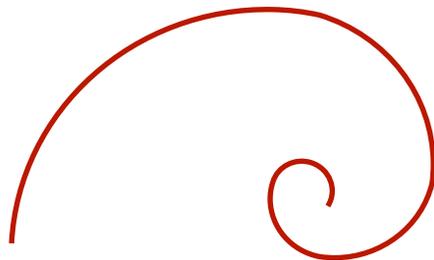


HOW TO CREATE HARMONETIC® WATER — HIGHLY STRUCTURED HARMONIC WATER FOR YOUR BODY

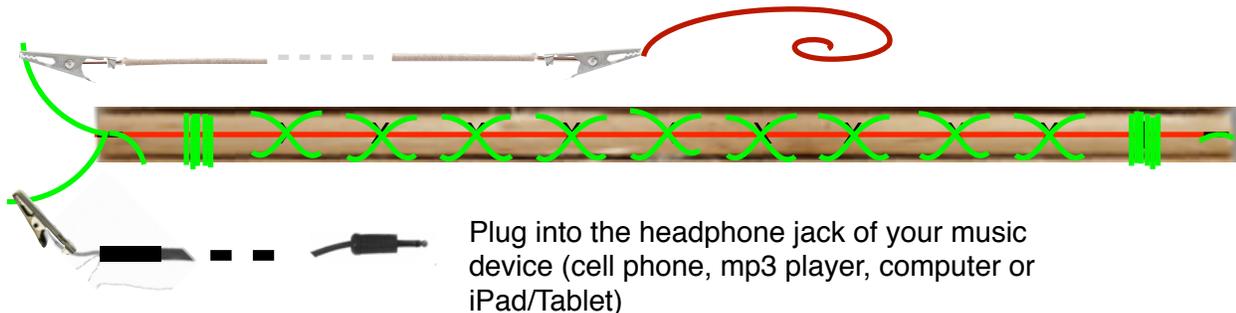
Step 1: Create an extension wire (insulated or bare copper wire is fine) and attach alligator clips to each end.



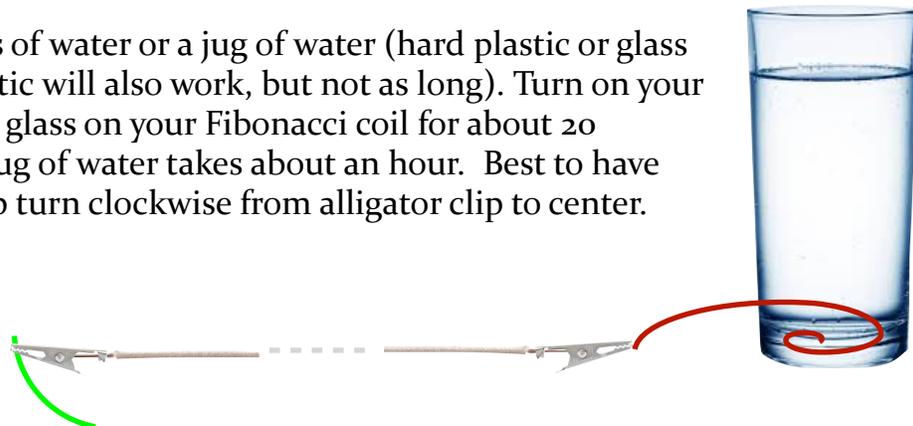
Step 2: Take a 12-inch piece of bare copper wire and form it into an approximate Fibonacci curl.



Step 3: Attach one of the alligator clips to the exiting strand of wire from your Tesla caduceus coil and the other end to your Fibonacci loop. And there you have all you need to create Harmonetic® Water.



Step 4: Place a glass of water or a jug of water (hard plastic or glass is best but soft plastic will also work, but not as long). Turn on your tones and leave the glass on your Fibonacci coil for about 20 minutes. A gallon jug of water takes about an hour. Best to have your Fibonacci loop turn clockwise from alligator clip to center.



ABOUT HARMONETIC® WATER

Harmonetic™ Water was tested in a Colorado study to determine its effectiveness and the principles behind it that are based on water's ability to hold patterns and vibrations. Mathematical patterns and frequencies based on harmony are used to create this highly structured water. What follow are recommendations in using the water and how to maintain its effectiveness over time.

RECOMMENDATIONS:

1. Start with a minimum amount and then double the amount you drink across time until you feel you have reached the best level for you. If you feel your body can handle the doubling on a daily or weekly basis then start there. Trust your own intuition on this. No one knows your body better than you. If you are a highly sensitive person, then start with a 1/4 cup. If you handle change normally, then start with a glass of water. If you find that you have too much energy to the point where you have difficulty falling asleep, then decrease your daily intake. Otherwise, the study has shown that most people have better sleep patterns after drinking the water.
2. Transfer the water to a glass or hard-plastic container when you get it. It's also a good idea to send intention into the water (i.e. "I choose that this water will bring my body into harmony") before drinking it. Keep the water away from microwaves and/or wi-fi routers. Don't leave the water in direct sunlight. Any of these cause water to de-structure. Don't leave your cell phone next to the water for the same reason.
3. Feel free to use the water to make other drinks. Boiling and freezing will cause water to restructure. Harmonetic® Water may have more going on than just structure. We are hearing it makes great coffee. Drink the water on a daily basis and in amounts that work for you.

REPORTED EFFECTS & TESTIMONIALS:

1. Testimonials have shown that the super-hydration principle behind the water can enhance wellness in different ways for different people. Using a Bio-Scan machine, several of the participants noticed a 50-60% increase in their cellular hydration levels. This same super-hydration also allows the cells in the body to get rid of toxins much faster. So if you are noticing more elimination than you feel comfortable with, decrease the amount of water you drink daily.
2. In the study, participants reported feeling more energy, more mental clarity, better emotional balance, and a greater sense of wellness.
3. At the start of using the water, some participants reported discomfort that soon passed. On the other extreme, some folks reported dramatic return to their natural state of wellness.
4. Harmonetic® Water is intended as a tool to return natural harmony. It is not intended to be a substitute for medical needs. See your doctor if you have medical needs.