

LUCY'S KITCHEN

EST  1991

— AND MARKET —

SIDES AND SALADS

2 lb minimum please - serves 6-8

GRAINS, RICE, BEANS & MORE - \$10.25

Lentils, cauliflower & dates with red onion, honey, lemon and olive oil

Heirloom tomato panzanella salad with fresh basil

Watermelon, arugula & feta salad

Chickpeas and cucumber with shaved carrots and a light vinaigrette

Chickpeas with kale, Parmesan Reggiano and lemon vinaigrette

Grilled Jersey Corn & Black bean salad with cumin, cilantro, scallions, peppers and tomatoes

Mozzarella Salad with tomatoes, Kalamata olives & red onion

Barley, cucumber and tomatoes

Quinoa pilaf with carrots, celery, leeks, red bell pepper and fresh herbs

Bistro potato salad with shallot vinaigrette

Harvest wild rice with mushrooms, dried cranberries and hazelnuts

VEGETABLES

Cherry Tomatoes with Feta, Red Onion & Olives - \$11.25

Sugar Snap Peas with julienne carrots - or - edamame and pea shoots - \$12.25

Steamed Zucchini with red onion and tomatoes - \$10.25

Steamed Baby Spinach with garlic - \$12.25

Broccoli Rabe with garlic and roasted red peppers - \$12.25

Steamed Broccoli with roasted garlic and parmesan - \$10.25

Roasted Rosemary Potatoes - \$10.25

Kale & Apple Salad with candied walnuts, blue cheese & light vinaigrette - \$12.25

Baby Beets with Dijon mustard vinaigrette - \$10.25

Roasted Carrots with feta and cilantro - \$10.25

Raw Broccoli Slaw with dried cranberries, slivered almonds, and buttermilk dressing - \$10.25

PASTA SALADS - \$10.25

Mini shells with spinach pesto and peas

Ceci pasta with chickpeas and rosemary

Ditalini with white bean, spinach & garlic

Mediterranean Penne with feta, Kalamata olives, red bell peppers & spinach

Angel Hair with fresh tomatoes & basil

Penne with oven roasted cherry tomatoes, eggplant & red peppers

Cheese tortellini with spinach, pine nuts, sun dried tomato pesto

Penne with spinach & pine nuts

Mom's Macaroni salad

BLT Pasta Salad with bacon, lettuce, tomato & mayo

Sides by the Tray

Rice pilaf - \$45

Potatoes dauphanoise - \$55

Penne with extra virgin olive oil - \$35

Penne with tomato ragu - \$40

CALL AHEAD 609-924-3623
