

Menu at the Pointe

Lunch

Sunday (1/7)

Meatloaf 

Sides

Mashed Potatoes 

Gravy 

Corn

Monday (1/8)

**Au Gratin Potato &
Ham Casserole** 

Sides

Green Beans 

Tuesday (1/9)

Tilapia 

Sides

Tri Color Potatoes 

Peas

Wednesday (1/10)

**Chicken & Rice
Casserole**

Sides

Brussel Sprouts

Dinner

Corn Dogs 

Sides

Chips
Cole Slaw

Soup of the Day

Salisbury Steak 

Sides

Mashed Potatoes 

Gravy 

Asparagus 

Soup of the Day

Stuffed Cabbage

Rolls 



Sides

Carrots

Soup of the Day

Taco Salad 

Sides

Refried Beans 
Mexican Rice 

Soup of the Day

Lunch

Thursday (1/11)

Country Fried Steak 

Sides

Gravy 

Rosemary Potatoes 

Green Beans 

Friday (1/12)

Chicken Alfredo 

Sides

Salad 

Garlic Roll 

Saturday (1/13)

Beef Chop Suey 

Sides

Rice 

Chinese Vegetables 

Dinner

BBQ Pulled Pork 

Sides


Cole Slaw 

Potato Salad 

Soup of the Day

**Stuffed Baked Potatoes w/
Choice of Toppings** 

Sides

Mixed Vegetables 

Soup of the Day

Swedish Meatballs 

Sides

Noodles 

Asparagus

Soup of the Day

Friday- Breakfast special is Waffles and Sausage Links 

Foods with high salt content 

Heart Healthy 

Menu subject to change

Menu at the Pointe

Lunch

Sunday (1/14)

Baked Cod 

Sides

Rosemary Potatoes 

Creamed Spinach 

Monday (1/15)

**Scalloped Chicken &
Noodles**

Sides

Capri Vegetables 

Roll 

Tuesday (1/16)

Spaghetti

Sides

Mixed Vegetables 

Garlic Roll

Wednesday (1/17)

Fried Chicken

Sides

Mashed Potatoes

Gravy

Corn

Dinner

Ham & Cheese Wraps

Sides

Chips 

Bean Medley Salad 

Soup of the Day

Italian Sausage 

Sides

Sauerkraut 

German Potato Salad 

Soup of the Day

Monterey Jack Chicken

Sandwich 

Sides

Pasta Salad 

Cole Slaw 

Soup of the Day

Turkey ala King on Biscuit

Sides

Mixed Vegetables



Soup of the Day

Lunch

Thursday (1/18)

Parmesan Tilapia 



Sides

Scalloped Potatoes 
Cauliflower W/ Cheese 

Friday (1/19)

Grilled Chicken

Sides

Rice Pilaf 
Asparagus 

Saturday (1/20)

Pork Chops 



Sides

Mashed Potatoes 
Brussell Sprouts 

Dinner

Italian Beef on Bun 

Sides

Nachos W/ cheese 
Slaw 

Soup of the Day

Turkey Bacon Sub

Sandwich 

Sides

Chips 
Mac & Cheese Salad

Soup of the Day

Beef Stew

W/ Vegetables 

Sides

Cottage Cheese
Tomatoes
Dinner Roll

Soup of the Day

Friday- Breakfast special is French Toast and Sausage Links

Foods with high salt content 

Heart Healthy 

Menu subject to change

Menu at the Pointe

Lunch

Sunday (1/21)

Salmon Patties



Sides

Macaroni & Cheese 
Corn 

Monday (1/22)

Ham

Sides

Tri Color Potatoes 
Squash 

Tuesday (1/23)

Manicotti



Sides

Salad
Garlic Roll

Wednesday (1/24)

BBQ Ribs 

Sides

Potato Salad 
Mixed Vegetables 

Dinner

Turkey and Cheese Wraps 

Sides

Chips 
Pea Salad 

Soup of the Day

Open Face Roast Beef Sandwiches

Sides

Mashed Potatoes
Gravy
Carrots

Soup of the Day

Sweet and Sour Meat Balls 

Sides

Rice
Chinese Vegetables

Soup of the Day

Hot Ham and Cheese on Bun 

Sides

Fries 
Tossed Salad 

Soup of the Day


Lunch

Thursday (1/25)

Pepper Steak 

Sides

Rice 

Spinach 

Friday (1/26)

Pork Fritters 

Sides

Mashed Potatoes 

Corn

Saturday (1/27)

Tuna Noodle Casserole 

Sides

Asparagus

Dinner Roll

Dinner

Breaded Chicken

Sandwich 

Sides

Carrot & Raisin Salad 

Chips 

Soup of the Day

Ham & Beans 

Sides

Slaw 


Corn Bread Muffin

Soup of the Day

Philly Steak Sandwiches 

Sides

Pasta Salad

Cucumber & Onion Salad 

Soup of the Day

Friday- Breakfast special is French Toast and Sausage Links 

Foods with high salt content 

Heart Healthy 

Menu subject to change

Menu at the Pointe

Lunch

Sunday (1/28)

Beef Stroganoff 

Sides

Noodles 

Broccoli 

Monday (1/29)

Lasagna 

Sides

Tossed Salad 

Italian Vegetable 

Garlic Roll

Tuesday (1/30)

Open Face Roast Beef Sandwiches

Sides

Mashed Potatoes

Gravy

Green Beans

Wednesday (1/31)

Pork Roast W/ Apple Glaze 

Sides

Baked Sweet Potatoes 

Peas

Dinner

Sloppy Joe 

Sides

Slaw 

Three bean salad

Soup of the Day

Box Dinner

Sides

Sandwich

Chips

Fruit cup

Cookie

Fruit punch

Soup of the Day

Chipped Beef on Toast 

Sides

Brussel Sprouts 

Soup of the Day

Chicken Strips 

Sides


Macaroni and Cheese


Slaw 

Soup of the Day


Lunch




Thursday (2/1)

Turkey Tetrazzini 

Sides
Carrots 
Texas toast

Friday (2/2)

Chicken Fajita 


Sides
Mexican Rice 
Refried Beans 
Mexican Corn 


Saturday (2/3)

Beef & Noodles


Sides
Cauliflower W/ Cheese
Dinner Roll



Dinner

Ravioli w/ Meat Sauce 


Sides
Italian Vegetables 
Garlic Roll


Soup of the Day

Bacon Swiss Burger on Rye 

Sides
Potato Salad 
Strawberry Spinach Salad 

Soup of the Day

Stuffed Peppers 

Sides
Asparagus 

Soup of the Day

Friday- Breakfast special is Pancake and Sausage Links

Foods with high salt content 

Heart Healthy 

Menu subject to change