

HUNGRY GIRL MAGAZINE: AIR FRYER ISSUE

WW Points® Values*

EVERYDAY CLASSICS

2-Ingredient Pita Pockets—3
Crispy Crunchy Tortilla Chips—2
2-Ingredient Bagels—3
Pro-tzels—3
Bacon—2

Salmon—0
Hard-Cooked Eggs—0
Burger Patties—4
Chicken Breast—0
Steak—5

MORNING MEALS

Deep-Dish Egg Pizza—4
Sun-dried Tomato & Mozzarella Frittata—4
Loaded Home Fries—4
Blueberry Blintzadilla—8

Breakfast Sweet Potato Skins—5
Early Morning Enchiladas—8
PB&J French Toast Sandwich—6
Ham & Egg Pockets—5
BPB&J Breakfast Cookies—4

VEGGIES, ELEVATED

Sweet & Spicy Crispy Carrots—2
Garlic Parm Green Beans—3
French Onion Cauliflower—3

Ranch Broccoli—2
Beet Chips—0
Butternut Fries—0
Artichokes with Super Sauce—6

SNACK-ETIZERS

Stuffed Mushrooms—4
Eggplant Parm Bites—3
Dill Pickle Bagel Bites—3
Mini Mexican Stuffed Peppers—2

Jalapeño Popper Pockets—3
Hella Good Bella Fries—3
White Pizza Dumplings—3
Bacon-Wrapped Cheddar Apples—3

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THE MAIN EVENT

Popcorn Shrimp Tacos—6	Personal Meatloaves—6
Turkey Teriyaki Meatballs—4	Bean & Cheese Empanadas—6
World's Cutest Chicken & Waffles—9	Yummy Salmon Bites—1
Garlic Parm Shrimp—3	Nutty Avocado Salmon—1
Mexican Street Corn Empanadas—6	Dill Mustard Chicken Thighs—5
Smothered Chicken with Green Beans—5	Chicken Marsala—2
Mexican Chicken Tenders & Avocado Sauce—4	Hot Honey Chicken Tenders—5
Crispy Bruschetta Chicken—5	Crispy Scallops & Dip—6
Falafel Burgers—2	Cajun Shrimp Burgers—2
Sesame Ginger Salmon Salad—5	

COPYCAT RESTAURANT FAVORITES

Kickin' Chicken Wonton Tacos—5	Great Garlic Breadsticks—2
Mexi Munchwrap Supreme—7	Everything Stuffed Bagel Minis—5
OMG Orange Chicken Bowl—5	Sausage Egga' Muffin—7
Veggie Egg White Bites—0	Hot Shot Shrimp—5

SWEET TREATS

2-Ingredient Dough-nuts—6	Sweet Cinnamon Churros—4
"Baked" Caramel Apples—4	Apple Cobbler Bites—2
Double Chocolate Cakes—2	Caramelized Bananas—1
	Easy Li'l Fruit Crumble—5

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