary upgrade with 20 points. Twenty-five points or two wins if the field had at least 40 competitors is a mandatory upgrade.\*\*

\*Juniors are exempt from this mandatory upgrade

\*\* For category 1 upgrades, only 10 of the points may be earned in races that are part of a weekly series or may be earned in master's races.

*Clarifies that CX upgrades use the road regulations for mixed races. Deletes weekly series requirements.*

#### **(d) Cyclo-cross Conversion**

Cyclo-cross (CX) categories may also be upgraded by conversion from a rider's earned road or mountain bike (MTB) cross country (XC) category. If during the season, a rider upgrades his or her road or XC category, the cyclo-cross category can be upgraded to match the road or XC category shown below by request of the rider or by request of the administrator.

| <b>CX category based on road or XC category</b> |                        |                    |
|---|------------------------|--------------------|
| <b>Road Category</b>                            | <b>MTB XC Category</b> | <b>CX Category</b> |
| Pro/1   | Pro                    | 1                  |
| 2   | 1                      | 4                  |
| 3   | 2                      | 4                  |
| 4   | 3                      | 5                  |
| 5   | 3                      | 5                  |

*Changed due to the change to let MTB endurance athletes self-select category up to Cat. 1. [Edited on 2/18/17 to clarify and bring in line with published regulations].*

### **1E7. Mountain Bike Upgrades**

**(a)** Riders may advance as quickly as they wish up to category 2 in Gravity/DH and Mtn Cross/DS, and up to category 1 in Endurance.

*Allows rider to self-select up to Cat. 1 in endurance.*

### **1F1. Annual Registered Clubs and Teams**

Riders may belong to the following types of clubs or teams in various cycling disciplines:

- (a) UCI **Pro World**Teams

*Language change to mirror UCI regulations and wording.*

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### **1F2. Temporary Teams**

Riders may also, from time to time, be members of the following types of teams for a particular event:

- (a) USA Cycling National Team  
(b) Regional Team  
(c) Composite/**Mixed** Team

(i) To eligible to be part of a composite team, riders should have a letter of **permission release** from the club/team listed on their license, *and that team shall not be entered in the race. Such a letter merely grants a rider permission to participate in a particular event and in no way affects the existing contract between riders and their clubs/teams.*

*Clarifies the requirements for mixed teams competing in team entry races. When competing for a mixed team or as a guest rider the rider must have permissions from their regular team, and that team may not be competing.*

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(b) Registered clubs and teams may use the **current** USA Cycling **Club emblem logo** on club or team stationery and clothing provided that the identity of the club or team appears more prominently than the USA Cycling emblem and that the stationery shows no commercial sponsorship. Other uses of the USA Cycling emblem require special permission from the USA Cycling.

*USAC no longer has a club emblem, the USAC logo will be used instead.*

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### **1G1. Licensing and Categories of Officials.**

(a) Officials are licensed and categorized according to the positions of responsibility to which they may be appointed. Categories C through A represent increasing proficiency, with separate categories for different disciplines. Beyond Category A are the designations **USA Cycling** National Commissaire, *and UCI Elite National Commissaire* and International Commissaire.

*Recognizes the UCI Elite National Commissaire rank.*

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### **1H4(g) National and World Champion race entry.**

Current UCI World or U.S. National Champions, who enter category A, B or C races (except National Championships) by the specified pre-registration closing date, and shall be refunded their entry fee (not including insurance fees and surcharges) provided that they are eligible to wear their championship jersey in the race, and do so. *Age-graded champions are only eligible when competing in the class in which the jersey was won.*

*Clarifies that the entry fee refund is only required if the rider is competing in the exact class the jersey was won in. Unless agreed to by the organizer, the regulation requires that the class entered for free exactly matches the class it was won in. Note that riders may still be allowed to wear their jersey per 1J5(f) but might not receive a free entry fee. An organizer may comp the entry fee of a National Champion even if not obligated by the regulation.*

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(h) **Rider Categories for UCI races.** USA Cycling licensees entering UCI races held under a USA Cycling permit are subject to category restrictions. Restrictions may be stated in the race announcement or technical guide. The default USAC category requirements for entering the following UCI classes are:

|              | Elite men | Elite women | Juniors |
|--------------|-----------|-------------|---------|
| road:        | 1         | 1/2         | 1/2/3   |
| track:       | 1         | 1/2         | 1/2/3   |
| cyclo-cross: | 1/2       | 1/2/3       | 1/2/3   |

MTB

Pro

Pro

Pro/1

*Adds a restriction on what category of MTB riders may compete in UCI Elite events in the US.*

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**1H5. Maximum Field.** Entries shall be accepted in order of receipt by the Race Director up to the field limit, and subsequent entries shall be returned. The maximum field limit in any youth race shall be 50.

For massed-start road events (road races, circuit races, criteriums) the field limit for an event that includes category 5 men *or women* ~~or cat 4 women~~ shall be 75. For other massed-start road events and cyclo-cross events, if no field limit is given in the official race announcement, a field limit of 100 shall be used.

For criterium and cyclo-cross events with multiple fields on the course, any field limit is applied to the total number of riders on the course unless stated otherwise in the race flyer.

*Language change accounting for creation of Cat. 5 women.*

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#### **1H9. Mixing of Classes, Categories, and Genders**

**(k)** ~~For road events, riders on UCI Professional Continental Teams or UCI Pro teams may enter only UCI calendar road events.~~ *With the permission of USA Cycling, members of UCI WorldTeams may enter a maximum of five national calendar road events per year, with no more than three team members competing per event. In agreement with the Race Director, such teams may be excluded from the minimum team size requirement where team entry is required.*

**(l)** Riders on *UCI Profession Continental*, UCI Continental teams and UCI Women's teams may only enter domestic events that specifically include professionals on the permit and the race flyer (i.e. Pro/1/2), otherwise they are ineligible.

**(m)** Professional riders are not eligible for State, *Regional and District* Championships *in the discipline in which they are a Professional* unless a separate category has been established for them.

*Removes restriction on US Pro Continental teams competing in domestic events. This allows teams such as UnitedHealthCare and Team Novo Nordisk to compete in local events.*

*Allows WorldTeam riders to compete on a limited basis with permission. Members of World Teams need to contact the Technical Department at USA Cycling for permission to compete in all but UCI events.*

*Clarifies that Professionals are only ineligible for State/District championships in the discipline in which they are pros. For example, a Pro on the road can compete in the championship for track.*

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#### 1I. Bicycles

**(c) Wheels** may be made with spokes or solid construction. No wheel may contain special mechanisms to store and release energy. *In cyclo-cross, the tire must not incorporate any type of spike or stud.*

*Prohibits the use of spikes or studs in CX tires and mirrors UCI regulation.*

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**1I4. Youth/Junior Gears.** The maximum chaingear ratio for Junior riders is based on age and discipline. Blocked gears will be allowed, except in National Championships or selection events for international competition. All tests for compliance shall be done using the "roll-out method." There is no restriction for cyclo-cross or MTB races.

**(a)** For road and track the limits are:

#### Road

6-18: 7.93 meters (26')(52x14)\*

## Track

17-18: Unrestricted

~~15-16: 6.78 meters (22'3") (48x15)~~ 6.93 meters (22'9")

~~13-14: 6.36 meters (20'10.5") (48x16)~~ 6.45 meters (21'2")

~~9-12: 6.00 meters (19'8") (48x17)~~ 6.05 meters (19'8")

**(b)** The gear limit for a rider is determined by the age of the rider and the discipline, and applies in all events in that discipline subject to the notes shown below:

**(c)** For 15-16 year old juniors who are competing in Championship Keirin or Madison, the 17-18 (unrestricted) gear limit applies.

\* Note that the gear combinations listed are merely suggestions – the distance rolled out is the governing standard.

*Changes gear ratios for junior track riders. Removes restriction for 15 year olds competing in the Keirin/Madison.*

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## 1J5. Jerseys

**(d) UCI Teams and Category 1 & 2** riders who are members of the same team or club must wear identifiably similar uniforms when competing in a massed start race except where different uniforms are called for by USA Cycling regulations. This also applies to over garments such as vests, jackets, and rain jackets, which must be transparent or identifiably similar. *Members of mixed teams and guest riders may wear the shorts of their regular team. With the permission of the race organization, they may also wear generic clothing with no advertising in time trial stages.*

**(e) Club Jerseys.** In competition, no rider shall wear the emblem, inscription, or uniform of any club or team which the rider is not eligible to represent, *nor may a club/team create a jersey, design or emblems that might be confused with the US National Team or National Champion jersey.*

**(f)** Only current National Champions may wear National Championship jerseys and only in the specialty (road race, time trial, criterium, cyclo-cross, *short track cross-country, downhill, Madison, etc.* ~~track, MTB endurance, MTB gravity~~) and age group (Junior, Master, U23, Elite) in which the title was won.

Age-graded champions may wear the jersey in other age classes within their overall age group; e.g., 15-16 road race champion in a 17-18 road race.

*Allows members of mixed teams to wear their own shorts, and generic clothing in TTs with the permission of the race organization. "Generic" clothing means no advertising aside from small manufacturer logos.*

*Further defines disciplines for wearing of National Championship jerseys.*

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**1J6.** ~~Riders may not use radios, telephones, or other such communication devices.~~ *The use of radios is limited to events in the road discipline that are composed exclusively of riders that are Category 2 and higher, and in road time trial events on the road for all categories. The use of radios is prohibited for all junior and collegiate races. The use of radios is subject to the following restrictions:*

- *the power of the transceiver may not exceed 5 watts;*
- *the range of the system shall be limited to the space occupied by the race;*
- *its use is limited to exchanges between riders and the sports director and between riders of a same team.*
- *rider may wear only one earpiece*

~~No earpieces may be worn;~~ Audio playback devices are expressly forbidden *in all disciplines and categories.*

*Removes the general prohibition on radios. Radios will only be allowed in the road discipline, and only for races that are made up of Cat. 2 or higher riders. If a race contains Cat 3 or lower riders, radios will not be allowed.*

*Specifically disallows radios from junior and collegiate races.*

*Examples:*

|                  |                |                                |
|------------------|----------------|--------------------------------|
| Pro/1/2 race     | radios allowed | all rider are Cat. 2 or higher |
| 2/3 race         | no radios      | race allowed Cat. 3s           |
| Masters 1/2 race | radios allowed | all rider are Cat. 2 or higher |
| Junior 1/2 race  | no radios      | junior race                    |

Junior and Collegiate rider competing in "regular" category races will be treated as category riders in those event. Ex. A Cat 2 junior in a Pro1/2 race would be allowed to use a radio.

UCI regulations take precedence at UCI events.

"iPods" and other playback devices are prohibited in all events for all categories.

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**Numbers size table (minimum sizes -- all dimensions are in centimeters)**

| Type of Number | Height | Length | Digit Height | Digit Line Width | Minimum Border |
|----------------|--------|--------|--------------|------------------|----------------|
| Body           | 20-18  | 20-16  | 12-10        | 1.5              | 3              |
| Frame          | 9      | 13     | 6            | 0.8              | 2              |
| Shoulder       | 11     | 12     | 7            | 0.8              | 2              |

Allows the use of UCI spec numbers as the **minimum** size.

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**10. Protests and Hearings**

**(d)** Once the results have been finalized onsite and the awards have been given out, any further results protests *concerning order of finish* may be submitted directly to USA Cycling, who will consider them at its discretion. Any such results protests must be submitted at the latest 30 days after the results are posted on the USA Cycling website.

**104.** All protests, other than those regarding results and placings, shall be heard and decided either by the Chief Referee or by a jury composed of an odd number of race officials that includes the Chief Referee.

**105. Hearings.** Administrative, eligibility, and disciplinary hearings are processed according to USA Cycling Policy III. Field of Play decisions made by race officials are not subject to review by a hearing panel, even if those decisions affect eligibility *or order of finish*.

*Clarifies that USA Cycling will only consider results errors after an event. Field of play decisions are not subject to protest.*

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**Chapter 2 - Track**

**2B5.** A legitimate fall, a puncture, or the breakage of an essential part of the bicycle shall be considered **recognized mishaps**. All others incidents are considered un-recognized mishaps.

*Adds language to specify recognized versus unrecognized mishaps.*

**2B10.** Other than when prevented by circumstances beyond their control, all riders qualifying for the following round of the competition must participate or else they will be disqualified.

*Following UCI regulations, requires that riders must participate after qualifying in an event on pain of disqualification.*

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**2F. Sprint**

(a) In championship format sprints, riders compete in qualifying and succeeding rounds in such a way that the fastest riders shall meet in the final race. Appendix 1 shows standardized sprint seeding tables used for championship events, *except as noted in (d) below*.

(b) In round robin format sprints, which are only practical with a small number of riders, each entrant competes against every other entrant.

(c) Exhibition sprints follow the format of championship sprints, but may vary in the number of competitors allowed in the qualifying and final rounds and in the distance of the sprints. **Repechage** rounds and the requirement that a rider lose twice before being eliminated may be omitted.

*(d) For all Elite and Junior 17-18 National Championships and other qualifying events, the UCI Sprint regulations shall be in force. See Appendix X for the UCI Sprint seeding tables.*

*UCI regulations and new championship bracket is to be used at Elite and Junior 17-18 national along with any other qualifying events.*

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**2F8. Once the sprint has begun** (the riders are moving at full speed or near full speed):

(a) No rider may attempt to overtake an opponent using the blue band, either while passing or pulling out of a passing maneuver;

(b) The leader must always leave room **on the right** for other riders to pass. The leader is not obligated to leave room on the left, but may not enter the sprinters lane if it is occupied, except with a clear lead, and in no case may force an opponent off the track;

*Clarification allows leading rider to use the rail to keep following rider from passing on right.*

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## 2H. Keirin

**2H1.** A **Keirin** is a race in which riders sprint after completing a certain number of laps behind a pacer *who leaves the track 3 laps to go (250 m tracks)*. *For other track sizes the motorized pacer should leave the track closest to 750m from the finish. The event is run over a number of laps closest to 1.5 km.* The race will be **6 8**-laps on a 250 m track, **5 6** laps on a 333 m track and **4 5** laps on a 400 m track (approximately **1.5 2**-km total race distance). No more than nine riders may compete in a Keirin. If the number of entrants warrants, there may be qualification and/or repechage rounds leading to a final race. Normally the pacer rides a derny or motorized pacing bicycle; a tandem may be used when practicable.

**2H2. Sprint Rules Apply.** Except as provided below, rules regarding track sprint riding shall apply to the Keirin.

(a) The starting positions of the riders shall be determined by drawing lots. The riders shall be placed side by side on the pursuit line with the sprinters lane being left free. The riders shall be held, but not pushed by assistants. The start shall be given when the pacer approaches the pursuit line in the sprinters lane. *At the start, riders shall take their positions determined by the draw, directly behind the pacer.* ~~Unless another rider assumes the responsibility, the rider who drew No. 1 shall follow immediately behind the pacer for at least the first lap, failing which the starter shall stop the race and the riders that failed to comply shall will be disqualified eliminated. In the restart, the remaining riders shall again take their same relative positions behind the pacer. The rider who drew number 2 shall lead after the restart.~~

(b) If there is a mishap in the first half lap, the race shall be stopped and immediately restarted.

(c) The pacer shall ride on the measurement line, starting at **25 kph (15 mph)** for women and **30 kph (18 mph)** for men and shall gradually increase speed to **45 kph (28 mph)** for women and **50 kph (31 mph)** for men. ~~The pacer shall leave the track when ordered to do so by the starter, in principle 600-700 meters before the finish~~ *starting at 30 km/h and shall gradually increase speed to 50 km/h which should be reached at the latest when leaving the track, after the pursuit line on the home straight, 3 laps to go (250 m tracks).*

(d) *In the case when one or more riders pass the leading edge of the front wheel of the pacer before the pursuit line when he leaves the track, the race will be stopped and rerun without the rider(s) at fault, which will be disqualified.* ~~If the leading edge of the front wheel of any rider's bicycle passes the back edge of the pacer's rear wheel while the pacer is still on the track, the race will be stopped and rerun without the rider(s) at fault. The offending rider(s) shall be disqualified.~~

- (e) The race will be stopped in the event of illegal behavior by one or more riders while behind the pacer. The race shall be rerun without the rider(s) at fault, who will be disqualified.
- (f) Any other restarts are at the discretion of the Chief Referee.

*Keirin Table in kilometers per hour*

| Length of Track | Total laps | Laps w/ Pacer | Pacer Speed (kph) |     |    |     |    |     |    |
|-----------------|------------|---------------|-------------------|-----|----|-----|----|-----|----|
|                 |            |               | Lap               |     |    |     |    |     |    |
|                 |            |               | 0                 | 0.5 | 1  | 1.5 | 2  | 2.5 | 3  |
| 250             | 6          | 3             | 30                | 33  | 37 | 40  | 43 | 47  | 50 |
| 333.33          | 5          | 2.5           | 30                | 34  | 38 | 42  | 46 | 50  |    |
| 400             | 4          | 2             | 30                | 35  | 40 | 45  | 50 |     |    |

*Keirin Table in miles per hour*

| Length of Track | Total laps | Laps w/ Pacer | Pacer Speed (mph) |     |    |     |    |     |    |
|-----------------|------------|---------------|-------------------|-----|----|-----|----|-----|----|
|                 |            |               | Lap               |     |    |     |    |     |    |
|                 |            |               | 0                 | 0.5 | 1  | 1.5 | 2  | 2.5 | 3  |
| 250             | 6          | 3             | 19                | 21  | 23 | 25  | 27 | 29  | 31 |
| 333.33          | 5          | 2.5           | 19                | 21  | 24 | 26  | 29 | 31  |    |
| 400             | 4          | 2             | 19                | 22  | 25 | 28  | 31 |     |    |

Following the UCI lead, rules have been revised to match the new UCI keirin rules. The overall length of the race has been shortened and the speed modified. The pacer leaves the track at the pursuit line and passing the pacer as it leaves the track has been clarified. A new speed table for the pacer has been added.

## 2I. Time Trial

**2I7.** The Kilometer and 500 meter Time Trial at the *Elite* National Championships *and qualifying events for UCI categories* shall be organized as follows:

- (a) *Qualifying rounds shall be organized in two-up heats to find the 4 best riders. In the finals each participant shall take the track alone.*
- (b) *This event shall be organized in two phases:*
- (i) *The qualifying rounds to select the 4 best riders on the basis of their times;*
  - (ii) *The finals.*

Following the lead of the UCI, qualifying rounds have been added to the kilometer and 500 meter time trials at Elite National Championships and other UCI qualifying events.

## 2K. Team Pursuit

**2K8.** *The organization of various rounds in team pursuit is the same as for individual pursuit. This event shall be organized in at least two phases:*

- (a) *The qualifying rounds to select the 4 best teams on the basis of their times;*
- (b) *The finals.*

*The teams having made the two best times shall ride off the final for first and second places, the two others shall ride off the final for third and fourth places.*

(c) *At the Elite National Championships, the 8 Teams recording the best times in the qualifying rounds shall be matched in the first competition round as follows:*

- (i) *The team having obtained the 6th fastest time against the one having obtained the 7th fastest time.*
- (ii) *The team having obtained the 5th fastest time against the one having obtained the 8th fastest time.*
- (iii) *The team having obtained the 2nd fastest time against the one having obtained the 3rd*

*fastest time.*

*(iv) The team having obtained the fastest time against the one having obtained the 4th fastest time.*

*(v) The finals heats shall be ridden in the inverse order to that stated below.*

*(vi) The winners of the last two heats in the first competition round shall ride the final for first and second places.*

*(vii) The remaining 6 teams shall be ranked according to their times from the first competition round except the two fastest teams shall ride the final for 3rd and 4th places.*

**2K9.** The **equipment** used for team pursuit shall be the same as for individual pursuit.

**2K10. Start.**

**(a)** ~~In the qualifying round teams shall be started one at a time except in extraordinary circumstances.~~ *In the qualifying rounds, each heat may contain 2 teams if more than 12 teams are registered. The seeding may be determined taking into account the targeted time communicated by the team manager at the rider confirmation, but without matching the two teams presumed to be the best.*

*Following the lead of the UCI, qualifying rounds have been added to the team pursuit. The revisions mirror new UCI regulations, with the exception that qualifying may be run two-up when there are more than 12 teams competing.*

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**2L. Team Sprint**

**2L1. Team Sprint** is a race run by teams of riders, each of whom shall lead for one lap. The number of riders per team (and total laps) may be specified as either three or two; generally it will be three for men and two for women. The event shall be organized into qualifying heats leading to a final. The qualifying heats select the four best teams on the basis of their times. In the finals, the teams with the two best times ride off for first and second and the other two teams ride off for third and fourth. In three lap events there may be four riders entered for each team, but no more than three of those riders may compete in a given round.

**(a)** *This event shall be organized in three phases at the Elite National Championships:*

*(i) The qualifying heats to select the 8 best teams on the basis of their times;*

*(ii) In the first competition round, the 8 best teams shall be matched as follows:*

*- The team having obtained the 4th fastest time against the one having obtained the 5th fastest time*

*- The team having obtained the 3rd fastest time against the one having obtained the 6th fastest time*

*- The team having obtained the 2nd fastest time against the one having obtained the 7th fastest time*

*- The team having obtained the fastest time against the one having obtained the 8th fastest time.*

*(iii) The finals*

*- The four winning teams from the first competition round shall dispute the finals. The teams having made the two best times shall ride the final for first and second places and the other two teams shall ride the final for third and fourth places.*

*- Teams beaten during the first competition round shall be placed fifth to eighth according to their times at that stage of the competition.*

*Following the lead of the UCI, three rounds have been added to the team sprint at Elite National Championships.*

---

**2L3. Successive Pulls**

**(a)** The leading rider shall move toward the outside of the track after one lap and then drop back and leave the track without hindering the other team.

(b) In two lap races the second rider shall complete the last lap alone; in three lap races the rider that was in second position shall lead the following lap and then shall drop out in the same manner.

(c) In three lap races the third rider shall complete the last lap alone.

(d) At the completion of their lap, the leading rear edge of the leading rider's front back wheel must cross the pursuit line ahead of the leading edge of the front wheel of the following rider. Thereafter, the leading rider must draw aside immediately and ride above the sprinter's line within 15 meters after the pursuit line.

(e) No rider may push or pull another rider.

(f) *If there is doubt that the above requirements have been met, a review of available information is to be made. If confirmed, the team shall be relegated to the last place in that stage of the competition.*

*Following the UCI, a provision has been added that allows review of available information (video to observation by an official) to determine if an exchange is proper.*

## 2M. Points Race

2M1. A points race is a rolling start scratch race in which the final placings are determined according to accumulated points won by riders during the sprints and by taking laps. In Championship events the sprint interval shall be 10 laps on tracks 250m or shorter; on longer tracks the interval shall be the number of laps closest to 2km. For all championship points races, if the specified distance for the event cannot be divided evenly by the sprint interval, the distance should be modified slightly so that the number of laps between sprints is the same throughout the race. In each sprint, the first four riders shall normally be awarded points in order of finish as follows: 5 points, 3 points, 2 points, 1 point. *Points awarded in the last sprint after the full distance will be doubled (10 points, 6 points, 4 points, 2 points).* Any rider who gains a lap on the main field will receive 20 points. Any rider who loses a lap to the main field will lose 20 points. Sprints shall be run according to the rules governing sprint races.

*Following the UCI's lead, double points have been added to the final sprint.*

## 2N. Madison

2N1. A **Madison** is a race run over a specified distance with intermediate sprints involving teams of two riders who relay each other. Ranking is determined on distance plus accrued points in the sprints.

2N2. The two riders shall wear the same jersey and shorts and shall wear the same rider number.

2N3. **Sprints for points** shall be held in the same manner as a points race. In Championship Madisons, sprints will occur every 10 ~~20~~ laps, *for a total distance equal or close to 50 km for Men Elite, 30 km for Women Elite, 30 km for Men Juniors and 20 km for Women Juniors, according to the following table.* The Race Director may specify different points allocations provided that he informs the officials and riders in writing in advance of the race. The first team in each intermediate sprint shall be awarded 5 points, the second 3 points, the third 2 points, and the fourth 1 point. *Points awarded in the last sprint after the full distance will be doubled (10 points, 6 points, 4 points, 2 points).*

| TRACK LENGTH<br>(in m) | MEN   |       | WOMEN |       | MEN JUNIORS |       |       |       | WOMEN JUNIORS |       |       |       |
|------------------------|-------|-------|-------|-------|-------------|-------|-------|-------|---------------|-------|-------|-------|
|                        | Final |       | Final |       | Qualifying  |       | Final |       | Qualifying    |       | Final |       |
|                        | 50 km |       | 30 km |       | 15 km       |       | 30 km |       | 10 km         |       | 20 km |       |
|                        | Laps  | Sprts | Laps  | Sprts | Laps        | Sprts | Laps  | Sprts | Laps          | Sprts | Laps  | Sprts |
| 250                    | 200   | 20    | 120   | 12    | 60          | 6     | 120   | 12    | 40            | 4     | 80    | 8     |
|                        | MEN   |       | WOMEN |       | MEN JUNIORS |       |       |       | WOMEN JUNIORS |       |       |       |
|                        | Final |       | Final |       | Qualifying  |       | Final |       | Qualifying    |       | Final |       |
|                        | 50 km |       | 30 km |       | 15 km       |       | 30 km |       | 15 km         |       | 30 km |       |
|                        | Laps  | Sprts | Laps  | Sprts | Laps        | Sprts | Laps  | Sprts | Laps          | Sprts | Laps  | Sprts |
| 285.7                  | 140   | 20    | 84    | 12    | 56          | 8     | 84    | 12    | 35            | 5     | 70    | 10    |
| 333.3                  | 120   | 20    | 72    | 12    | 48          | 8     | 72    | 12    | 30            | 5     | 60    | 10    |

|     |     |    |    |    |    |   |    |    |    |   |    |    |
|-----|-----|----|----|----|----|---|----|----|----|---|----|----|
| 400 | 100 | 20 | 60 | 12 | 40 | 8 | 60 | 12 | 25 | 5 | 50 | 10 |
|-----|-----|----|----|----|----|---|----|----|----|---|----|----|

**2N4. Gaining and losing laps** by teams in a Madison race are determined in the same way as for riders in a points race.

**2N5. Final placings** are determined by ~~number of laps completed and secondarily by~~ points earned in sprints *and points earned or deducted in gaining or losing laps to the field.* ~~Teams having covered the same number of laps are placed according to the number of points scored.~~ Where there is a tie on ~~laps and~~ points, the places in the final sprint shall decide. *Any team that gains a lap on the main bunch is awarded 20 points. Any team that loses a lap on the main bunch is deducted 20 points.*

**2N6.** At the **start** of the race, the "racing" riders, formed of one rider of each team, take their places at the start. The "relief" riders, formed of the other riders of each team, shall be lined up along the opposite outside railing. After a neutralized lap, a flying start shall be given to the "racing" riders by means of a pistol shot. During the neutralized lap, the "relief" riders must remain motionless.

**2N7. Relieving Partners.**

(a) A rider entering the track from the blue band shall do so on the homestraight or backstraight and must not interfere with riders already on the track. A rider leaving the track should stop on the blue band in one of the straights, but never on turns.

(b) In order to make a change from racing rider to relief rider, a rider must draw even with the teammate. The relay may be made by a handsling, touching, pushing, pulling, or by merely drawing even with the partner.

(c) A relay without the partners drawing even (a wireless pickup) may result in a team being penalized a lap.

(d) In relieving, the members of a team must not interfere with other competitors. The relieved rider must stay on the inside of the track or continue in a straight line from wherever the exchange was made until all other riders in that group have passed safely. When the track is clear, the relieved rider may move up the track and proceed slowly until time for the next exchange. If there are special regulations on where the riders must stay, they must be explained clearly to the riders before the race.

**2N8. Mishaps.** Should one of the riders suffer a mishap, his teammate shall immediately take the team position and continue to race without relief until his teammate returns, and no free laps are granted. If both riders suffer mishaps, the team shall be entitled to free laps equal to the number of laps nearest 1000 meters. On returning to the race, a member of the team shall resume the position the team occupied before the mishap. Teams taking free laps may not return to the track in the final kilometer; a team entitled to free laps at that point shall be placed according to the laps and points held at the time of the mishap.

**2N9.** Teams lapped three times by the main bunch may be removed from the race.

**2N10.** In the case of a fall involving over one-half of the teams (calculated on the basis of one rider per team), the race shall be stopped and the officials shall determine the duration of the stoppage. A new start shall be taken and each team shall retain the laps won or lost at the moment of the fall.

**2N11.** If the track becomes impracticable to race for any reason, the commissaires shall decide as follows:

|                       | Elite        | Junior   |  |
|-----------------------|--------------|----------|--|
| Race stopped before:  | 20 km        | 10 km    | resume entirely the same day                     |
| Race stopped between: | 20 and 40 km | 10-25 km | resume race with points and laps acquired so far |
| Race stopped after:   | 40 km        | 25 km    | results stand                                    |

|                      | Men   | Women | Men Juniors | Women Juniors |                         |
|----------------------|-------|-------|-------------|---------------|-------------------------|
| Race stopped before: | 20 km | 10 km | 10 km       | 8 km          | rerun entirely the same |

|                       |          |          |          |         |  |
|-----------------------|----------|----------|----------|---------|--|
|                       |          |          |          |         | day  |
| Race stopped between: | 20-40 km | 10-25 km | 10-25 km | 8-15 km | resume race with points and laps acquired so far |
| Race stopped after:   | 40 km    | 25 km    | 25 km    | 15 km   | let the result stand                             |

Following the lead of the UCI, the Madison format has been changed to mirror that of a points race.

**203. International-style Omnium:** this is a different event from conventional omniums, with different scoring, tie-breaking, and the requirement that riders must compete in all events. The following rules apply:

**(a)** The International-style omnium is a single competition consisting of ~~four~~ **six** events, which usually is held over ~~one day~~ **two days** in the following order:

(i) ~~Scratch race: 10 15km for elite men; 7.5 10km for elite women and junior men; 5 7.5km for junior women.~~

(ii) ~~Tempo Race: 10km for elite men; 7.5km for elite women and junior men; 5km for junior women.~~ Individual pursuit: 4000m for elite men; 3000m for elite women and junior men; 2000m for junior women. The race is run without finals, with riders seeded from the overall ranking after the scratch race

(iii) Elimination race.

(iv) ~~Time Trial: 1000m for men and 500m for women, respectively (riders are seeded from the overall ranking after the elimination race).~~

(v) ~~Flying lap time trial: one lap for tracks up to 250m in length, or 250m for larger tracks.~~

(iv) ~~(vi) Points race: 25 40km for elite men; 20 25km for elite women; 20 25km for junior men; 15 20km for junior women. The sprint intervals are the same as for championship points races.~~

**(b)** In competitions for which the number of riders entered exceeds the track limit and there is no existing qualification system to establish the number of participating riders, their selection shall be determined as follows:

(i) All riders entered shall first participate in qualifying points race heats – 15 km for elite men; 10 km for elite women and junior men; and 7.5 km for junior women. The heats shall be run so as to qualify up to the track maximum number of riders without necessarily qualifying the maximum number of riders permitted. An equal number of riders shall qualify from each heat to participate in the omnium.

(ii) All riders not qualifying to participate in the omnium shall be placed jointly in last position. Any riders not finishing any of the qualifying rounds shall not be placed (DNF).

**(c)** Whenever possible, there shall be an interval of at least 30 minutes between two events.

**(d)** Any rider failing to start in one of the events shall not be allowed to compete in the subsequent events and will be considered to have abandoned the competition. The rider will be placed last in the competition noting that they did not finish (DNF).

**(e)** For the points, elimination, and scratch races, riders shall be lined up in single file along the railing and in the sprinters lane in the order listed on the start list. This order shall be based on the current omnium rankings. Riders with odd-numbered placings will start in the sprinters lane and riders with even-numbered placings will start off of the railing.

**(f)** ~~The pursuit and 1000m/500m time trial should be conducted with two riders on the track at the same time if possible.~~

**(f)** Ranking:

(i) A full result shall be produced for the first ~~three~~ **five** events.

- (ii) For these **three five** events only, each winner shall be awarded 40 points, each second place shall be awarded 38 points, each third place shall be awarded 36 points, etc. Riders ranked 21st and below shall each be awarded 1 point.
- (iii) Prior to the start of the Points Race, a current ranking with the points totals shall be drawn up, and riders will start the Points Race with these points accrued over the first **three five** events. Riders shall add to, and lose points from, their points totals based on laps gained and lost, and points won in sprints, during the Points Race. Final overall Omnium ranking shall evolve through the Points Race. The winner of the Omnium shall be the rider who has obtained the highest total of points.
- (iv) Any rider abandoning any of the events shall be considered to have abandoned the competition and shall be recorded in the final classification after the last placed rider with the provision "DNF" (did not finish).
- (v) *The winner of the Omnium shall be the rider who has obtained the highest total of points.*
- (vi) ~~(v)~~ Other than for the Elimination, any rider being withdrawn from any of the events shall be penalized with a deduction of 40 points.
- (vii) ~~(vi)~~ In the case of the Scratch Race *and the Tempo Race*, any rider not finishing due to a fall, or due to the fact that they may not return to the track in the final kilometer, ~~shall be awarded one (1) point~~ *will be allocated the next available ranking (and points) considering the number of riders remaining on the track at this moment.*
- The rider caught up by the main peloton must immediately leave the track and their ranking will be determined by the number of riders remaining on the track at this moment.*
- In the case of the Points Race, the rider not being able to return to the track during the final kilometer will have its place in the last sprint determined in consideration of the number of riders remaining on the track at this moment.*
- (viii) ~~(vii)~~ In the event of a tie in the final ranking, the places in the final sprint of the last event, the Points Race shall break the tie.

*The International Omnium has been modified per UCI regulations. The Omnium is now four endurance races run on the same day.*

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## **2P. International Tempo Race (Omnium)**

- 2P1.** *The International Tempo Race is a specialty in which the final placings are determined according to accumulated points won by riders during the sprints and by taking laps.*
- 2P2.** *Except for the specific details (even implicit) in this sub-section, the rules of the Points Race shall apply equally to the International Tempo Race.*
- 2P3.** *After the first 5 laps, sprints shall be conducted every lap. After the completion of four laps, the bell will be rung to indicate the start of the sprint laps.*
- 2P4.** *The first rider in each sprint shall be awarded 1 point, including for the final sprint.*
- (a)** *Any rider that gains a lap on the main field is awarded 4 points.*
- (b)** *Any rider caught up by the main peloton must immediately leave the track and loses points accrued in this race. Their ranking will be determined by the number of riders remaining on the track at this moment.*
- 2P5.** *Before the start, half of the riders shall be lined up along the railings, the other half lining up in single file in the sprinter's lane.*
- 2P6.** *A flying start shall be taken after a neutralized lap during which the riders shall ride in a compact group at a moderate speed.*

*The new UCI International Omnium has added a Tempo Race. These rules have referred to it as an International Tempo Race in order not to be confused with Tempo Races commonly run across the country.*

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## **Chapter 3 - Road**

### **3A7. Category A events.**

(f) Provide at least two body numbers *and one frame number* for competitors in massed-start events; *frame numbers are ~~required~~ recommended.*

*Requires frame numbers for Cat. A events.*

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### **3C4. Caravan.**

(b) Team cars and neutral service vehicles should be 1.66 meters in height or less, with windows that are not opaque. If non-complying vehicles are allowed in the caravan, the Chief Referee may change their position based on vehicle characteristics. *Caravan vehicles may not utilize rear mounted bike racks or carriers.*

*Prohibits rear mounts racks in caravan races.*

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## **Chapter 4 - Cyclo-cross**

**4A10.** The course may include a single section of temporary artificial barriers. This shall consist of two barriers of wooden or other non-metallic material, standing vertically, up to 40cm tall, between 4 and 6 meters apart, and taking up the full width of the race course. The surfaces of the barriers must have no gaps from the top to the ground. Barriers may be placed on flat or uphill terrain; downhill barriers are expressly forbidden. *Either or both of the planks referenced above may be replaced by one or two tree logs whichever the case may be. If a tree log is used, its maximum thickness shall be below 40cm. Otherwise, all rules applicable to the specifications of planks shall apply to tree logs as well.*

*Updates to reflect current UCI language*

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**4C1.** A rider may use the pit lane only to change a bicycle or wheel(s) *or for other mechanical assistance.*

*Clarifies that you can do more than change a wheel or bicycle in the pit and mirrors UCI language.*

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**4A15.** Feeding is generally not permitted unless specifically authorized by the Chief Referee. If authorized, there is normally no feeding in the first two and final two laps of the race, and a temperature of at least 68 degrees is recommended. *All feeding takes place in the pit lane, unless the Chief Referee specifies otherwise. The location for feeding will be determined by the Chief Referee in conjunction with the Race Organization.*

*Removes the requirement to feed in the pit where allowed. If feeding is allowed the Chief Referee is encouraged to find an appropriate location outside the pit.*

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## **Chapter 7 - National Championships**

### **7B. National Championship Eligibility**

**7B1.** National Championships are open only to riders who hold USA Cycling rider annual licenses *or recognized license from a UCI affiliated federation*, and meet other qualifications stated in these rules.

(a) National Championships for Junior 17-18, Under 23, and Elites may only be entered by *riders US Citizens with a USA racing nationality as shown on their license. who are USA citizens or are members in the US Armed Forces.*

(b) Regardless of any general rule pertaining to National Championship eligibility, any National Championship that is a direct qualifier for the World Championships or Olympic Games may only be

entered by riders who are eligible under international regulations to enter those events as part of the U.S. team.

(c) In National Championships, women may not enter men's events.

**7B2.** In order to compete in the National Championships, a rider must meet any established performance standards. However, National Champions may defend their titles without having to qualify provided that they are otherwise eligible.

**7B3. Junior Championships** are open only to riders in the specified age range of the event who meet other qualification requirements (citizenship and category) stated elsewhere.

**7B4. Under 23 (U23) Championships** are open only to riders with the racing age of 19 to 22 *who are US Citizens with a USA racing nationality as shown on their license* who are USA citizens as shown on their licenses, subject to category restrictions shown with the events below.

~~(a) U23 riders who are members of UCI ProTour Teams are Elite riders and not eligible for Under 23 Championships.~~

~~(a b) U23 Championships may be conducted as separate events or as a combined event with the Elite Championships at the discretion of USA Cycling.~~

**7B5. Amateur/Elite National Championships** are open only to riders with a racing age of 17 or higher *who are US citizens with a USA racing nationality as shown on their license* who are USA citizens as shown on their licenses.

**7B6. Masters National Championships** are open only to Masters riders with racing ages in the specified ranges who are USA citizens, or permanent residents (green card) *who hold a USA Cycling annual license as shown on their licenses*. Riders with a racing age of 30 and greater, who hold Elite status may not enter Masters Championships.

(a) In Masters Championship events with an age bracket (e.g., 35-39), riders must compete in their proper age bracket. If the age class is open-ended (e.g. 35+), then they may enter one of the age classes per discipline for which they meet the minimum age.

*Cleaned up language to specify the following:*

*For "UCI categories", riders must have a USA racing nationality.*

*For other categories riders must be US citizens, OR, be permanent resident with an annual USAC license*

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~~**7B8. Mountain Bike Qualification.** For cross-country and downhill national championships, all riders other than pros must be qualified in order to compete. Riders may qualify for National Championships in one of the four ways listed below.~~

~~(a) All defending USA Cycling Mountain Bike Champions are automatically qualified to compete in their respective discipline.~~

~~(b) The top 15 riders in each discipline, class, and category offered at any USA Cycling MTB National Calendar event (ProXCT, ProGRT, etc.), or any USAC MTB State or Regional Championship event (whether a one-day or series event), will be qualified to compete in their respective disciplines.~~

~~(c) Compete in three sanctioned USA Cycling mountain bike races in a discipline to qualify for that discipline.~~

~~(d) The top six riders from each of the USA Cycling Junior Development Regional Mountain Bike Camps will be qualified to compete in their respective discipline.~~

~~**7B9. Mountain Bike Qualification Guidelines**~~

~~(a) Riders shall compete in the highest ability category for each respective discipline in which they have qualified for the USAC National MTB Championships. Masters riders who qualify in a younger age group in the same ability category are qualified, but will compete in their official racing age group at the USAC MTB National Championships.~~

~~(b) The qualification period opens the first Saturday after the National Championship in the respective discipline. The qualification deadline is the last Sunday before each respective National Championship.~~

**7B8. Mountain Bike Qualification:** *Qualification standards for cross country and downhill national championships will be published 6 months before the National Championships in each discipline.*

*Creates a timeline for publication of qualification policy.*

**7D3. Category Restrictions.** For track mass start national championships classes, riders must meet the following category restrictions:

| <b>Men</b>          |                | <b>Women</b>        |                |
|---------------------|----------------|---------------------|----------------|
| <del>9-11</del> -16 | No Restriction | <del>9-11</del> -18 | No Restriction |
| 17-18*              |                | Cat 1/2/3 Only      |                |
| Elite*              | Cat 1/2 Only   | Elite*              | Cat 1/2/3 Only |
| 35-54               | Cat 1/2/3 Only | 35-54               | Cat 1/2/3 Only |
| 55+                 | No Restriction | 55+                 | No Restriction |

\*For the purposes of the Elite group only, sprints will be considered a mass start event.

**7D4. Scratch race championships.** The following scratch race distances shall be held.

| <b>Men</b>      |                       | <b>Women</b>    |                       |
|-----------------|-----------------------|-----------------|-----------------------|
| <del>9-10</del> | <del>1 km, 2 km</del> | <del>9-10</del> | <del>1 km, 2 km</del> |
| 11-12           | 1 km, 2 km            | 11-12           | 1 km, 2 km            |
| 13-14           | 4 km                  | 13-14           | 4 km                  |
| 15-16           | 8 km                  | 15-16           | 6 km                  |
| 17-18           | 10 km                 | 17-18           | 7.5 km                |
| Elite           | 15 km                 | Elite           | 10 km                 |
| 35-49           | 10 km                 | 35+             | 5 km                  |
| 50-59           | 7.5 km                |                 |                       |
| 60+             | 5 km                  |                 |                       |

*Removes 9-10 age group. Allows lower categories to compete in Elite match sprint.*

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**7D6. Keirin championships.** The following classes shall have Keirin tournaments.

| <b>Men</b>           | <b>Women</b>         |
|----------------------|----------------------|
| <del>15-16</del> -18 | <del>15-16</del> -18 |
| Elite                | Elite                |

**7D7. Time trial championships.** The following time trial distances shall be held.

| <b>Men</b>                | <b>Women</b>              |
|---------------------------|---------------------------|
| <del>9-11</del> -16*500 m | <del>9-11</del> -18*500 m |
| 17-18 1000 m              |                           |
| Elite 1000 m              | Elite 500 m               |
| 35-49 1000 m              | 35+ 500 m                 |

*Adds 15 year olds to Keirin. Removes 9-10 category.*

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**7D13. Omnium championships.** The following groups shall have omnium events held at championship events.

| <b>Men</b>          | <b>Women</b>        |
|---------------------|---------------------|
| <del>9-11</del> -16 | <del>9-11</del> -16 |
| 17-18*              | 17-18*              |
| Elite*              | Elite*              |

\*Omniums will be run as international-style.

*Removes 9-10 category.*

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## **7E. Road Championships**

**7E1.** Road Championships shall comprise four events: road race, criterium, individual time trial, and team time trial.

**7E2.** Courses for National Road Championships shall have the characteristics given in the Racing Rules for each event and in addition shall be in excellent repair and be closed to traffic except for vehicles authorized by the officials. In particular:

(a) Road races are to be held on selective circuits, accessible to spectators, and which contain climbing, descending, and flat sections, but with few sharp or difficult turns. The climbs may be of fairly steep gradients.

(b) Individual and team time trials are to be held on relatively flat courses that have no sharp turns.

(c) Criteriums are to be held on relatively flat circuits from 1-3 km in length in an urban location readily accessible to spectators.

*7E2. National Championships shall follow and adhere to the course characteristics and regulations as outlined in Chapter 3*

(d) Junior 9-11-14 Championship courses must be closed to traffic.

*National Championships will utilize general racing regulations.*

**7E3. Category Restrictions.** For all road race and criterium national championships classes, riders must meet the following category restrictions:

| <b>Men</b> |                | <b>Women</b> |                |
|------------|----------------|--------------|----------------|
| 9-11-14    | No Restriction | 9-11-18      | No Restriction |
| 15-16      | Cat 1/2/3 Only |              |                |
| 17-18      | Cat 1/2/3 Only |              |                |
| U23        | Cat 1/2 Only   | U23          | Cat 1/2/3 Only |
| Amateur    | Cat 1 only     |              |                |
| 35-54      | Cat 1/2/3 Only | 35-44        | Cat 1/2/3 Only |
| 55+        | No Restriction | 45+          | No Restriction |

*Removes 9-10 year old class.*

**7E4. Road Race Championships.** National road race championships shall meet the following distances.

| <b>Men</b> |            | <b>Women</b> |           |
|------------|------------|--------------|-----------|
| 9-10       | 10-30 km   | 9-10         | 10-30 km  |
| 11-12      | 10-30 km   | 11-12        | 10-30 km  |
| 13-14      | 15-40 km   | 13-14        | 15-30 km  |
| 15-16      | 40-80 km   | 15-16        | 30-60 km  |
| 17-18      | 80-120 km  | 17-18        | 60-85 km  |
| U23        | 140-180 km | U23          | 85-140 km |
| Amateur    | 140-200 km |              |           |
| Pro/Elite  | 150-225 km | Pro/Elite    | 85-140 km |
| 35-39      | 60-115 km  | 35-49        | 45-95 km  |
| 40-49      | 50-115 km  | 50-59        | 35-90 km  |
| 50-59      | 45-110 km  | 60+          | 35-80 km  |
| 60-69      | 45-100 km  |              |           |
| 70+        | 45-65 km   |              |           |

*Removes 9-10 year old class. Designates Pros as the Elite nationals.*

**7E5. Criterium Championships.** Criterium national championships shall meet the following *maximum* distances:

| <b>Men</b> |        | <b>Women</b> |        |
|------------|--------|--------------|--------|
| 9-10       | 20 min | 9-10         | 20 min |
| 11-12      | 20 min | 11-12        | 20 min |
| 13-14      | 30 min | 13-16        | 30 min |
| 15-16      | 45 min | 17-18        | 45 min |
| 17-18      | 60 min |              |        |
| U23        | 75 min | U23          | 75 min |
| Amateur    | 75 min |              |        |
| Pro/Elite  | 90 min | Pro/Elite    | 75 min |
| 35-44      | 75 min | 35-44        | 60 min |

|       |        |     |        |
|-------|--------|-----|--------|
| 45-59 | 50 min | 45+ | 45 min |
| 60+   | 45 min |     |        |

*Removes 9-10 year old class. Designates Pros as the Elite nationals. Increases U23 womens' distance.*

**7E6. Individual Time Trial Championships.** National Time trial championships shall meet the following distances:

| <b>Men</b>          |          | <b>Women</b>        |          |
|---------------------|----------|---------------------|----------|
| <del>9-11</del> -14 | 8-12 km  | <del>9-11</del> -14 | 8-12 km  |
| 15-18               | 16-24 km | 15-18               | 16-24 km |
| U23                 | 30-50 km | U23                 | 20-40 km |
| Amateur             | 30-50 km |                     |          |
| Pro/ <i>Elite</i>   | 30-50 km | Pro/Elite           | 20-40 km |
| 35-64               | 20-40 km | 35-54               | 20-40 km |
| 65+                 | 15-20 km | 55+                 | 15-20 km |

*Removes 9-10 year old class. Designates Pros as the Elite nationals.*

**7E7. Team Time Trial Championships.** National Team Time Trial championships shall be conducted for classes as follows:

| <b>Men</b>        | <b>Women</b> |
|-------------------|--------------|
| Pro               | Pro*         |
| Amateur (Cat 1)** |              |
| 35+               | 35+          |
| 50+               |              |

*Juniors 15-18                  Junior 15-18*

\* open to women's UCI teams and registered domestic elite teams

\*\* open to registered domestic elite teams

*Adds a Junior TTT National Championship for 15-18.*

**7E8. Tandem Championships.** Tandem championships shall be conducted in the following age groups.

| <b>Men</b> | <b>Women</b> | <b>Mixed</b> |
|------------|--------------|--------------|
| Open       | Open         | Open         |
| 70+        | 70+          | 70+          |
| 90+        | 90+          | 90+          |
| 110+       | 110+         | 110+         |

Tandems events will be held in only the time trial and road race disciplines. The time trial events shall be conducted over a distance of 30-50 km and the road race shall be conducted over a distance of 60-90 km.

*Eliminates Tandem Road Championships.*

**7E9. Hill Climb National Championships.** The following classes shall have a hill climb national championship.

| <b>Men</b>            | <b>Women</b>          |
|-----------------------|-----------------------|
| Jr.* <del>15-18</del> | Jr.* <del>15-18</del> |
| Pro/Open              | Pro/Open              |
| 30-39                 | 30-39                 |
| 40-49                 | 40-49                 |
| 50-59                 | 50-59                 |
| 60-69                 | 60+                   |
| 70+                   |                       |

*\*Junior age restrictions are determined based on the characteristics of the course in a given year and publicized in the event special regulations.*

*Allows staff to base allowed junior ages on the course for a given year.*

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## 7F. Cyclo-cross Championships

**7F1. Category Restrictions.** For all national championships classes, riders must meet the following category restrictions:

| <b>Men</b> |                | <b>Women</b> |                |
|------------|----------------|--------------|----------------|
| 9-11-16    | No Restriction | 9-11-18      | No Restriction |
| 17-18      | Cat 1/2/3 Only |              |                |
| U23        | Cat 1/2/3 Only | U23          | Cat 1/2/3 Only |
| Elite      | Cat 1/2 Only   | Elite        | Cat 1/2/3 Only |
| 30-54      | Cat 1/2/3 Only | 30-44        | Cat 1/2/3 Only |
| 55+        | No Restriction | 45+          | No Restriction |

*Removes Junior 9-10 class.*

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**7F2. Cyclo-cross distances.** Cyclo-cross national championships shall meet the following distances:

| <b>Men</b>  |           | <b>Women</b> |           |
|-------------|-----------|--------------|-----------|
| 9-10        | 20 min    | 9-10         | 20 min    |
| 11-12       | 20-25 min | 11-12        | 20-25 min |
| 13-14       | 20-25 min | 13-14        | 20-25 min |
| 15-16       | 30 min    | 15-16        | 30 min    |
| 17-18       | 40 min    | 17-18        | 30-40 min |
| U23         | 50 min    | U23          | 40 min    |
| Elite       | 60 min    | Elite        | 40-50 min |
| Singlespeed | 40 min    | Singlespeed  | 40 min    |
| 30-54       | 45 min    | 30-44        | 40 min    |
| 55+         | 40 min    | 45+          | 35 min    |

*Removes Junior 9-10 class. Brings women's distances in line with UCI standards. Allows flexibility in younger junior race times.*

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**7F3. Cyclo-cross national championships qualifying.** Elite men and elite women must qualify for the national championships in one of two ways:

- (a) Be in the top 90 of the USA Cycling ProCX rankings as of a specific cutoff date to be determined (in principle a month before the event).
- (b) Have UCI points for the current season

Riders who enter the top 90 in the ProCX rankings or acquire UCI points after the cutoff date but prior to the close of online registration will also be eligible. Riders who fall out of the top 90 in the rankings after registering will continue to be eligible. All UCI points are based on what is shown on the UCI website.

*7F3. Cyclo-cross national championship qualifying and callups: Qualification standards and callup procedures for cyclo-cross will be published 6 months before the National Championships.*

*Moves specific qualifications out of the regulations, and sets timeline for qualification and callups.*

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## 7G. Endurance Mountain Bike Championships

**7G1.** Endurance mountain bike national championships shall comprise *four* events: cross-country, short track cross-country, *fat bike* and marathon.

**7G2. Category Restrictions.** For all cross-country national championships classes, riders must meet the following category restrictions:

| <b>Men</b>          |                | <b>Women</b>        |                |
|---------------------|----------------|---------------------|----------------|
| <del>6-11</del> -14 | No Restriction | <del>6-11</del> -14 | No Restriction |
| 15-18               | Cat 1/2 Only   | 15-18               | Cat 1/2 Only   |
| U23                 | No Restriction | U23                 | No Restriction |
| Elite               | Pro            | Elite               | Pro            |
| Singlespeed         | No Restriction | Singlespeed         | No Restriction |
| 23-54               | Cat 1/2 Only   | 23-49               | Cat 1/2 Only   |
| 55+                 | No Restriction | 50+                 | No Restriction |

**7G3. Cross-Country Championships.** The following classes shall have a cross-country national championship event held.

| <b>Men</b>             | <b>Women</b>           |
|------------------------|------------------------|
| <del>6-8</del>         | <del>6-8</del>         |
| <del>9-10</del>        | <del>9-10</del>        |
| 11-12                  | 11-12                  |
| 13-14                  | 13-14                  |
| 15-16                  | 15-16                  |
| 17-18                  | 17-18                  |
| U23                    | U23                    |
| Elite                  | Elite                  |
| Singlespeed            | Singlespeed            |
| 30+ (by 5 year groups) | 30+ (by 5 year groups) |

*Eliminates all national championships for 10 and under.*

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**7G4. Short Track Cross-Country Championships.**

**(a)** The following classes shall have short track cross-country national championship event.

| <b>Men</b>                    | <b>Women</b>                  |
|-------------------------------|-------------------------------|
| Pro/Elite                     | Pro                           |
| <del>9-11</del> -14 (cat 1-3) | <del>9-11</del> -16 (cat 1-3) |
| 15-18*                        | 17+*                          |
| 19-29*                        |                               |
| 30+*                          |                               |

\*Riders must be a Cat 1 to enter these events.

**(b)** There will be a 50-rider field limit per category/class. If more than 50 riders enter in a category/class, then qualifying heats will be conducted.

*Eliminates all national championships for 10 and under. Restricts men 11-14 to Cat. 1-3.*

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**7G5. Fat Bike Championships.** The following classes shall have a Fat Bike national championship event. Awards will be given only in these classes.

| <b>Men</b>       | <b>Women</b>     |
|------------------|------------------|
| Pro/Open         | Pro/Open         |
| <del>11-14</del> | <del>11-14</del> |
| 15-18            | 15-18            |
| 19-29            | 19-29            |
| 30-39            | 30-39            |
| 40-49            | 40-49            |
| 50-59            | 50-59            |
| 60+              | 60+              |

*Ads an 11-14 junior category.*

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**7G6. Marathon Championships.** The following classes shall have a marathon national championship.

**Men**

Pro/Open 19~~7~~+  
 Singlespeed  
 19-29  
 30-34  
 35-39  
 40-44  
 45-49  
 50-59  
 60+

**Women**

Pro/Open 19~~7~~+  
 Singlespeed  
 19-29  
 30-39  
 40-49  
 50+

~~(a) The course will be either point to point, or a circuit disputed over one or two laps.~~

(b) All riders must be race age 19 ~~17~~ at the time of the event. Anyone under that age will not be allowed to race.

**7G8. Non-championship events.** Non-championship events may be held at the discretion of USA Cycling, to be in conjunction with the already established national championship events.

*Opens Fat Bike up to younger juniors (17+). Eliminates course requirement for very long loop or point to point.*

**7H. Gravity MTB National Championships**

**7H1.** Gravity Mountain Bike National Championships shall be comprised of ~~3~~ 2 events: downhill, gated, and enduro.

**7H2. Category Restrictions.** For all gravity national championships classes, riders must meet the following category restrictions except as stated elsewhere:

**Men**

~~6-11~~-14 No Restriction  
 15-18 Cat 1 Only  
 Elite Pro  
 19-54 Cat 1 Only  
 55+ No Restriction

**Women**

~~6-11~~-14 No Restriction  
 15-18 Cat 1 Only  
 Elite Pro  
 19-49 Cat 1 Only  
 50+ No Restriction

**7H3. Downhill Championships.** The following classes shall have a downhill national championship.

**Men**

Pro  
~~6-8~~  
~~9-10~~  
 11-12  
 13-14  
 15-16  
 17-18  
 19-24  
 25-29  
 30-34  
 35-39  
 40-49  
 50+

**Women**

Pro  
~~6-8~~  
~~9-10~~  
 11-12  
 13-14  
 15-16  
 17-18  
 19-29  
 30-39  
 40+

*Eliminates all national championships for 10 and under.*

**7H4. Gated Championships.** USA Cycling can elect to hold either a dual slalom or four-cross national championship. The following classes shall be run in either of those championships.

**Men**

Pro  
~~9-11~~-14  
 15-18\*\*  
 19-29\*\*  
 30-39\*\*

**Women**

Pro  
 All non-pro\*

40+\*\*

\*This field is open to all women regardless of category.

\*\*Must be a cat 1 to race this event.

**(a)** Seeding for Dual Slalom at the USA Cycling National Championships will be based on a competitor's time of one run on the right side and one run on the left side of the course.

**(b)** Brackets for Dual Slalom are designated in Appendix 3.

*Eliminates all national championships for 10 and under.*

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**7J1.** State Championships are allocated by the Local Associations to race directors based on the criteria that the LA or its administrator shall determine. *Local Associations may combine several states into an Association, Regional or District Championship.*

**7J2. Classes and Categories**

**(a)** USA Cycling encourages State Championships to follow the same formats for disciplines and age groups as are used for National Championships.

**(b)** Local Associations may offer State Championships for specific categories or events that would not be offered at a National Championship.

**(c)** Local Associations may offer different combinations of classes and categories than would be found at a National Championship. However, women are not eligible for medals in men's events.

**7J3. Eligibility**

**(a)** To be eligible for a State Championship jersey or medal, a rider must hold a current USA Cycling annual license and reside in the state as shown on his license.

**(b)** State Championships are open to US Citizens and permanent residents (green card) *with a USA Cycling annual license.*

*Clarifies that permanent residents must have a USAC annual license.*

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**(c)** ~~UCI continental team and UCI women's team riders~~ *Members of UCI road teams* are not eligible for *road championships* unless there is a separate class for them.

*Clarifies that road pros are only restricted from eligibility for road championships. Language change to reflect allowance of all UCI teams in domestic events.*

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**(d)** At the option of the Administrators, State Championships may include riders who are ineligible for the championship but championship medals will be awarded only to riders who are eligible.

**(e)** When a local association comprises more than one state, all riders in the local association are eligible for at least one State Championship, depending on which states offer them. *Any questions regarding residency will be determined by USA Cycling.*

*Addresses specific issues by allowing USAC to determine residency and which championship the rider is eligible for.*

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## Chapter 9 - Records

**9C3. Record times** ~~may~~ *must* be based on automatic electronic timing ~~or manual but there must be at least two independent timings~~ *with manual timing as backup.*

*Requires electronic timing for record attempts.*

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## 9D. Distances Recognized

**9D1. Class A.** The following records shall be recognized by certificates and be listed on the USA Cycling website.

**(a)** All time trial events in which National Championships are currently conducted, including those that are part of an omnium. Master riders may hold records for their own or **Elite** age group. Junior riders may hold records for their own or older junior age groups or **for Under-23 or Elites**. Timings in pursuit events may be treated as time trials if the rider or team does not approach within 25 meters behind an opponent at any time during the event.

**(b) Elite and Under 23** men's, women's and mixed records for standing start road time trials at a distance of 40 km, and elite, *junior* and Under 23 men's and women's standing start track time trials at one hour. Masters or junior distances set at a standard of 40, 20, or 10 Km where applicable.

*Only allows U23s to hold records in that specific category. Creates a junior hour record.*

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## 9E1. Attempting National Records

**(a)** Obtain the necessary forms *and permissions* from USA Cycling *at least one month before the attempt*:

- (i) Permit
- (ii) Record Application *Form*
- (iii) Course Measurement Certificate
- (iv) Anti-Doping* coordination

**(b)** *USA Cycling* or the Technical Director will assign at least three officials to witness and assist timing of the event. The rider is responsible for paying fees, transportation, room and board where applicable for officials (see Schedule of Fees) and any ~~drug-control~~ *anti-doping* expenses.

**(c)** The course must be certified by a surveyor ~~and measured to one part in 10,000 in accuracy~~. *For metric standard tracks, the length of the track shall be based on the whole number of laps or half laps for 1 kilometer precisely, with a tolerance of plus 10 cm. For non-standard tracks, the distance of one lap, established by the average of 3 surveyed measurements with an accuracy of 1/100,000, shall be used for the lap distance.* The rider is responsible for this expense unless this course has been previously certified.

**(d)** For record attempts at National Championships, individuals will not have to provide the above. They will be arranged by USA Cycling. *The rider is responsible for submitting the record application to USA Cycling.*

**9E1(e):** *Anti-doping testing at the conclusion of an attempt is required for the confirmation of national records. For team events, all team members who have set the new record must be tested. The record will be confirmed only on the basis of a certificate issued by the laboratory indicating that the test proved negative.* Passed by BoD – implementation to begin in 2017

*Sets a timeline for a rider to obtain a permit for a record attempt, mainly to allow for coordination of anti-doping. Requires rider to submit paperwork. Other language clarifications. Officials contacted to conduct record attempts should ask the athlete to contact USA Cycling.*