



Gluten Free Veganic Sprouted Corn Flour

Gluten Free Veganic Sprouted Brown Rice Flour

Veganic Sprouted Red Fife Flour

Veganic Sprouted Khorasan Flour

Veganic Sprouted Rye Flour

Veganic Sprouted Spelt Flour

Veganic Sprouted Whole Wheat Flour

Nutrition Facts			
Serving Size 30 g			
Servings Per Container 23			
Amount Per Serving			
Calories	110	Calories from Fat 30	
% Daily Value*			
Total Fat	3g	5%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Polyunsaturated Fat	1.5g		
Monounsaturated Fat	1g		
Cholesterol	0mg	0%	
Sodium	0mg	0%	
Potassium	230mg	7%	
Total Carbohydrate	20g	7%	
Dietary Fiber	6g	25%	
Sugars	6g		
Protein	4g		
Vitamin A 2% • Vitamin C 0%			
Calcium 0% • Iron 4%			
Thiamin 4% • Riboflavin 20%			
Niacin 2% • Vitamin B6 15%			
Vitamin B12 0% • Magnesium 10%			
Manganese 15% • Phosphorus 10%			
Zinc 6%			
Pantothenic Acid 2%			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Calories	2,000	2,500	
Total Fat	Less than 65g	80g	
Sat Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300mg	
Sodium	Less than 2,400mg	2,400mg	
Potassium	Less than 3,500mg	3,500mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	

Nutrition Facts			
Serving Size 30 g			
Servings Per Container 23			
Amount Per Serving			
Calories	110	Calories from Fat 5	
% Daily Value*			
Total Fat	1g	1%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
Cholesterol	0mg	0%	
Sodium	0mg	0%	
Potassium	85mg	2%	
Total Carbohydrate	23g	8%	
Dietary Fiber	1g	6%	
Sugars	0g		
Protein	2g		
Vitamin A 0% • Vitamin C 0%			
Calcium 0% • Iron 4%			
Thiamin 8% • Riboflavin 2%			
Niacin 10% • Vitamin B6 10%			
Vitamin B12 0% • Magnesium 8%			
Manganese 60% • Phosphorus 10%			
Zinc 4%			
Pantothenic Acid 4%			
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Calories	2,000	2,500	
Total Fat	Less than 65g	80g	
Sat Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300mg	
Sodium	Less than 2,400mg	2,400mg	
Potassium	Less than 3,500mg	3,500mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	

Nutrition Facts			
Serving Size 30 g			
Servings Per Container 30			
Amount Per Serving			
Calories	100	Calories from Fat 5	
% Daily Value*			
Total Fat	1g	1%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
Cholesterol	0mg	0%	
Sodium	0mg	0%	
Potassium	85mg	2%	
Total Carbohydrate	20g	7%	
Dietary Fiber	3g	12%	
Sugars	0g		
Protein	4g		
Vitamin A 0% • Vitamin C 0%			
Calcium 0% • Iron 6%			
Thiamin 8% • Riboflavin 2%			
Niacin 8% • Vitamin B6 6%			
Vitamin B12 2% • Magnesium 10%			
Manganese 60% • Phosphorus 10%			
Zinc 6%			
Pantothenic Acid 2%			
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Cholesterol	Less than 300mg	300mg	
Sodium	Less than 2,400mg	2,400mg	
Potassium	Less than 3,500mg	3,500mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	

Nutrition Facts			
Serving Size 30 g			
Servings Per Container 30			
Amount Per Serving			
Calories	100	Calories from Fat 5	
% Daily Value*			
Total Fat	0.5g	1%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
Cholesterol	0mg	0%	
Sodium	0mg	0%	
Potassium	135mg	4%	
Total Carbohydrate	21g	7%	
Dietary Fiber	3g	14%	
Sugars	2g		
Protein	4g		
Vitamin A 0% • Vitamin C 0%			
Calcium 0% • Iron 8%			
Thiamin 10% • Riboflavin 4%			
Niacin 10% • Vitamin B6 4%			
Vitamin B12 0% • Magnesium 10%			
Manganese 45% • Phosphorus 10%			
Zinc 8%			
Pantothenic Acid 2%			
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Calories	2,000	2,500	
Total Fat	Less than 65g	80g	
Sat Fat	Less than 20g	25g	
Cholesterol	Less than 300mg	300mg	
Sodium	Less than 2,400mg	2,400mg	
Potassium	Less than 3,500mg	3,500mg	
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	

Nutrition Facts			
Serving Size 30 g			
Servings Per Container 30			
Amount Per Serving			
Calories	100	Calories from Fat 5	
% Daily Value*			
Total Fat	1g	1%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
Cholesterol	0mg	0%	
Sodium	0mg	0%	
Potassium	80mg	2%	
Total Carbohydrate	21g	7%	
Dietary Fiber	4g	18%	
Sugars	0g		
Protein	4g		
Vitamin A 0% • Vitamin C 0%			
Calcium 0% • Iron 4%			
Thiamin 6% • Riboflavin 4%			
Niacin 6% • Vitamin B6 4%			
Vitamin B12 0% • Magnesium 10%			
Manganese 40% • Phosphorus 10%			
Zinc 8%			
Pantothenic Acid 4%			
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Nutrition Facts			
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Servings Per Container 30			
Amount Per Serving			
Calories	100	Calories from Fat 5	
% Daily Value*			
Total Fat	0.5g	1%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
Cholesterol	0mg	0%	
Sodium	0mg	0%	
Potassium	115mg	3%	
Total Carbohydrate	21g	7%	
Dietary Fiber	3g	13%	
Sugars	2g		
Protein	4g		
Vitamin A 0% • Vitamin C 0%			
Calcium 0% • Iron 8%			
Thiamin 8% • Riboflavin 2%			
Niacin 10% • Vitamin B6 4%			
Vitamin B12 0% • Magnesium 10%			
Manganese 45% • Phosphorus 10%			
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Nutrition Facts			
Serving Size 30 g			
Servings Per Container 30			
Amount Per Serving			
Calories	100	Calories from Fat 5	
% Daily Value*			
Total Fat	1g	1%	
Saturated Fat	0g	0%	
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
Cholesterol	0mg	0%	
Sodium	0mg	0%	
Potassium	85mg	2%	
Total Carbohydrate	20g	7%	
Dietary Fiber	3g	12%	
Sugars	0g		
Protein	4g		
Vitamin A 0% • Vitamin C 0%			
Calcium 0% • Iron 6%			
Thiamin 8% • Riboflavin 2%			
Niacin 8% • Vitamin B6 6%			
Vitamin B12 2% • Magnesium 10%			
Manganese 60% • Phosphorus 10%			
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VEGANIC CULTIVATION, 100% TRANSPARENCY

Veganic is the higher standard we have set for all of our products. Our veganic farmers grow crops that are plowed back into the soil to restore and build nutrients. That ensures that no animal by-products, or the hormones and antibiotics they may contain, will play any part in a One Degree harvest.

Just as veganic is a step beyond organic, our dedication to transparency rises above the ordinary. By scanning the QR code on our package, you can explore, via video, the wholehearted truth behind every ingredient we use.

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	Gluten Free Organic Sprouted Corn Flour	Gluten Free Organic Sprouted Brown Rice Flour	Organic Sprouted Red Fife Flour	Organic Sprouted Khorasan Flour	Veganic Sprouted Rye Flour	Organic Sprouted Spelt Flour	Organic Sprouted Whole Wheat Flour
UPC							
UPC Code	6 75625 13863 8	6 75625 12763 2	6 75625 13563 7	6 75625 11263 8	6 75625 13363 3	6 75625 10863 1	6 75625 10463 3
Case Pack	6/pk	6/pk	6/pk	6/pk	6/pk	6/pk	6/pk
Case Weight	9.4 lb	9.4 lb	12.4 lb	12.4 lb	12.4 lb	12.4 lb	12.4 lb
Ingredients	Gluten-free organic sprouted corn flour	Gluten-free organic sprouted brown rice flour	Organic sprouted red fife flour	Organic sprouted khorasan flour	Organic sprouted rye flour	Organic sprouted spelt flour	Organic sprouted whole wheat flour
QR Code							
Track It Code	W9T3RT	K6DK9H	GG68BN	8GF5GD	6ST1GP	K9D8RD	MMV71C



VEGANIC = GOOD FOOD GROWN SAFELY

