

MEDITATION

**Praise be Your name, Lord of the universe, and
praised be Your sovereignty. May Your favor
abide with Your people Israel, and may Your
redeeming power be revealed to them in your
sanctuary. Grant us the good gift of Your light,
and with compassion accept our prayer.**

**May it be Your will to grant us long life and well-
being, to count us among the righteous and to
guard us, our families, and all Your people Israel
with compassion. You nourish and sustain all
life. You rule over all, even kings, for dominion
is Yours.**

**Open our hearts to Your Torah, Lord. Answer our
prayers and the prayers of all Your people Israel
for goodness, for life, and for peace. Amen.**