

# HELEN GREEK FOOD AND WINE

## LUNCH

- CITRUS & FENNEL SALAD** pomegranate, red onion, mint, feta, capers, Cretan barley rusk..... 15
- ROASTED BEET SALAD** baby greens, grilled olives, scallions, dried citrus, avocado-yogurt dressing..... 14
- TRIO OF DIPS** see server for daily selection, served with village sourdough -or- grilled pita bread..... 12
- AVGOLEMONO SOUP** chicken -or- vegetable, egg lemon broth, winter squash, celery root, orzo, dill.....11
- MARINATED FETA** pepperoncini, aleppo pepper, oregano, Roots olive oil, capers..... 6/12
- GRILLED OCTOPUS** red wine & grape molasses, wilted greens, garlic chips, oregano vinegar..... 15/29
- CYPRriot MEATBALLS** Texas beef & lamb, chickpea puree, mint salad..... 13
- FRIXOS CATCH "PLAKI" STYLE** filet of the day on a bed of confit potatoes & onions, cherry tomato sauce, chickpeas, artichokes, olives, grilled & pickled okra..... *mkt*

## GYRO & SOUVLAKI

*with grilled pita -or- lettuce wrap, tomatoes, red onion and tzatziki  
served with fries*

- TRADITIONAL PORK GYRO** thinly sliced Black Hill pork, hand packed & slowly roasted..... 12
- LAMB SOUVLAKI** free range leg of lamb, roasted garlic, fennel seasoning, bell peppers..... 17
- FETA BRINED CHICKEN SOUVLAKI** free range chicken, pepperoncini, aleppo pepper, feta..... 14
- GRILLED VEGETABLE SOUVLAKI** courgettes, eggplant, peppers, pickled tomato vinaigrette, cumin... 14

## SIDES

7 ea

- greens & cheese pie** fresh mix of greens & Greek cheeses baked in phyllo
- lemon potatoes** chicken stock, wild oregano, Roots olive oil
- wilted greens** oregano vinegar, garlic chips, fried capers
- marinated olives** Kalamata, Halkidiki, caperberries, cracked coriander

# KALI OREXI

PRONUNCIATION: KAH-LEE OR-EX-EE

TRANSLATION: ENJOY YOUR MEAL. BON APPETITE

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consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness

Chef William Wright