

Registration Information

We recommend that you register early as space is limited! Cost includes a single room with private bath, all meals, and full tuition. The Academy is a residential program; therefore, commuter rates are not available.

A non-refundable registration fee of \$100 is required to reserve your space at the Academy. This amount will be applied to your total cost.

Registration Fee: ___ \$100 Total Cost: ___ \$740

Registration/Payment Link: <http://www.eiseverywhere.com/fiveday18>

Limited scholarship assistance is available. Contact Cathy: 703-281-5506.

Questions? Contact Cathy Bowen at cathy.bowen@verizon.net

Payment questions? Kcho@wesleyvienna.org or 703-609-0519

3 CEUs are available for a fee of \$15.00. Forms will be available during the academy week.

Leadership Team

Cathy Bowen, team leader

Rev. Kimberly Barker-Brugman, spiritual direction

Rev. Kyungsuk Cho, registrar/ treasurer

Rev. Drew Colby, worship/music leader

Rev. John Hall, spiritual direction

Judy Hall, hospitality coordinator

Rev. Jeff Haugh, covenant group facilitator

Jerry Taylor, promotion/development

Sponsored by the VA Conference of the UMC in partnership
with The Upper Room

The Five-Day Academy for Spiritual Formation®

A program of The Upper Room®



Community and Healing Through God's Reconciliation



OCTOBER 14-19, 2018

Roslyn Retreat Center
Richmond, VA

The Five-Day Academy Invites:

All who are seeking spiritual growth

Laity and clergy, men and women

Worship, Study, Rest, Renewal

Silence, Solitude, and Community

Prayer and Reflection

Deepening relationship with God

*"They devoted themselves to the apostles' teaching and fellowship,
to the breaking of bread and to prayers" (Acts 2:42)*

WORSHIP: Worship shapes the heart and soul of this gathering. Following ancient practices, the day begins with Morning prayer and closes with Night Prayer; we begin and end each day with God. The Sacrament of Holy Communion or Eucharist is celebrated each day as well, a time to "taste and see the goodness of the Lord."

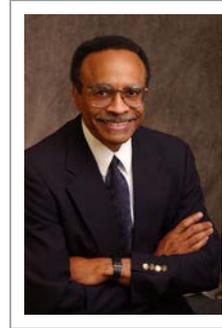
COMMUNITY: Throughout the week you will meet in a small group called a covenant group. Here you will be invited to reflect on your spiritual journey and share how God is working in you during the Academy. As the week goes on, the covenant group can be a sacred place for spiritual growth and intimacy.

DAILY RHYTHM: The Academy offers an opportunity to deepen your relationship with God through a daily rhythm of prayer, worship, learning, and reflection. Each day includes teaching by gifted faculty, periods of silence, and community time. Time for rest and reflection are a part of each day.

WHO WILL BE THERE? People seeking, listening, willing to grow and struggle. The key is a desire to grow in one's relationship to God. Multiple denominations will be represented. All are welcome to this community- to retreat, rest, and grow!

Our Faculty

Luther E. Smith, Jr.



Luther E. Smith, Jr. is Professor Emeritus of Church and Community at Candler School of Theology of Emory University. Dr. Smith writes and speaks extensively on issues of church and society, congregational renewal, interfaith cooperation, Christian spirituality, and the thought of Howard Thurman. Among his writings are: *Howard Thurman: The Mystic as Prophet; Intimacy and Mission: Intentional Community as Crucible for Radical Discipleship*; and, as editor of *Howard Thurman: Essential Writings*. Dr. Smith is an ordained elder of the Christian Methodist Episcopal Church.

Amy G. Oden



Amy Oden, Ph.D., is Professor of Early Church History and Spirituality, St. Paul School of Theology at Oklahoma City University, formerly at Wesley Seminary. Much of her work has been an effort to make ancient voices our companions for today. Her recent scholarship has focused on the radical practice of hospitality in early Christianity and its challenge for communities today. Among her writings are: *And You Welcomed Me: Sourcebook on Hospitality in Early Christianity*; *God's Welcome: Hospitality for a Gospel-Hungry World* and *Right Here, Right Now: The Practice of Christian Mindfulness*.

