

The New York Palace Spa

Phone: 212.303.7777 | Email: spafitness@nypalace.com | Website: www.nypalace.com



Massage Treatments

Restorative Massage

Combines the power of tailored touch to ease the mind and body.....50 min \$175 80 min \$250

Hot Towel Massage

Uses deep-heat and hot towels to renew the body.....50 min \$195 80 min \$280

Muscle Rejuvenation

Incorporates arnica and deep tissue work to release tightness.....50 min \$225 80 min \$330

Hot Stone Massage

Heated stones and massage produce a state of deep relaxation.....50 min \$210 80 min \$310

Express Massage

Select a specific area of your body that you would like focused on.....25 min \$125

In Room Massage

A relaxing massage in the comfort of your guest room.....50 min \$230 80 min \$310

Couples Massage

A massage for two in the relaxing setting of your guest room.....50 min \$480 80 min \$590

Massage Upgrades

Muscle gel \$50, aromatherapy \$25, moroccan hair treatment \$55, arnica oil \$25

Body Treatments

Warm Mud Wrap

Self heating, detoxifying mud will bubble away tension.....50 min \$200 80 min \$270

Sugar Glow Scrub

Chardonnay sugar will smooth out, hydrate and polish skin.....50 min \$190 80 min \$260

Seaweed Treatment

Detoxifying seaweed wrap and massage will firm the body.....50 min \$225 80 min \$310

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Facial Treatments

Signature Facial

Purifies and hydrates to leave the skin soft and illuminated.....25 min \$135 50 min \$185

Wrinkle Repair

A targeted facial that will reduce fine lines and wrinkles.....50 min \$200 80 min \$275

Natural Lift Facial

Micro current stimulates skin growth and slows cellular aging.....50 min \$250 80 min \$310

Gentleman's Facial

Designed to deeply cleanse, exfoliate and soothe the skin.....25 min \$135 50 min \$185

Facial Upgrades

Micro current \$50, peel \$30, collagen eye treatment \$30, skin brightener \$30

Waxing

Eyebrows \$30, lip \$20, underarm \$30, back \$80, arm \$55, leg \$80, bikini \$45, brazilian \$85

Hands & Feet

Manicure

Hand and arm massage, nail shaping, buffing and polish application.....25 min \$60

Pedicure

Foot soak, scrub, massage, nail trim, buff and polish application.....50 min \$90

Nail Upgrades

French \$20, paraffin hands \$20, paraffin feet \$20, aromatherapy \$10

The New York Palace Spa is open from 9:00am - 9:00pm daily. The Fitness Center is open from 5:30am - 10:00pm Monday - Friday and 7:00am - 10:00pm on Saturday. The facilities are located on the eighth floor. They include locker rooms, showers and steam rooms.