



2025 PERKS FOR PART TIME EMPLOYED CLINICIANS

Teladoc Health Medical Group P.A. Employed Clinicians
Working Less Than 30 hours per Week

Teladoc Health Services (Think Virtual First!)

Teladoc Health Medical Group employed clinicians have access to virtual care services at no cost for you and your eligible dependents. For most Teladoc Services, eligible dependents are defined as spouse, children, domestic partner, and children of your domestic partner.

BetterHelp & BetterSleep

BetterHelp provides convenient and confidential online mental health services. Text, talk, or video chat with a licensed, professional therapist, anytime, anywhere. Individual and couples counseling are available to you and one dependent age 18+ at no cost. Teen Counseling is also available for dependents ages 13-19 in lieu of individual or couples counseling (teen accounts must be managed by a parent).

BetterSleep is an app that helps you unwind and fall asleep easily by giving you free reign to a mix of soothing sounds, meditations and shelves of bedtime stories. Teladoc Health Medical Group employed clinicians enjoy free premium access.

Retirement 401(k): [Fidelity Investments](#)

Teladoc Health supports its employee's retirement goals by providing a robust and flexible 401(k) program through Fidelity Investments which allows for pre-tax deferral contributions as well as post tax Roth IRA contributions. Employed clinicians who are at least 18 years old are eligible to participate in the Plan. After completing 12 months of service, Teladoc Health matches employee contributions at 100% up to the first 4% contributed. Employee and employer contributions are 100% vested immediately.