

Our Clinicians

Welcome to Twin Lakes Counseling! This page provides you with information about your clinician, so you can know a bit more about the professional who will be helping you. Feel free to ask if you have any questions!

Laura Wallace, PhD, LMFT

Licensed Marriage & Family Therapist (Washington MC60153018; Texas 202444; Michigan 4101006807)
AAMFT Approved Clinical Supervisor (AAMFT Member 126101)
PhD, St. Mary's University, Marriage & Family Therapy, 2017
MFT, Southern Connecticut State University, Marriage & Family Therapy, 2010
BA, Carleton College, Psychology, 2007

Laura is a licensed marriage and family therapist and AAMFT approved supervisor. In addition to running Twin Lakes Counseling, she is on the teaching faculty of the Couple and Family Therapy program at Antioch University Seattle. She loves working with individuals and families from a systemic, experiential perspective and specializes in seeing adolescents and couples. With almost a decade of experience, Laura brings care and compassion to her therapeutic work, helping clients find freedom and resolution in the midst of their struggles.

Jamie Fenimore, MA, LMHCA

Licensed Mental Health Counselor Associate (WA MC60153018)
MA, Seattle School of Theology and Psychology, Counseling Psychology, 2008
BS, Grace College, Counseling, 1998

Jamie is a licensed mental health counselor associate and practices under the supervision of Laura Wallace, PhD, LMFT. Her counseling approach is based on mutual trust, facilitating an exploration of both past and present relationships and experiences. Jamie works with children, couples, and families with a wide range of issues and specializes in grief and loss, particularly in the area of pregnancy loss, infertility, and miscarriage.

Andrea Mutschler, MS, LMFTA

Licensed Mental Health Counselor Associate (WA MC60153018)
MS, Seattle Pacific University, Marriage & Family Therapy, 2016
BA, Central Washington University, Psychology & Family Studies, 2013

Andrea is a licensed marriage and family therapist associate and practices under the supervision of Laura Wallace, PhD, LMFT. Her specialties include working with adolescents and treating children and adults for depression, anxiety, PTSD, and navigating life transitions. She is certified in trauma-focused cognitive behavioral therapy (TF-CBT) and has completed Level 2 training in the Gottman Method Couples Therapy.

LaDonna Smith, MA, MFT Intern

M.A., Seattle University, Couple & Family Therapy (in progress)
B.A., University of Washington Tacoma, Psychology, 2017

LaDonna is a marriage and family therapy intern from Seattle University, currently practicing under the supervision of Laura Wallace, PhD, LMFT. She specializes in treating depression and anxiety, supporting those with chronic illness, and helping clients integrate spirituality into the challenges of life. She also works with clients struggling with substance abuse and with couples seeking to develop deeper connection in their relationships.

Payment Policies

Please find below Twin Lakes Counseling's payment policies and fees. These are subject to change, but you will always be informed in advance before a change occurs.

Cancellation Policy

Please provide 48 hours' notice of cancellation directly to your clinician by phone or email. Please do not call the office to reschedule or cancel. Instead, contact your clinician directly by phone or email. If you do not give your clinician at least **48 hours' notice**, you will be charged for the full amount of the session.

Session Fees

The fee for a 50-minute counseling session are as follows:

- ✚ **\$175** per session for a PhD-level licensed clinician
- ✚ **\$125** per session for a masters-level licensed clinician
- ✚ **\$100** per session for a masters-level clinician under supervision
- ✚ **\$65** per session for a bachelors-level clinician under supervision

Reports & Off-Site Appearances

The fee for any work on your case outside the regular course of treatment is **\$100 per hour**. This includes writing a report, submitting a letter for court, and making recommendations to your school or workplace. This work will only be done after you specifically request it and after you and your clinician agree on approximately how long the task will take.

If you need your therapist to attend a school appointment, special education review meeting, or provide student advocacy, the fee is **your therapist's normal session fee plus \$50 per hour with a minimum of 2 hours, non-refundable and paid in advance**. The meeting must be scheduled at least one week in advance and the fee must be paid in full at least 48 hours before the meeting.

If you need your therapist to appear in court, the fee is **your therapist's normal session fee plus \$150 per hour with a minimum of 4 hours, non-refundable and paid in advance**. The court appearance must be scheduled two weeks in advance and the fee must be paid in full at least 96 hours prior. Usually clients find it easier to request a letter to court with information relevant to the case.

Insurance

As a courtesy to our clients, Twin Lakes Counseling submits insurance claims for any company with whom we are in-network. If we do not participate with your insurance plan, payment in full is expected at the time of service. You are responsible for knowing your plan benefits and fees and co-pays are due at time of service. We are unable to bill insurance for any late cancellations or no-shows, and you are responsible for those fees. Please let us know immediately of any changes to your insurance, contact, or payment information.

If we are billing insurance, we are required to provide a clinical diagnosis and may be asked to provide additional clinical information, such as treatment plans or copies of your clinical record. In such situations, we will make every effort to release only the minimum information about you that is necessary for the purpose requested. You always have the right to pay for our services out of pocket to avoid your information being released.

Twin Lakes Counseling utilizes the billing services of Dawnetta Garcia, who can be reached at (253) 259-9794.