

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2018

“Our greatest glory is not in never falling, but in rising every time we fall” - Confucius

<p>8:30 Sunday Newscast 9:00 Exercise Fun 10:00 Friendship Day Stories 10:30 Catholic Bible Study 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Bell Class 4:15 RNA Range of Motion (PT) 7:00 WAEC Cinema <i>*National Friendship Day</i></p> <p>5</p>	<p>8:30 Daily Update 9:30 Sitting Zumba 10:30 Derby Races 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Bingo & a Root Beer Float 3:00 Manicure / Glamour Hour 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 AC Video Tour Exploration <i>*National Root Beer Floats Day</i></p> <p>6</p>	<p>8:30 Front-Page News Social 9:00 Music Arts w/ Jesse 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (BC) 2:00 Chenille's Wellness Class 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Faith Revival Ministries <i>*Resident Outing</i></p> <p>7</p>	<p>8:30 News Broadcast 9:15 Sing A Long w/ Beverly 10:30 Exercise / Communion 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 1:30 Blast from the Past w/ Joy 3:30 Hardware Store Shopping Fun 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Penny Bingo</p> <p>8</p>	<p>8:30 News Announcements 9:15 Senior Topics w/ Lisa 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Music Class w/ Josh (BC) 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo <i>*NFL Preseason Opener</i></p> <p>9</p>	<p>8:30 Daily Update 9:30 Sitting Zumba 10:00 Brad & His Guitar 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Nickel Bingo 3:00 Crafts & Watermelon 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Movie Night <i>*National Watermelon Day</i></p> <p>3</p>	<p>8:30 Early Bird Social 9:00 Table Toss 9:30 Religious Hymns 10:00 Spirit Lifters 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Creative Arts w/ Yelena 4:15 RNA Range of Motion (PT) 6:45 Knott Ave. Church 7:30 Wheel of Fortune</p> <p>4</p>
<p>8:30 Sunday Newscast 9:30 Friendship Baptist Church 10:30 Higher/Lower 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Bell Class 4:15 RNA Range of Motion (PT) 7:00 WAEC Cinema</p> <p>12</p>	<p>8:30 News Broadcast 9:30 Sitting Zumba 10:30 Derby Races 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Manicure / Glamour Hour 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 AC Video Tour Exploration</p> <p>13</p>	<p>8:30 Headline News 9:00 Music Arts w/ Jesse 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (BC) 2:00 Chenille's Wellness Class 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo</p> <p>14</p>	<p>8:30 News Announcements 9:15 Sing A Long w/ Beverly 10:30 Exercise / Communion 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 WAEC Luau 3:30 Best Friend's Day Social 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Blast from the Past w/ Joy <i>*Best Friend's Day</i></p> <p>15</p>	<p>8:30 News Broadcast 9:15 Senior Topics w/ Lisa 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Music Class w/ Josh (BC) 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo</p> <p>16</p>	<p>8:30 Front-Page News Social 9:30 Sitting Zumba 10:00 Higher/Lower 10:30 Play of the Jewels Game 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Nickel Bingo 3:00 Arts & Crafts 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Movie Night</p> <p>17</p>	<p>8:30 Early Bird Social 9:00 Table Toss 9:30 Religious Hymns 10:00 Spirit Lifters 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Creative Arts w/ Yelena 4:15 RNA Range of Motion (PT) 6:45 Knott Ave. Church 7:30 Wheel of Fortune</p> <p>18</p>
<p>8:30 Sunday Newscast 9:00 Ing's Family Chimes 9:30 Crescent Baptist Ministry 10:00 Web Connection Games 10:30 Higher/Lower 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Bell Class 4:15 RNA Range of Motion (PT) 7:00 WAEC Cinema</p> <p>19</p>	<p>8:30 Front-Page News Social 9:30 Sitting Zumba 10:30 Derby Races 11:00 Life Enrichment (PT) NO BISTRO 1:00 Sunshine Group (PT) 2:00 Penny Bingo & Lemonade 3:00 Manicure / Glamour Hour 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 AC Video Tour Exploration <i>*Lemonade's Birthday</i></p> <p>20</p>	<p>8:30 Daily Update 9:00 Music Arts w/ Jesse 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (BC) 2:00 Chenille's Wellness Class 3 Senior Citizens Appreciation 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Faith Revival Ministries <i>*Senior Citizens Day</i></p> <p>21</p>	<p>8:30 Morning Headlines 9:15 Sing A Long w/ Beverly 10:30 Exercise / Communion 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 1:30 Blast from the Past w/ Joy 3:30 Hardware Store Shopping Fun 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Penny Bingo</p> <p>22</p>	<p>8:30 News Broadcast 9:15 Senior Topics w/ Lisa 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Music Class w/ Josh (BC) 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo</p> <p>23</p>	<p>8:30 Coffee & Donuts Social 9:30 Sitting Zumba 10:00 Brad & His Guitar 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Nickel Bingo 3:00 Arts & Crafts 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Movie Night</p> <p>24</p>	<p>8:30 Early Bird Social 9:00 Table Toss 9:30 Religious Hymns 10:00 Web Connection 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Creative Arts w/ Yelena 4:15 RNA Range of Motion (PT) 6:45 Knott Ave. Church 7:30 Wheel of Fortune</p> <p>25</p>
<p>8:30 Sunday Newscast 9:00 Exercise Fun 10:00 Higher/Lower 10:30 Catholic Bible Study 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Bell Class 4:15 RNA Range of Motion (PT) 7:00 WAEC Cinema</p> <p>26</p>	<p>8:30 Headline News 9:30 Sitting Zumba 10:30 Derby Races 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Penny Bingo 3:00 Manicure / Glamour Hour 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 AC Video Tour Exploration</p> <p>27</p>	<p>8:30 News Broadcast 9:00 Music Arts w/ Jesse 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (BC) 2:00 Chenille's Wellness Class 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo <i>*Resident Outing</i></p> <p>28</p>	<p>8:30 Front-Page News Social 9:15 Sing A Long w/ Beverly 10:30 Exercise / Communion 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 1:30 Blast from the Past w/ Joy 3:30 Hardware Store Shopping Fun 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Penny Bingo</p> <p>29</p>	<p>8:30 News Announcements 9:15 Senior Topics w/ Lisa 10:00 Resident Council (BC) 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Music Class w/ Josh (BC) 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 5:00 Easy Listening 7:00 Penny Bingo</p> <p>30</p>	<p>8:30 Daily Update 9:30 Sitting Zumba 10:00 Brad & His Guitar 11:00 Life Enrichment (PT) 11:00 Book Club (BC) 1:00 Sunshine Group (PT) 2:00 Nickel Bingo 3:00 Birthday Bash 4:00 Fun & Fitness (PT) 4:15 RNA Range of Motion (BC) 7:00 Movie Night</p> <p>31</p>	

All activities are subject to change. Activities are held in the Large Dining Room unless otherwise specified: PT – Physical Therapy / BC – Bistro Café. Room Visits offered daily PRN.