

Hungry Girl Magazine Fall 2021
Blue Plan SmartPoints® Values*

QUESADILLA BASH!

Philly Cheesesteak Quesadilla – 7	Mediterranean Veggie Quesadilla – 7
Bacon & Cheddar Breakfast Quesadilla – 6	Thanksgiving Quesadilla – 6
Southwest BBQ Chicken Quesadilla – 7	Meatless Cheeseburger Quesadilla – 6

6 MEALS TO MAKE WITH ROTISSERIE CHICKEN

Buffalo Chicken Stuffed Potatoes – 7	Mediterranean Chicken Zucchini Boats – 3
Garlic Chicken White Pizza – 11	Chicken & Apple Stuffing Casserole – 7
Scoopable Rotisserie Chicken Salad – 4	Cranberry Chicken Slaw – 4

JUST 2-INGREDIENT DOUGH IT!

Cinnamon Roll Breakfast Treats – 4	Cheesy Mexican Bagel Bites – 5
Hawaiian Calzones – 5	Muffin-Pan Deep-Dish Pizzas – 3
Pigs in an Everything Bagel Blanket – 2	Blueberry Blintz Pockets – 6

MMMM... MEALS IN MUGS!

Creamy Cajun Chicken with Zoodles – 5	Topless Turkey Pot Pie – 3
3-Bean Chili 4 One – 2	Turkey Meatloaf for Me – 8
Individual Enchilada Casserole – 5	Everything Cauliflower Fried Rice – 3

HG MVP GROUNDS FOR SUCCESS

Vanilla Latte Growing Oatmeal – 7	Pumpkin Spice Latte Donuts – 7
Cappuccino Chip Cheesecake Dip – 3	Mocha Magic Cake in a Mug – 5

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FALL FAVORITES

Chicken Sausage & Root Veggies – 8
Balsamic Brussels Sprouts – 2
Autumn Roasted Butternut Squash – 5

Sweet Potato Home Fries – 4
Turkey Apple Stir-Fry – 2
Pumpkin Pecan Blender Muffins – 3

CROCK AROUND THE CLOCK

Make-Ahead Growing Oatmeal – 5
Peaches & Cream French Toast – 5
Tropical Chicken Fajitas – 2
Sweet & Saucy BBQ Steak Bites – 5

Low & Slow Ratatouille – 1
Brown Sugar Garlic Pork Tenderloin – 4
Mixed Berry Dump Cake – 6
Apple Cranberry Cobbler Cake – 7

RESTAURANT REDO!

Tex-Mex Chicken Egg Rolls – 3
Cheddar Lake Biscuits – 4
Cheesy Broccoli Soup – 4

Sweet & Spicy Eggplant – 3
Steak Squash-fredo – 9
Chicken Brianna – 5

FRUITS AND VEGGIES SANDWICH STYLE!

Apple Club Sandwiches – 1
Fork `n Knife Eggplant Caprese Sandwiches – 2

Fancy Pants Pear Sandwiches – 3
Open-Faced Tuna Pepper Sandwich - 2

FUN WITH MAC & CHEESE

Lightened-Up Easy Mac & Cheesy – 9
Mac & Cheese Primavera – 6
Easy Cheesy Tuna Mac – 5

BLT Mac & Cheese Egg Rolls – 4
Mac & Cheese Tacos – 8

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WORLD'S EASIEST CHOCOLATE CAKE 5 WAYS

Triple Chocolate Cake – 8
S'mores Cake – 10
Peanut Butter Explosion Chocolate Cake
– 9

Black Forest Cake – 6
Chocolate Turtle Cake – 8

SUCCESS STORIES

Roasted Veggie Egg Bakes – 2
Instant Pot Italian Meatballs – 5

Air-Fryer Asian Chicken Burgers – 2
Scoopable Slow-Cooker Apple Pie – 0

UNEXPECTED WAYS TO USE YOUR AIR FRYER

Air-Fryer Breakfast Cookies – 4
Air-Fryer Egg Bites – 0

Air-Fryer Meatloaf – 4

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