



The Suite Spot: Veronica Skin & Body Care Spa Opens at Malibu Beach Inn

Veteran skincare expert Veronica Barton Schwartz has a new facility.



Los Angeles is home to hundreds of spas, but not every one is created equal. There are day spas, hotel spas and resort spas, to name a few. And, of course, suite spas: those diminutive hideaways typically found in upscale boutique hotels, where guests can squirrel themselves away and soak up the deluxe surroundings in total privacy.

One such hotel is the [Malibu Beach Inn](#), where Veronica Barton Schwartz, who owns the nearby [Skin and Body Care Center](#), recently opened a second location. *DAYSPA* was lucky enough to be invited in for a treatment one recent weekend.

Although it was an overcast, breezy day when I visited, the setting itself was enough to impress. Located right on Carbon Beach (aka Billionaire's Beach, this being Malibu), next to the city's iconic pier, the 47-room property sets a welcoming tone as soon as guests walk through the door. To the right, there's a cozy bar area—complete with a flickering fireplace when I stopped by—and, straight ahead, a bustling patio restaurant overlooking the ocean.

Within a few minutes, Veronica had arrived to greet me and whisk me upstairs to the spacious skincare suite, kitted out in comfy beige and cream linens and furnishings.

Despite enjoying a celebrity clientele list as long as your arm—built up over 35-plus years in business—Veronica is super-friendly and down to earth. Her service menu includes a variety of facials and massages, plus reflexology, brow shaping, waxing and more. For me, she selected an [Epicuren](#) Himalayan Superfruit Enzyme Facial (60 min./\$240), which included the brand's delicious-smelling scrub, gentle extractions (sans steam! I don't know how she did it but I didn't feel a thing!) and an application of oxygen to help with my aging concerns.

And, speaking of which, I grilled Veronica about her secrets for staying so youthful-looking—naturally! They turned out to include good skin care, fastidious SPF application, plenty of water—and daily fish oil supplements.

Veronica is also a fan of other skincare manufacturers such as [SkinCeuticals](#) and [Intraceuticals](#), and switches them up as necessary to deliver a truly customized service.

At the end of the treatment, my skin felt plumped and soothed. And as if I wasn't relaxed enough, Veronica sat me up in the bed so I could gaze out at the water ("We often have a male sea lion come by!" she shared.) With a long drive ahead of me, I had to decline the hotel's proprietary Veronica Spa Cocktail—a blend of pineapple juice, coconut water, lime, mint and organic, gluten-free vodka—and instead sipped on fruit-infused spa water. I pondered how I could barricade myself in the room and never leave, before reality hit me with a bang. But the good news is: I don't have to stay the night to enjoy this small slice of paradise again: the spa suite is open to non-hotel guests too!



Submitted by Lesley McCave on Fri, 2015-05-01 15:33

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