

HELEN GREEK FOOD AND WINE

LUNCH

DAKOS SALAD twice baked barley bread, heirloom tomatoes, persian cucumbers, capers, Roots olive oil, red wine vinegar, feta, wild oregano..... 15

COS SALAD baby greens, chicories, roasted beets, grilled olives, scallions, dried citrus, mint togarashi, avocado-yogurt dressing..... 14

TRIO OF DIPS see server for daily selection, served with village sourdough -or- grilled pita bread..... 12

AVGOLEMONO SOUP | chicken -or- vegetable | egg lemon broth | winter squash | celery root | orzo | dill.....11

MARINATED FETA pepperoncini, aleppo pepper, oregano, Roots olive oil, capers..... 6/12

GRILLED OCTOPUS red wine & grape molasses, wilted greens, garlic chips, oregano vinegar..... 15/29

CYPRriot MEATBALLS Texas beef & lamb, chickpea puree, mint salad..... 13

FRIXOS CATCH “PLAKI” STYLE filet of the day on a bed of confit potatoes & onions, cherry tomato sauce, chickpeas, artichokes, olives, grilled & pickled okra..... *mkt*

GYRO & SOUVLAKI

*with grilled pita -or- lettuce wrap, tomatoes, red onion and tzatziki
served with fries*

TRADITIONAL PORK GYRO thinly sliced Black Hill pork, hand packed & slowly roasted..... 12

LAMB SOUVLAKI free range leg of lamb, roasted garlic, fennel seasoning, bell peppers..... 17

FETA BRINED CHICKEN SOUVLAKI free range chicken, pepperoncini, aleppo pepper, feta..... 14

GRILLED VEGETABLE SOUVLAKI courgettes, eggplant, peppers, pickled tomato vinaigrette, cumin... 14

SIDES

7 ea

greens & cheese pie fresh mix of greens & Greek cheeses baked in phyllo

lemon potatoes chicken stock, wild oregano, Roots olive oil

wilted greens oregano vinegar, garlic chips, fried capers

marinated olives Fotis' Kalamata, grilled Halkidiki, caperberries, cracked coriander

KALI OREXI

PRONUNCIATION: KAH-LEE OR-EX-EE

TRANSLATION: ENJOY YOUR MEAL. BON APPETITE

consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness

Chef William Wright