

Exclusive to ICE 604



Powerskating & Hockey Skills Level 1 **@ Burnaby 8 Rinks**

Thursdays
February 7th—March 7th
5:15pm—6:15pm
5 Classes
\$75.00 + Tax

Register before February 1st
and be entered
into a draw to
WIN 1 of 2
Hockey Sticks.

This program will focus on proper technique in all areas of skating, but will also cover puck control, passing & shooting. This program provides a positive learning environment and covers all hockey fundamentals.

Week 1	Forward Stride/Balance	Passing
Week 2	Edge Control/Stopping	Stick Handling
Week 3	Tight Turns	Wrist Shots
Week 4	Forward Crossover	Snap Shots
Week 5	Backward Skating	Slap Shots

To Register email
lbreum@icesports.com



www.icesports.com

