


























# Menu at the Pointe

## Lunch

<p><i>Sunday (6-11)</i></p> <p>*****</p> <p><b>Roast Beef</b> </p> <p>*****</p> <p><b>Sides</b></p> <p>Mashed Potatoes </p> <p>Gravy </p> <p>Broccoli </p> <p>Cauliflower </p> <p>*****</p> <p><b>Dessert</b></p> <p>Pie</p>	<p><i>Monday (6-12)</i></p> <p>*****</p> <p><b>Chicken Cordon Bleu</b> </p> <p>*****</p> <p><b>Sides</b></p> <p>Baked Potato </p> <p>Mixed Vegetables </p> <p>Carrots </p> <p>*****</p> <p><b>Dessert</b></p> <p>Grape Salad</p>	<p><i>Tuesday (6-13)</i></p> <p>*****</p> <p><b>Grilled Salmon</b> </p> <p>*****</p> <p><b>Sides</b></p> <p>Roasted Potatoes </p> <p>Harvard Beets </p> <p>Asparagus </p> <p>*****</p> <p><b>Dessert</b></p> <p>Fruited Jell-O w/Whip</p>	<p><i>Wednesday (6-14)</i></p> <p>*****</p> <p><b>BBQ Ribs</b> </p> <p>*****</p> <p><b>Sides</b></p> <p>Potato Salad </p> <p>Capri Vegetables </p> <p>Corn on the Cob </p> <p>*****</p> <p><b>Dessert</b></p> <p>Angel Food Cake w/ Strawberries</p>
<p><b>Tuna Pasta Salad</b> </p> <p>*****</p> <p><b>Sides</b></p> <p>Sliced Tomatoes </p> <p>Three Bean Salad </p> <p>*****</p> <p><b>Dessert</b></p> <p>Pie</p> <p>*****</p> <p><b>Soup of the Day</b></p> <p>Chicken Noodle Soup</p>	<p><b>Tortellini w/Sauce</b> </p> <p>*****</p> <p><b>Sides</b></p> <p>Italian Vegetables </p> <p>Garlic Bread</p> <p>*****</p> <p><b>Dessert</b></p> <p>Sugar Cookie</p> <p>*****</p> <p><b>Soup of the Day</b></p> <p>Vegetable Beef Soup</p>	<p><b>Cottage Cheese Fruit Plate</b> </p> <p>*****</p> <p><b>Sides</b></p> <p>Muffin</p> <p>*****</p> <p><b>Dessert</b></p> <p>Sherbet</p> <p>*****</p> <p><b>Soup of the Day</b></p> <p>Broccoli Soup</p>	<p><b>Cream Chicken on Biscuit</b> </p> <p>*****</p> <p><b>Sides</b> </p> <p>Prince Charles Vegetables</p> <p>*****</p> <p><b>Dessert</b></p> <p>Cinnamon Applesauce</p> <p>*****</p> <p><b>Soup of the Day</b></p> <p>Ham and Bean Soup</p>

## Dinner

Lunch

*Thursday (6-15)*


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**Pepper Steak** 

\*\*\*\*\*

**Sides**

Rice 

Spinach 

Parsley Carrots 

\*\*\*\*\*

**Dessert**

Butterscotch Pudding

*Friday (6-16)*


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**Baked Pork Chops** 

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**Sides**

Baked Sweet Potatoes 

Peas and Onions 

Yellow Squash 

\*\*\*\*\*

**Dessert**

Hot Apple Slices


*Saturday (6-17)*

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**Meat Loaf** 

\*\*\*\*\*

**Sides**

Scalloped Potatoes 

Green Beans 

Seven Layer Salad 

\*\*\*\*\*

**Dessert**

Watermelon and Cantaloupe

Dinner

**Corn Dog** 

\*\*\*\*\*

**Sides**

Onion Rings 

Slaw 

\*\*\*\*\*

**Dessert**

Peanut Butter Cookies

\*\*\*\*\*

**Soup of the Day**

Potato Soup

**Chicken Strips** 

\*\*\*\*\*

**Sides**

Fries 

Tomato Cucumber Salad 

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**Dessert**

Eclairs

\*\*\*\*\*

**Soup of the Day**

Chicken and Dumpling Soup

**Reuben** 

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**Sides**

Pasta Salad 

Beets 

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**Dessert**

Ice Cream Sandwiches

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**Soup of the Day**

Corn Chowder

Friday- Breakfast special is French Toast and Sausage Links 

















Foods with high salt content 

Heart Healthy 











Menu subject to change

# Menu at the Pointe

## Lunch

<i>Sunday (6-18)</i>	<i>Monday (6-19)</i>	<i>Tuesday (6-20)</i>	<i>Wednesday (6-21)</i>
***** <b>Fried Chicken</b>  *****	***** <b>Lasagna</b>  *****	***** <b>Parmesan Tilapia</b>  *****	***** <b>Open Faced Roast Beef Sandwich</b>  *****
<b>Sides</b> Mashed Potatoes  Gravy  Corn  Capri Vegetable  *****	<b>Sides</b> Tossed Salad  Italian Vegetable  Garlic Bread *****	<b>Sides</b> Tri Cut Potatoes  Asparagus  Parmesan Roasted Carrots  *****	<b>Sides</b> Mashed Potatoes w/Gravy  Cauliflower w Cheese  Broccoli  *****
<b>Dessert</b> Pie	<b>Dessert</b> Lemon Bar	<b>Dessert</b> Chocolate Chip Cookie	<b>Dessert</b> Angel Food Cake with Blueberries

## Dinner

<b>Sloppy Joe Sandwich</b>  *****	<b>Chipped Beef on Toast</b>  *****	<b>BBQ Pulled Pork on Bun</b>  *****	<b>Cheese Pizza</b>  *****
<b>Sides</b> Potato Salad  Mixed Vegetables  *****	<b>Sides</b> Green Beans  *****	<b>Sides</b> Macaroni and Cheese  Slaw  *****	<b>Sides</b> Tossed Salad  Garlic Sticks *****
<b>Dessert</b> Pie *****	<b>Dessert</b> Brownie *****	<b>Dessert</b> Fresh Fruit Salad *****	<b>Dessert</b> Ice Cream *****
<b>Soup of the Day</b> Chicken Noodle Soup	<b>Soup of the Day</b> Vegetable Beef Soup	<b>Soup of the Day</b> Broccoli Soup	<b>Soup of the Day</b> Ham and Bean Soup

Lunch


*Thursday (6-22)*

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**Pork Roast w/ Apple Glaze** 

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**Sides**

Baked Sweet Potatoes 

Brussel Sprouts 

Prince Charles Vegetable 

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**Dessert**

Chocolate Pudding


*Friday (6-23)*


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**Chicken or Beef Fajita** 

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**Sides**

Mexican Rice 

Refried Beans 

Mexican Corn 

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**Dessert**

Cinnamon Rolls

*Saturday (6-24)*

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**Swedish Meat Balls** 

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**Sides**

Buttered Noodles 

Yellow Squash 

Harvard Beets 

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**Dessert**

Drum Sticks

Dinner

**Turkey ala King on Biscuit** 

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**Sides**

Mixed Vegetables 

\*\*\*\*\*

**Dessert**

Peanut Butter Cookie

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**Soup of the Day**

Potato Soup

**Bacon Swiss Burger on Rye** 

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**Sides**

Potato Salad 

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**Dessert**

Fresh Fruit Salad

\*\*\*\*\*


**Soup of the Day**

Chicken and Dumpling Soup

**Tuna Stuffed Tomato** 

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**Sides**

Celery Sticks and Pickles 

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**Dessert**

Muffin

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**Soup of the Day**

Corn Chowder

*Friday- Breakfast special is Pancake and Sausage Links*

Foods with high salt content 

Heart Healthy 





Menu subject to change

## Menu at the Pointe

### Lunch

#### Sunday (6-25)




\*\*\*\*\*  
**Roast Turkey w/Stuffing** 

\*\*\*\*\*  
**Sides**  
 Mashed Potatoes w/   
 Gravy   
 Baby Carrots   
 Green Beans Casserole 

\*\*\*\*\*  
**Dessert**  
 Pie

#### Monday (6-26)

\*\*\*\*\*  
**Sautéed Chicken Livers** 

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**Sides**  
 Tri Color Potatoes   
 Asparagus   
 Cauliflower 

\*\*\*\*\*  
**Dessert**  
 Chocolate Cake

#### Tuesday (6-27)

\*\*\*\*\*  
**Beef Chop Suey** 

\*\*\*\*\*  
**Sides**  
 Rice   
 Chinese Vegetables   
 Broccoli   
 Chow Mein Noodles

\*\*\*\*\*  
**Dessert**  
 Tapioca Pudding

#### Wednesday (6-28)



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**Grilled Shrimp** 

\*\*\*\*\*  
**Sides**  
 Pasta w/ Alfredo Sauce   
 Tossed Salad   
 Prince Charles Vegetable   
 Garlic Bread

\*\*\*\*\*  
**Dessert**  
 Angel Food Cake w/  
 Strawberries

### Dinner

**BBQ Pulled Pork** 

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**Sides**  
 Potato Salad   
 Tomato Cucumber Salad 

\*\*\*\*\*  
**Dessert**  
 Pie

\*\*\*\*\*  
**Soup of the Day**  
 Chicken Noodle Soup

**Ravioli w/ Meat Sauce** 

\*\*\*\*\*  
**Sides**  
 Italian Vegetables   
 Garlic Bread

\*\*\*\*\*  
**Dessert**  
 Apricots

\*\*\*\*\*  
**Soup of the Day**  
 Vegetable Beef Soup

**Turkey Bacon Sub  
 Sandwich** 

\*\*\*\*\*  
**Sides**  
 Chips   
 Beets 

\*\*\*\*\*  
**Dessert**  
 Fresh Fruit Salad

\*\*\*\*\*  
**Soup of the Day**  
 Broccoli Soup

**Stuffed Cabbage Rolls** 

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**Sides**  
 Green Beans 

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**Dessert**  
 Apricots w/ Whip

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**Soup of the Day**  
 Minestrone Soup

Lunch

**Thursday (6-29)**

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**Polish Kielbasa** 

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**Sides**

German Potato Salad 

Sauerkraut 

Parsley Carrots 

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**Dessert**

German Chocolate Cake

**Friday (6-30)**

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**Poor Boys** 

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**Sides**

Onion Rings 

Slaw 

Kidney Bean Salad 

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**Dessert**

Drum Sticks

**Saturday (7-1)**

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**BBQ Pork Chops** 

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**Sides**

Au Gratin Potatoes 

Broccoli & Cauliflower 

w/Cheese 

Cream Corn 

\*\*\*\*\*

**Dessert**


Watermelon

**Monterey Jack Chicken** 

**On Bun**

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**Sides**

Macaroni Salad 

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**Dessert**

Grape Salad

\*\*\*\*\*

**Soup of the Day**

Potato Soup

**Egg Salad on Croissant** 

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**Sides**

Potato Chips 

Tomato Wedges 

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**Dessert**

Sugar Cookie

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**Soup of the Day**

Chicken and Dumpling Soup

**Stuffed Peppers** 

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**Sides**

Prince Charles Vegetable 

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**Dessert**

Eclair

\*\*\*\*\*

**Soup of the Day**

Corn Chowder

Dinner

Friday- Breakfast special is French Toast and Sausage Links 























Foods with high salt content 

Heart Healthy 

Menu subject to change

## Menu at the Pointe

### Lunch

	<i>Sunday (7-2)</i>	<i>Monday (7-3)</i>	<i>Tuesday (7-4)</i>	<i>Wednesday (7-5)</i>
	***** <b>Fried Chicken</b>  ***** <b>Sides</b> Mashed Potatoes  Gravy Cream Corn  Prince Charles Vegetable ***** <b>Dessert</b> Pie	***** <b>Ham Steak</b> ***** <b>Sides</b> Augratin Potatoes  Green Bean Casserole Creamed Peas ***** <b>Dessert</b> Fruit Pizza	***** <b>Chicken Alfredo</b>  ***** <b>Sides</b> Carrots  Cauliflower  Garlic Bread ***** <b>Dessert</b> Fruit Pizza	***** <b>Sweet and Sour</b> <b>Meat Balls</b>  ***** <b>Sides</b> Rice  Broccoli  Chinese Vegetables  ***** <b>Dessert</b> Tapioca Pudding
	<b>Sloppy Joes</b>  ***** <b>Sides</b> French Fries  Slaw  ***** <b>Dessert</b> Pie ***** <b>Soup of the Day</b> Chicken Noodle Soup	<b>Turkey or Ham Wrap</b>  ***** <b>Sides</b> Macaroni Salad  Pea Salad  ***** <b>Dessert</b> Apricots ***** <b>Soup of the Day</b> Vegetable Beef Soup	<b>French Dip w/ au jus</b>  ***** <b>Sides</b> Potato Salad  Slaw  ***** <b>Dessert</b> Fresh Fruit Salad ***** <b>Soup of the Day</b> Broccoli Soup	<b>Egg Salad Fruit Plate</b> ***** <b>Sides</b> Macaroni Salad  Muffin  ***** <b>Dessert</b> ***** <b>Soup of the Day</b> Minestrone Soup

### Dinner

Lunch

*Thursday (7-6)*

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**Spaghetti** 

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**Sides**

Noodles 

Tossed Salad 

Italian Vegetable 

Garlic Bread

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**Dessert**

Lemon Bar

*Friday (7-7)*

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**Baked Cod** 

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**Sides**

Tri Cut Potatoes 

Tomato Wedges w/Cottage Cheese 

Asparagus 

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**Dessert**

Peach Crisp

*Saturday (7-8)*

\*\*\*\*\*

**Swiss Steak w/Gravy** 

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**Sides**

Mashed Potatoes 

Mixed Vegetables 

Carrots 

\*\*\*\*\*

**Dessert**


Yellow Cake

Dinner

**Pulled Pork Sliders** 

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**Sides**

Chips 

Slaw 

\*\*\*\*\*

**Dessert**

Brownie

\*\*\*\*\*

**Soup of the Day**


Potato Soup

**Italian Beef** 

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**Sides**

Pasta Salad 

Kidney Bean Salad 

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**Dessert**

Ice Cream

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**Soup of the Day**

Chicken and Dumpling Soup

**Chef Salad** 

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**Sides**

Muffin

\*\*\*\*\*

**Dessert**

Fresh Fruit Cup

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**Soup of the Day**

Corn Chowder

*Friday- Breakfast special is Pancake and Sausage Links*

Foods with high salt content 

Heart Healthy 

Menu subject to change



