

**Hungry Girl Magazine Fall 2020**  
**Green Plan SmartPoints® Values\***

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**WORLD'S EASIEST WEEKNIGHT DINNERS**

BBQ Chicken Stir-Fry - 5	Instant Pot Paella - 2
Chicken Sausage & Apple Stir-Fry - 4	Surf & Turf Florentine - 8
Chicken Fajita Lettuce Cups - 5	Mexican Stuffed Potatoes - 6

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**SLOW COOKER COMFORT FOODS**

Chicken Sausage & Pepper Stew - 5	Turkey Pot Roast - 2
Moroccan Veggie Stew - 3	Steak Chili - 4
Fruity Pork Tenderloin - 2	Herb Chicken with Root Veggies - 4

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**ENTERTAIN WITH APPETIZERS TONIGHT!**

Crispy Smoked Salmon Bites - 3	Bacon-Wrapped Brussels Sprouts - 3
Antipasto Skewers - 3	Eggplant Parm Bites - 3
Loaded Mashie Shooters - 2	Bottomless Jalapeño Poppers - 4

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**HAPPY HOUR COCKTAILS**

White Winesicles - 1	Coconut-Lime Margarita - 5
Strawberry Frosé - 5	Peach-Blueberry Frojito - 8
Mocha Mudslide - 4	

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**6-INGREDIENT CASSEROLES**

Nacho Casserole - 5	Thanksgiving Casserole - 6
Sloppy Jane Casserole - 5	Creamy Chicken & Corn Casserole - 7
Buffalo Chicken Casserole - 7	Butternut Squash & Black Bean Casserole - 5

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### **SOUPER SIMPLE**

Caramelized Onion Soup - 5  
Swedish Meatball Soup - 4  
Unstuffed Cabbage Soup - 9

Tomato & Cauliflower Rice Soup - 5  
Chicken & Mushroom Soup - 4  
Southwest Chicken Soup - 7

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### **EVERYTHING PUMPKIN: THE SWEET & THE SAVORY**

Pumpkin Cream Parfaits - 6  
Chocolate Pumpkin Cream Pie - 6  
Chocolate Chip Pumpkin Bread - 4

Pumpkin Bagel Bites - 6  
Roasted Pumpkin & Brussels - 4  
Pumpkin Meat Sauce - 1

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### **HOT COUPLES: SNACK EDITION**

Chocolate Hummus Stuffed Strawberries - 3  
Nacho Bites - 4  
Thai Peanut Broccoli Noodles - 2  
Apple + Cheese Kebabs - 2  
Taco Fries - 1

Easy Cheesy Broc - 3  
Tropical Sausage Skewers - 4  
Buffalo Cauliflower - 0  
Hummus Stuffed Mushrooms - 2

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### **THREE CHEERS FOR THE WHOOPIE PIE PAN!**

Big Whoop! Whoopie Pies - 8  
Mini Blueberry Pancakes - 3  
Corn Dog Muffin Tops - 3

Mini Meatzas - 4  
Bacon & Egg Patties - 3

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### **COLD-WEATHER DESSERTS**

Mini Chocolate Peppermint Cream Pies - 7  
Apple Bread Pudding - 7

Tutti Frutti Dump Cake - 9  
Baked Caramel Apples - 3

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### **SNEAK PEEK: FAST & EASY... THE NEXT HUNGRY GIRL COOKBOOK!**

Caribbean Salmon - 6

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## **SUCCESS STORIES RECIPE FAVORITES**

Strawberry Chia Yogurt Bowl - 5  
Blueberry Muffin Overnight Oats - 5  
100-Calorie Dalgona Coffee - 5  
Buff Chick' Hot Wing Dip - 3

Raspberry Kiss Crunchettes - 5  
DIY Gummy Bears - 0  
Hungry Chick' Bell Pepper Nachos - 3  
BBQ Chicken Foil Pack - 5

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## **THE LAST THING**

Veggie-Packed Mac & Cheese - 4

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