

Our Schedule...

The Upper Room's Academy for Spiritual Formation follows a rhythm along the lines and spirit of a Benedictine pattern. Our time will be marked by elements of worship, rest/free time, study, silence, and community time.

Monday, August 27

- 3:00-5:00 pm Arrival & Check-in
- 5:00 Eucharist
- 6:00 Dinner
- 7:00 Orientation
- 8:00 Covenant Groups
- 9:10 Evening Prayer - The Great Silence

Tuesday, August 28 - Friday, August 31

- 7:30am Morning Prayer
- 8:00 Breakfast
- 9:00 Presentation (Dr. Amy Oden)
- 10:00 Silent Reflection
- 11:00 Plenary Discussion
- 11:30 Midday Prayer
- 12:00pm Lunch & Free Time
- 2:30 Presentation (Rev. Jerry Haas)
- 3:30 Silent Reflection
- 4:30 Plenary Discussion
- 5:00 Eucharist (Holy Communion)
- 6:00 Dinner & Free Time
- 7:30 Covenant Groups
- 8:45 Evening Prayer - The Great Silence

Saturday, September 1

Same Schedule as during the week but ending following lunch.

Salt and Light

Matt. 5:13-16 New International Version (NIV)
13 "You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.
14 "You are the light of the world. A town built on a hill cannot be hidden. 15 Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. 16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

What is the Five-Day Academy®?

The Five-Day Academy for Spiritual Formation is a program of Upper Room® Ministries, providing an opportunity for clergy and laity to draw close to a loving God through a daily rhythm of prayer, worship, learning, and reflection. Each day includes teachings by gifted spiritual leaders to deepen our walk with God, periods of silence, morning and evening prayer, Eucharist, and an opportunity to share with and encourage one another. We will experience a "taste" of this spiritual program.



Oblate Renewal Center is located 1 mile inside Loop 410 on Blanco Rd. only 10 minutes from the airport



Academy Leadership Team

Janet Weatherston - Retreat Leader

jweatherston@sbcglobal.net

Linda Baumheckel - Worship & Music

lbaumheckel@aol.com

David Hensley - Covenant Group Leader

davidbhensley@sbcglobal.net

Paula Long - Hospitality

plongonpt@gmail.com

Karen Keck - Registrar

karenkeck@att.net

What to Bring: Bible, Personal Journal, Comfortable Casual Clothing, Jacket, Swimsuit. *Bed linens & towels are provided.*

The Five-Day Academy for Spiritual Formation



A spiritual formation renewal program of THE UPPER ROOM®, offered by the Academy Council for Spiritual Formation, South Texas

Salt & Light

Taking In and Pouring Out as Gospel Living (Matthew 5:13-16)

Experience ways to deepen spiritual practices & explore ways to bear Christ's Light to the world.

Monday, August 27, 3:00 pm to Saturday, September 1, 1:00 pm

**Oblate Renewal Center
San Antonio, Texas**

REGISTRATION FORM

Event Dates: Aug. 27-Sept 1, 2018

Name: _____

Address: _____

City: _____ State: __ Zip: _____

Phone:(cell) _____

Phone:(other) _____

E-mail: _____

Sex: Male: _____ Female: _____

Local Church: _____

Denomination: _____

Laity: _____ Clergy: _____

Rates:

Early Registration, by March 26, 2018

Single Room \$550 Double Room \$400

Regular registration, by June 26, 2018

Single Room \$575 Double Room \$425

Late Registration, by August 20, 2018

Single Room \$600 Double Room \$450

Limited Double Rooms Available.

Non-refundable cancellation fee - \$50.

Please attach a short statement about why you are attending. This will be used to create covenant groups.

Physician-restricted diet or physical access

needs: _____

Make checks out to ***Rio Texas Conference*** and note "***Five Day Academy***" on your check. Please return this form with accompanying statement and payment to:

Karen Keck, Registrar

13510 Muses

Universal City, TX 78148-2840



Dr. Amy Oden

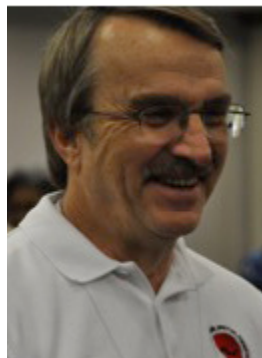
Having taught at Saint Paul School of Theology in Kansas City, Oklahoma City University, and Wesley Theological Seminary in Washington, DC where she also served as dean, Dr. Oden is now back at Saint Paul's Okla-

homa City campus. For 25 years, she has taught theology and history in service of the church. Her work includes making ancient voices, especially women's, accessible to current audiences. She also focuses on the radical practice of hospitality in early Christianity and its challenge for communities today. In addition, Dr. Oden teaches spiritual formation and companions students in seminary.

Our Presenters

Rev. Jerry Haas

After serving churches in Arizona, Jerry joined the Upper Room Staff as the Director of the Academy for Spiritual Formation and Emerging Ministries for 14 years. He extended the Academy overseas, directed a Lilly-funded initiative for pastors, and co-authored several books including *Cycle of Grace* with South African author and pastor, Trevor Hudson. In 2012, Jerry and wife Donna returned to Arizona where he now directs the Border Community Alliance dedicated to "bridging the border" with Mexico through education, collaboration, and cultural exchange.



Suggested Reading Prior to the Event

Dr. Amy Oden -

• *Right Here, Right Now:*
The Practice of Christian Mindfulness

Daniel Wolpert -

• *Creating a Life With God:*
The Call to Ancient Prayer Practices

Jerry Haas -

A commentary on the gospel of Matthew such as "The Gospel of Matthew: Introduction, Commentary and Reflections," M. Eugene Boring, *The New Interpreter's Bible, Volume VIII.*

2. *The Hidden Power of the Gospels: Four Questions, Four Paths, One Journey* by Alexander J. Shaia, Harper One, 2010. This book has been re-released under the title "*Heart and Mind: The Four Gospels Journey for Radical Transformation*".

Scholarship Information

Some **Clergy Scholarships** are available through Methodist Healthcare Ministries and the Rio Texas Conference Wellness Program.

Contact: **Eve Albert** - evealbert@riotexas.org
210-408-4551 Office • 210-408-4490 Fax

Some **Laity Scholarships** are available through the Academy Council Advance Special Fund.

Contact: **Rev. Donna Strieb** - dstrieb@ahumc.org
210-826-3215 Office • 210-826-3897 Fax

*Sponsored by the Academy Council
of South Texas*



The Academy
for spiritual formation
Spiritual Growth Through Disciplined Community