

Hungry Girl Magazine Winter 2020
Blue Plan SmartPoints® Values*

WORLD'S EASIEST WEEKNIGHT DINNERS

BBQ Chicken Stir-Fry - 3	Instant Pot Paella - 2
Chicken Sausage & Apple Stir-Fry - 4	Surf & Turf Florentine - 7
Chicken Fajita Lettuce Cups - 3	Mexican Stuffed Potatoes - 6

SLOW COOKER COMFORT FOODS

Chicken Sausage & Pepper Stew - 5	Turkey Pot Roast - 1
Moroccan Veggie Stew - 0	Steak Chili - 2
Fruity Pork Tenderloin - 2	Herb Chicken with Root Veggies - 2

ENTERTAIN WITH APPETIZERS TONIGHT!

Crispy Smoked Salmon Bites - 3	Bacon-Wrapped Brussels Sprouts - 3
Antipasto Skewers - 3	Eggplant Parm Bites - 3
Loaded Mashie Shooters - 2	Bottomless Jalapeño Poppers - 4

HAPPY HOUR COCKTAILS

White Winesicles - 1	Coconut-Lime Margarita - 5
Strawberry Frosé - 5	Peach-Blueberry Frojito - 8
Mocha Mudslide - 4	

6-INGREDIENT CASSEROLES

Nacho Casserole - 4	Thanksgiving Casserole - 4
Sloppy Jane Casserole - 5	Creamy Chicken & Corn Casserole - 3
Buffalo Chicken Casserole - 5	Butternut Squash & Black Bean Casserole - 3

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SOUPER SIMPLE

Caramelized Onion Soup - 5
Swedish Meatball Soup - 4
Unstuffed Cabbage Soup - 9

Tomato & Cauliflower Rice Soup - 5
Chicken & Mushroom Soup - 2
Southwest Chicken Soup - 5

EVERYTHING PUMPKIN: THE SWEET & THE SAVORY

Pumpkin Cream Parfaits - 5
Chocolate Pumpkin Cream Pie - 6
Chocolate Chip Pumpkin Bread - 4

Pumpkin Bagel Bites - 5
Roasted Pumpkin & Brussels - 4
Pumpkin Meat Sauce - 1

HOT COUPLES: SNACK EDITION

Chocolate Hummus Stuffed Strawberries - 3
Nacho Bites - 3
Thai Peanut Broccoli Noodles - 2
Apple + Cheese Kebabs - 2
Taco Fries - 1

Easy Cheesy Broc - 3
Tropical Sausage Skewers - 4
Buffalo Cauliflower - 0
Hummus Stuffed Mushrooms - 2

THREE CHEERS FOR THE WHOOPIE PIE PAN!

Big Whoop! Whoopie Pies - 8
Mini Blueberry Pancakes - 2
Corn Dog Muffin Tops - 2

Mini Meatzas - 4
Bacon & Egg Patties - 3

COLD-WEATHER DESSERTS

Mini Chocolate Peppermint Cream Pies - 7
Apple Bread Pudding - 6

Tutti Frutti Dump Cake - 9
Baked Caramel Apples - 3

SNEAK PEEK: FAST & EASY... THE NEXT HUNGRY GIRL COOKBOOK!

Caribbean Salmon - 2

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SUCCESS STORIES RECIPE FAVORITES

Strawberry Chia Yogurt Bowl - 3
Blueberry Muffin Overnight Oats - 5
100-Calorie Dalgona Coffee - 5
Buff Chick' Hot Wing Dip - 2

Raspberry Kiss Crunchettes - 5
DIY Gummy Bears - 0
Hungry Chick' Bell Pepper Nachos - 2
BBQ Chicken Foil Pack - 2

THE LAST THING

Veggie-Packed Mac & Cheese - 4

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