



## **Smokey Salmon Lettuce Wraps**

PER SERVING (entire recipe, 3 wraps): 145 calories, 6g fat, 905mg sodium, 10.5g carbs, 2.75g fiber, 3.5g sugars, 15.5g protein -- **PointsPlus®** value 4\*



### **Ingredients:**

3 medium-large leaves romaine lettuce  
1 tbsp. fat-free cream cheese  
1/4 tsp. salt-free lemon pepper seasoning  
2 oz. lox-style smoked salmon  
1/4 cup finely chopped red onion  
1 small seedless cucumber, thinly sliced  
2 tbsp. sun-dried tomatoes packed in oil, drained and sliced

### **Directions:**

Lay lettuce leaves on a plate and evenly spread the insides with cream cheese, 1 tsp. each. Sprinkle with lemon pepper seasoning and top with smoked salmon.

Top the salmon with onion. Equally distribute cucumber slices among the lettuce leaves. Evenly top with sun-dried tomatoes.

Wrap 'em up and devour!

**MAKES 1 SERVING**



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