



## Aliyah to the Torah

### Directions:

- (1) Take your tallit's *tzitzit* (fringes) and touch them to the section of the Torah that is about to be read. The Torah reader will show you where to touch. Kiss the *tzitzit*.
- (2) Recite the blessing before the Torah reading (see below).
- (3) After the Torah reading is completed, take the *tzitzit* of the tallit and touch it to the place in the Torah where the Torah reader just finished. He/she will show you where to touch. Then kiss the *tzitzit* again.
- (4) Recite the blessing after the Torah reading (see below).

### Please note:

- We invite spouses (only) to be called to the Torah together.
- If spouses are called to the Torah for one aliyah, either:
  - one person recites both blessings OR
  - one person recites the blessings before the Torah reading while the other person recites the blessings after the Torah reading.
- In the case of an interfaith couple, the Jewish partner is the one who is called to the Torah, but he/she may be accompanied by their non-Jewish spouse. In this case, only the Jewish partner recites the blessings.

### **Blessings Before the Torah Reading:**

#### You recite:

בְּרַכּוּ אֶת יְיָ הַמְּבַרְךְ.  
*Bar'chu et Adonai Ham'voh'rach.*

#### Congregation recites first, then you repeat:

בָּרוּךְ יְיָ הַמְּבַרְךְ לְעוֹלָם וָעֶד.  
*Baruch Adonai Ham'voh-rach L'olam Vah-Ed.*

#### You immediately continue with:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים  
וְנָתַן לָנוּ אֶת תּוֹרָתוֹ. בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

*Baruch Atah Adonai, Eloh-heynu Melech Ha'Olam, asher bachar banu mee-kol  
ha'ameem, v'natan lanu et Torah-to. Baruch Atah Adonai, no-tane ha'Torah.*

### **Blessings After the Torah Reading:**

[As a reminder: First you take *tzitzit* and use them touch the section of the Torah that was just completed. Then you kiss your *tzitzit*].

#### You continue with:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת, וְחַיֵּי  
עוֹלָם נָטַע בְּתוֹכֵנוּ. בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

*Baruch Atah Adonai, Eloh-heynu Melech Ha'Olam, asher nah'than lah'nu Torat emet,  
v'chayay olam na'tah b'tocheynu. Baruch Atah Adonai, no-tane ha'Torah.*