RECIPE



PANISSE

1 Lbs + 1 5/8 Ounce water

1 Lbs + 1 5/8 Ounce veggie stock

1 Tablespoon extra virgin olive oil

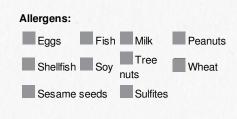
1/2 Ounce Sal

1/6 Ounceground fennel seed12 1/3 Ouncechickpea flour2 Eachlemon, zested

Method:

1. Blend 1/2 the liquid and all of the flour and blend in a vitaprep. 2. Add athe other half of the liquidplus the evoo and whisk into the batter. 3. Cook, stirring often so as to have no lumps. 4. Pour into sheet tray, level and evenly zest with lemon. 5. Cover with parchment and chill overnight.

Yield: 1 1 EA Servings



Gluten Lactose Yeast



Intolerances: