

★ SPONSOR SPOTLIGHT: LISA LOVES IT! ★

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3 Reasons to Try ENLIGHTENED Ice Cream



It's me, Lisa! Like most people, I LOVE ice cream and could probably eat an entire pint in one sitting. Luckily, there are several calorie-slashed, eat-the-pint ice creams out there... but which one reigns supreme? [ENLIGHTENED Ice Cream](#) is my *spoons-down* favorite! Get ready to experience true enlightenment. Here are three reasons to fill your freezer with it...

1. Taste that (ice) creams the competition.

Rich and creamy with the perfect amount of sweetness. Plus, it's packed with decadent mix-ins like cookie clusters, marshmallow swirls, and creamy peanut butter! My favorite flavors are Caramel Oatmeal Cookie Crunch and Birthday Cake... [Check out all 22 flavors!](#)

2. Super-low calories, high protein & less sugar!

Each pint has just 60 - 100 calories per 1/2-cup serving and as few as 240 calories for the whole pint! Good news, since I'm all about big portions! Plus, each serving has MORE protein than sugar: around 7 grams of satisfying protein and WAY less sugar than regular light ice cream.

3. This full-value coupon for a FREE pint!

Ahhhh! There's literally no reason not to pick up a pint of ENLIGHTENED Ice Cream... It won't cost you anything! Plus, it's now in more stores than ever before. [Click for your coupon](#), and let me know what you think!

Lisa :)