# Boar's Head Resort

# Sports Club Cafe Menu

#### **BREAKFAST**

Selections include: Bagels, Yogurt, Muffins, Danishes, Fruit, Cereal and more.

#### **TACOS AND WRAPS**

Short Ribs Soft Tacos Braised Beef Short Ribs, Bean Relish, Queso Fresco, Fresh Jalapeños, and Shredded Lettuce

> Tuna Poke Tacos Lettuce, Scallions, Wasabi Crème Fraîche

# Chicken Wrap

Shredded Marinated Chicken, Lettuce, Scallions, Carrots, Cucumbers Served with a Crème Fraîche Lime Cilantro Dressing

#### Member's Choice

Sliced Chicken, Black Bean Relish, Pepper Jack Cheese, Romaine Lettuce with Chipotle Dressing Served on Wrap and Grilled

# Lettuce Thai Tuna Wrap

Butter Lettuce Leaves, Bean Sprouts, Thinly Sliced Red Cabbage, Thin Cucumbers, Shredded Carrots, Rice Noodles, Pickled Ginger and Cilantro Served with a Sweet Chili Hoisin Sauce

#### **SOUPS**

Chef's Creation or Chicken Noodle (Cup \$3, Bowl \$4)

# **GRAB AND GO SALADS**

#### Chop Chop

Baked Chicken, Chopped Romaine, Black Bean Corn Salsa, Shredded Cheddar, Crispy Fried Corn Tortilla Strips and Chipotle Ranch Dressing

#### Grill and Chill Steak Salad

Grilled then Chilled Seasoned Steak, Romaine Lettuce, Poached Apples, Sunflower Seeds, Crumbled Bleu Cheese,

### Tuna Niçoise

Seared Tuna, a mixture of Arugula, Spinach and Romaine Lettuces, Eggs, Green Beans, Kalamata Olives, Potatoes, Tomatoes, Caper Berries Served with Lemon Vinaigrette Dressing

# Roasted Salmon

Asparagus, Blistered Cherry Tomatoes, Spring Mix, English Pea Hummus, Served with Sun Dried Tomato Vinaigrette Dressing

# Mediterranean Box

Olives, Dolmades, Hummus, Fresh Mozzarella, Vegetables Sticks and Crackers

#### **BETWEEN THE BREAD**

Served with choice of Route 11 Chips or Fruit Salad

# The Naturalist

Avocado, Mixture of Arugula, Spinach, Cucumbers, Red Onion with a Sundried Tomato Pesto on Uptown Bakery Multigrain Bread

# The Dagwood

Double Decker Sandwich with Oven-Baked Turkey, Virginia Ham, Applewood Smoked Bacon, Swiss Cheese, Lettuce, Tomatoes and Mayonnaise

#### Salmon

Roasted Salmon, Wasabi Crème Fraîche, Romaine, Sliced Cucumber, Red Onion, Pickled Ginger on Ciabatta

#### Shredded Chicken Panini

Sundried Tomatoes, Jack Cheese, Arugula, Avocado Aioli Served on Sourdough Bread

# Turkey Panini

Herb Goat Cheese, Kalamata Olives Tapenade, Spinach Served on Sourdough Bread

Country Ham Panini

Pimento Cheese and Arugula Served on Ciabatta Roll

# **PANINIS AND WRAPS**

### Turkey Fusion

Roasted Turkey, Mango Chutney, Pepper Jack Cheese on Grilled Ciabatta

# Turkey and Bacon

Roasted Turkey, Applewood Smoked Bacon, Provolone Cheese, Roasted Red Peppers, Slow Roasted Tomato Mayonnaise on Sourdough

# Chicken, Bacon & BBQ

Grilled Chicken, Applewood Smoked Bacon, Cheddar Cheese, BBQ sauce on Ciabatta

# Mediterranean Veggie Wrap

Fresh Tomatoes, Cucumbers, Red Onions, Shredded Lettuce and Feta Cheese topped with Roasted Garlic Hummus and Feta Vinaigrette Served on a Whole Wheat Wrap

# Member's Choice Wrap

Choice Wrap stuffed with Grilled Cilantro Chicken, Roasted Peppers, Red Onion, Jack Cheese, Black Bean Corn Relish, Chipotle Aioli

# LITTLE ONES

Served with choice of Route 11 Chips or Fruit Salad

Hot Dog | Cheese Quesadilla | Pepperoni Pizza Quesadilla | Turkey & Cheese Wrap | Grilled Cheese | Peanut Butter and Jelly



# Boar's Head Resort

# Sports Club Cafe Menu

#### **BEST SMOOTHIES IN TOWN**

(add protein powder)

Very Berry

Strawberries, Raspberries Blueberries, Bananas and Fruit Juice

"C" Source

Mandarin Oranges, Lemons, Pineapples, Orange Juice and Mango Juice

Peach Blossom

Peaches, Bananas, Non-Fat Yogurt and Protein Powder

Banana Cream Pie

Bananas, Non-Fat Yogurt and Protein Powder

Strawberry Shortcake

Strawberries, Non-Fat Yogurt, Splash of Strawberry Puree and Protein Powder

Marie Jean

Strawberries, Kiwis, Bananas, Pina Colada and Fruit Juice

Blazin' Blueberry

Blueberries, Raspberry Juice, Non-Fat Yogurt and Protein Powder

Mango Madness

Peaches, Grapes, Pineapple and Mango Juice

Allie Ballie

Kiwi, Mandarin Oranges, Mango Juice and Banana Juice

Caramel Cappuccino

Caramel Syrup and Cappuccino Yogurt

# **COFFEE AND TEA**

Selections include: an assortment of Teas, Espresso, Americano, Café Au Lait, Cappuccino, Café Latte, Café Mocha, Hot Chocolate and more

# **BEER AND WINE**

Selections include: Starr Hill Grateful Pale Ale, Corona, Heineken, Heineken Light, Amstel Light, Sam Adam's Boston Lager, Budweiser, Bud Light, Miller Light, O'Douls, Coors Light, Michelob Original Lager, Michelob Light, Becks Non-Alcoholic, Canyon Road Chardonnay, Heinz Eifel Riesling, La Piuma Pecorino Terre Di Chieti

9.3% Sales & Virginia Meal Tax. For parties of six or more, an 18% Service Charge will be added.
\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions

Menu Date: August 2017 | Prices are subject to change

