

**Hungry Girl Magazine Fall 2020**  
**Purple Plan SmartPoints® Values\***

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**WORLD'S EASIEST WEEKNIGHT DINNERS**

|                                      |                              |
|--------------------------------------|------------------------------|
| BBQ Chicken Stir-Fry - 3             | Instant Pot Paella - 2       |
| Chicken Sausage & Apple Stir-Fry - 4 | Surf & Turf Florentine - 7   |
| Chicken Fajita Lettuce Cups - 3      | Mexican Stuffed Potatoes - 3 |

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**SLOW COOKER COMFORT FOODS**

|                                   |                                    |
|-----------------------------------|------------------------------------|
| Chicken Sausage & Pepper Stew - 3 | Turkey Pot Roast - 1               |
| Moroccan Veggie Stew - 0          | Steak Chili - 2                    |
| Fruity Pork Tenderloin - 2        | Herb Chicken with Root Veggies - 2 |

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**ENTERTAIN WITH APPETIZERS TONIGHT!**

|                                |                                    |
|--------------------------------|------------------------------------|
| Crispy Smoked Salmon Bites - 3 | Bacon-Wrapped Brussels Sprouts - 3 |
| Antipasto Skewers - 3          | Eggplant Parm Bites - 3            |
| Loaded Mashie Shooters - 1     | Bottomless Jalapeño Poppers - 4    |

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**HAPPY HOUR COCKTAILS**

|                      |                             |
|----------------------|-----------------------------|
| White Winesicles - 1 | Coconut-Lime Margarita - 5  |
| Strawberry Frosé - 5 | Peach-Blueberry Frojito - 8 |
| Mocha Mudslide - 4   |                             |

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**6 - INGREDIENT CASSEROLES**

|                               |   |
|-------------------------------|---|
| Nacho Casserole - 4           | Thanksgiving Casserole - 4                  |
| Sloppy Jane Casserole - 4     | Creamy Chicken & Corn Casserole - 3         |
| Buffalo Chicken Casserole - 5 | Butternut Squash & Black Bean Casserole - 3 |

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## **SOUPER SIMPLE**

Caramelized Onion Soup - 5  
Swedish Meatball Soup - 4  
Unstuffed Cabbage Soup - 9

Tomato & Cauliflower Rice Soup - 5  
Chicken & Mushroom Soup - 2  
Southwest Chicken Soup - 5

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## **EVERYTHING PUMPKIN: THE SWEET & THE SAVORY**

Pumpkin Cream Parfaits - 5  
Chocolate Pumpkin Cream Pie - 6  
Chocolate Chip Pumpkin Bread - 4

Pumpkin Bagel Bites - 5  
Roasted Pumpkin & Brussels - 4  
Pumpkin Meat Sauce - 1

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## **HOT COUPLES: SNACK EDITION**

Chocolate Hummus Stuffed Strawberries - 3  
Nacho Bites - 3  
Thai Peanut Broccoli Noodles - 2  
Apple + Cheese Kebabs - 2  
Taco Fries - 1

Easy Cheesy Broc - 3  
Tropical Sausage Skewers - 4  
Buffalo Cauliflower - 0  
Hummus Stuffed Mushrooms - 2

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## **THREE CHEERS FOR THE WHOOPIE PIE PAN!**

Big Whoop! Whoopie Pies - 8  
Mini Blueberry Pancakes - 2  
Corn Dog Muffin Tops - 2

Mini Meatzas - 4  
Bacon & Egg Patties - 3

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## **COLD-WEATHER DESSERTS**

Mini Chocolate Peppermint Cream Pies - 7  
Apple Bread Pudding - 6

Tutti Frutti Dump Cake - 9  
Baked Caramel Apples - 3

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## **SNEAK PEEK: FAST & EASY... THE NEXT HUNGRY GIRL COOKBOOK!**

Caribbean Salmon - 2

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## **SUCCESS STORIES RECIPE FAVORITES**

Strawberry Chia Yogurt Bowl - 3  
Blueberry Muffin Overnight Oats - 2  
100-Calorie Dalgona Coffee - 5  
Buff Chick' Hot Wing Dip - 2

Raspberry Kiss Crunchettes - 5  
DIY Gummy Bears - 0  
Hungry Chick' Bell Pepper Nachos - 2  
BBQ Chicken Foil Pack - 2

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## **THE LAST THING**

Veggie-Packed Mac & Cheese - 1

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