













Gluten Free Veganic **Sprouted Corn Flour**  Gluten Free Veganic **Sprouted Brown Rice Flour**  **Veganic Sprouted Red Fife Flour** 

**Veganic Sprouted** Khorasan Flour

**Veganic Sprouted** Rye Flour

**Veganic Sprouted Spelt Flour** 

**Veganic Sprouted** Whole Wheat Flour

# **Nutrition Facts**

Serving Size 30 g Servings Per Container 23

Amount	Per Se	rving
Calories	110	Calories from Fat 30
		% Daily Value
Total Fat	3g	5%
Saturate	ed Fat	0g <b>0</b> %
Trans F	at 0g	
Polyuns	aturate	ed Fat 1.5g
Monour	satura	ted Fat 1g
Choleste	rol Or	na 0%

Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 230mg	7%
Total Carbohydrate 20g	7%
Dietary Fiber 6g	25 %
Sugars 6g	

Sodium

Potassium

Total Carbohydrate

Protein 4g	J		
Vitamin A	2% •	Vitamin	C 0%
Calcium 09	% •	Iron 4%	5
Thiamin 49	6 •	Riboflav	rin 20%
Niacin 2%	•	Vitamin	B6 15%
Vitamin B1	20% •	Magnes	ium 10%
Manganese	e 15% •	Phosph	orus 10%
Zinc 6%			
Pantotheni	c Acid 2%		
calorie diet	illy Values and Your daily we pending on your Calories	alues may	be higher
Total Fat Sat Fat Cholesterol	Less than		80g 25g 300mg

Less than

Less than

#### **Nutrition Facts** Serving Size 30 g

Servings Per Container 23

Amount Per		
Calories 11	0 Calories from	n Fat 5
	% Da	aily Value*
Total Fat 1g		1%
Saturated F	at 0g	0%
Trans Fat (	)g	
Polyunsatu	rated Fat 0g	
Monounsat	urated Fat 0g	
Cholesterol	0mg	0%
Sodium 0mg	9	0%
Potassium	85mg	2%
Total Carbol	nydrate 23g	8%
Dietary Fib	er 1g	6%
Sugars 0g		
Protein 2a		

Protein 2g

6
%
0%
3%
10

* Percent Daily Values are based on a 2,000			
calorie die	calorie diet. Your daily values may be higher		
or lower depending on your calorie needs.			
Calories 2,000 2,500			
Total Fat	Less than	65a	80a

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohy	/drate	300g	375g
Dietary Fiber		25g	30g

## **Nutrition Facts**

Serving Size 30 g Servings Per Container 30

Amount Per	Serving		
Calories 10	0 Cal	ories fr	om Fat 5
		%	Daily Value
Total Fat 1g			1%
Saturated F	at 0g		0%
Trans Fat 0	g		
Polyunsatu	ated Fa	t 0g	
Monounsati	urated F	at 0g	
Cholesterol	0mg		0%
Sodium 0mg			0%
Potassium 8	35mg		2%
Total Carbol	ydrate	20g	7%
Dietary Fibe	er 3g		12%
Sugars 0g			

Protein 4g			
Vitamin A 0%	<ul> <li>Vitamin C 0 %</li> </ul>		
Calcium 0%	• Iron 6%		
Thiamin 8%	<ul> <li>Riboflavin 2%</li> </ul>		
Niacin 8%	<ul> <li>Vitamin B6 6%</li> </ul>		
Vitamin B12 2%	<ul> <li>Magnesium 10%</li> </ul>		
Manganese 60%	<ul> <li>Phosphorus 10<sup>o</sup></li> </ul>		
Zinc 6%			
Pantothenic Acid 2%			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs			

#### 2,000 2,500 Calories Total Fat Less than Sat Fat Less than 20g 25g Cholesterol

2,400mg 2,400mg

3,500mg 3,500mg

300g 375g

Less than

Less than

## **Nutrition Facts**

Serving Size 30 g Servings Per Container 30

Amount Per Serving Calories 100 Calories from Fat 5		
Calories	100	Calories from Fat 5

%	Daily Value
Total Fat 0.5g	1%
Saturated Fat 0g	0 %
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0 %
Sodium 0mg	0 %
Potassium 135mg	4%
Total Carbohydrate 21g	7%
Dietary Fiber 3g	14 %
Sugars 2g	

#### Protein 4g Vitamin A 0%

VILAITIIII A U 76	Vitamin C 0 76
Calcium 0%	• Iron 8%
Thiamin 10%	<ul> <li>Riboflavin 4%</li> </ul>
Niacin 10%	<ul> <li>Vitamin B6 4%</li> </ul>
Vitamin B12 0%	Magnesium 109
Manganese 45%	Phosphorus 10
Zinc 8%	
Pantothenic Acid 2	2%
	s are based on a 2,000
or lower depending	on your calorie needs.
Calories	s 2,000 2,500

Vitamin C 0%

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carboh	ydrate	300g	375g
Dietary Fib	er	25g	30g

## **Nutrition Facts**

Serving Size 30 g Servings Per Container 30

Amount Per Serving	
Calories 100 Calorie	s from Fat 5
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0	g
Cholesterol Omg	0%
Sodium 0mg	0%
Potassium 80mg	2%
Total Carbohydrate 21	g 7%
Dietary Fiber 4g	18%
Sugars 0g	

#### Protein 4g

Vitamin A 0%	•	Vitamin C 0%	
Calcium 0%	٠	Iron 4%	
Thiamin 6%	٠	Riboflavin 4%	
Niacin 6%	•	Vitamin B6 4%	
Vitamin B12 0%	•	Magnesium 10%	
Manganese 40%	٠	Phosphorus 10%	
Zinc 8%			
Pantothenic Acid 49	%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher			

calorie diet. Your daily values may be higher or lower depending on your calorie needs.				
	Calories	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	

	300mg 2,400m
2,400mg	2,400m
3,500mg	3,500m
300g	375g
25g	30g
3	300g

## **Nutrition Facts**

Serving Size 30 g Servings Per Container 30

Amount F	Amount Per Serving					
Calories	100	Calories from Fat 5				
		% Daily Value				
Total Fat	0.5g	1%				
Saturate	d Fat	0g <b>0</b> %				
Trans F	at 0g					
Polyunsaturated Fat 0g						
Monounsaturated Fat 0g						
Cholester	<b>ol</b> 0r	ng <b>0</b> %				
Sodium (	)mg	0%				
Potassiur	n 115	5mg <b>3</b> %				
Total Carl	bohyd	Irate 21g 7%				
Dietary I	iber 3	ig 13 %				

#### Sugars 2g Protein 4g

Vitamin A 0%	•	Vitamin C 0%		
Calcium 0%	•	Iron 8%		
Thiamin 8%	•	Riboflavin 2%		
Niacin 10%	•	Vitamin B6 4%		
Vitamin B12 0%	•	Magnesium 10%		
Manganese 45%	•	Phosphorus 109		
Zinc 6%				
Pantothenic Acid 4	%			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400m
Potassium	Less than	3,500mg	3,500m
Total Carbohydrate		300g	375g
Dietary Fi	ner	25a	304

# **Nutrition Facts**

Serving Size 30 g Servings Per Container 30

Amount Per Serving

Calories 100 Calories from Fat 5

% Daily Value Total Fat 1g 1% Saturated Fat 0g 0% Trans Fat 0g Polyunsaturated Fat 0g Monounsaturated Fat 0g Cholesterol 0mg 0%

Sodium 0mg 0% Potassium 85mg 2% 7% Total Carbohydrate 20g Dietary Fiber 3g

12%

Sugars 0g Protein 4g

Vitamin A 0% Vitamin C 0 % Calcium 0% • Iron 6% Riboflavin 2% Thiamin 8% Niacin 8% Vitamin B6 6% Vitamin B12 2% Magnesium 10% Manganese 60% Phosphorus 10%

Zinc 6% Pantothenic Acid 2%

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. 2,000 2,500

Calories Total Fat 65a Less than 80a Sat Fat Less than 20g 25g Cholesterol Sodium Less than 2,400mg 2,400mg Less than 3,500mg 3,500mg Potassium Total Carbohydrate 300g 375g Dietary Fiber

## **VEGANIC CULTIVATION, 100% TRANSPARENCY**

Veganic is the higher standard we have set for all of our products. Our veganic farmers grow crops that are plowed back into the soil to restore and build nutrients. That ensures that no animal by-products, or the hormones and antibiotics they may contain, will play any part in a One Degree harvest.

2,400mg 2,400mg

3,500mg 3,500mg

375g

300g

Just as veganic is a step beyond organic, our dedication to transparency rises above the ordinary. By scanning the QR code on our package, you can explore, via video, the wholehearted truth behind every ingredient we use.

Sodium

Potassium

Total Carbohydrate

Dietary Fiber

- 855.VEGANIC (834-2642)
- orders@OneDegreeOrganics.com
- OneDegreeOrganics.com
- Find us at Facebook.com/OneDegreeOrganics
- Follow us at @OneDegreeFoods
- B Blog.OneDegreeOrganics.com



















	Gluten Free Organic Sprouted Corn Flour	Gluten Free Organic Sprouted Brown Rice Flour	Organic Sprouted Red Fife Flour	Organic Sprouted Khorasan Flour	Veganic Sprouted Rye Flour	Organic Sprouted Spelt Flour	Organic Sprouted Whole Wheat Flour
UPC	6 75625 13863 8	6 75625 12763 2	6 7 5625 13563 7	6 75625 11263 8	6 75625 13363	6 75625 10863 1	6 75625 10463 3
UPC Code	6 75625 13863 8	6 75625 12763 2	6 75625 13563 7	6 75625 11263 8	6 75625 13363 3	6 75625 10863 1	6 75625 10463 3
Case Pack	6/pk	6/pk	6/pk	6/pk	6/pk	6/pk	6/pk
Case Weight	9.4 lb	9.4 lb	12.4 lb	12.4 lb	12.4 lb	12.4 lb	12.4 lb
Ingredients	Gluten-free organic sprouted corn flour	Gluten-free organic sprouted brown rice flour	Organic sprouted red fife flour	Organic sprouted khorasan flour	Organic sprouted rye flour	Organic sprouted spelt flour	Organic sprouted whole wheat flour
QR Code							
Track It Code	W9T3RT	K6DK9H	GG68BN	8GF5GD	6ST1GP	K9D8RD	MMV71C















