

CRYSTAL CREEK
ASSISTED LIVING



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Assisted Living

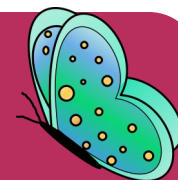
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News From the Creek



MAY 2016

Kelley's Korner

Kelley Walerski: Executive Director Phone: (734) 927-7025

Hello Again! I can't believe another month has passed, but I am ready for the warm weather and sunshine!

We recently introduced an Employee of the Month Program, and I am happy to announce that our first recipient is **Tiffany Pierce**. Tiffany is an afternoon shift Medication Tech/Caregiver who typically works in Bldg 4. She received 2 nominations from family members and I would like to share a few of the comments with you. "Tiffany has a long history with our mother when working in Bldg 2, and since our Mother was relocated to Bldg 4, she was a welcome sight for my mother in her new location. Tiffany went out of her way to make our mother feel comfortable, and most of all she made her feel loved. I have never seen Tiffany upset or short. If I ask Tiffany about how my mother is doing, whether she has had any food to eat, her mood, Tiffany will find the answer for me, even if she didn't work the shifts I inquire about. She does this in a timely fashion and without complaints."

Congratulations to Tiffany on winning the Employee of the Month for April 2016! She has received a day off with pay and a \$50 Visa Card. Please continue to send in your nominations. I received many last month, but the volume has dropped off. If your nomination did not win this month, please continue to submit, but please be specific about why the employee deserves the nomination. Nominations are received from family members, residents, and staff. You may email me your nomination or pick up a form in any of the four vestibules and drop it in the Bld 1 drop box.

I have a "Save the Date" for you...Saturday October 1, 2016. This is the annual "Walk to End Alzheimer's" sponsored by the Alzheimer's Association. Crystal Creek Staff will be putting a team together for the walk and we invite our family members and friends to join us. The event will be held at Comerica Park. This is a great opportunity to support the research, education and other support programs that the Alzheimer's Association provides. Stay tuned for more information!

Now that warmer weather has finally arrived along with that sunshine, please remember to have a hat or other sun protection available for your loved one. Sunscreen with an SPF of at least 30 will be available in each of the buildings, but if you have a specific preference as to brand or SPF, please feel free to provide. We want everyone to be able to enjoy the outdoors without having to worry about sunburns.

I'd like to say a few words about snacks in the resident rooms. Although we have snacks available 24 hours a day, we understand that many residents keep a "private stash" of their favorites in their rooms. However, any food brought in to the room must be in an airtight container. Any perishable items not stored in either a closed food storage bag or closed air-tight container will be disposed of. We cannot allow practices that will draw ants and other insects or pests. If you have any questions, please feel free to contact me directly. Your cooperation is greatly appreciated.

Again, thank you for your support of the Employee of the Month Program. See you next month!



Angie's Angle

Angie Schimmel Director of Resident Care (734) 927-7024



I would like to take the month of May and get all of the residents advanced directives up to date. I know it isn't something we think of often, but as changes occur in our residents lives, we need to make sure this information is up to date.

In a crisis situation this information is extremely important. Please contact me directly at **734-927-7024** or **angie@crystalcreek.biz** to schedule a date in May to come in and discuss and update your loved ones advanced directives. Thank you!



Steve-0 Says

Stephen Esler Maintenance Director (734) 453-3203

We understand your loved ones may enjoy snacks that we do not have available here. You are always welcome to bring items in for your loved ones to keep in their room. With that being said, if you bring in food items, they must be in an air tight containers. Food that is not in an air tight containers attract unwanted pests.

Plug-in air fresheners are no longer allowed in your loved ones rooms. I know that it is nice to make the room smell nice, but as you can see in the photo, they are not compatible with the floors and can cause a lot of damage.

Thanks for you cooperation. If you have any questions regarding any item you bring in, please feel free to ask.



KEEP CALM
A
MAINTENANCE
MAN WILL
FIX IT



A note from Karen

Karen Boyd: Business Manager (734) 927-7023



I hope everyone has been enjoying the nice weather. It is a great time of year to get out and start enjoying all this fresh air. We have a couple of National Holiday's in May that will hopefully get you thinking about your health and well-being. We have Women's Check-Up Day on May 9th. This day is a reminder for all us women to schedule those well visits and regular yearly screenings. An ounce of prevention is worth a pound of cure. Did you know that May 25th is Senior Health Fitness Day? "Improve Your Health for a Better Self" is the theme for this year. We are never too old to add a little exercise into our daily routine. May 21st is Red Cross Founder Day. Clara Barton and a circle of her acquaintances founded the American Red Cross in Washington DC on May 21, 1881. What a wonderful organization, maybe a good day to donate a pint of blood. Don't forget to also have some fun and celebrate Cinco de Mayo on May 5th. I hope everyone has a happy, healthy May.



Clara Barton, Founder of American Red Cross

Resident of the Month: Carol Bennethum

Carol Bennethum was born in Wisconsin to Lila and Pete. She married Jim, the love of her life and her perfect match. Together they had 5 children: Jeff, Sandy, Cindy, Jim and Ann. Carol loves the Lord and has a very strong faith. Serving others has always been her main goal. She is a social butterfly. Her family doesn't remember anybody that Carol didn't like and I am sure you couldn't find another soul who didn't enjoy Carol's company. She enjoyed cooking, gardening, reading, sewing, and threw the best parties! She was a regular speaker at churches and a mentor to women of all ages. Her family and God have always been a top priority. She always has a smile on her face and one of her favorite sayings during difficult times was "this too shall pass" as well as "what's the alternative?" Carol wanted to be a missionary when she grew up and although she wasn't a conventional one, she ministered to many people daily throughout her life. She has a heart full of peace and joy whatever her situation. We are so thankful Carol is here with us at Crystal Creek. She will always greet you with a beautiful smile and kind words. She truly is a ray of sunshine!



Happy
Mother's Day

Ask Crystal Creek...

Happy
Mother's Day

With Mother's Day coming up, we asked our residents what advice they would give new mothers. Here are their answers:

Lori- "Buy new clothes, a new purse, new shoes, a whole new outfit that no one has ever seen. It's one thing to be a mother, it's another thing to ACT like a mother. Make sure to tell them 'I love you' as much as possible."

Gerry P- "Respect your children, and they will respect you. Stay positive and lead by example."

Mary L- "Teach them manners. Be on the ball, try to stay a step ahead."

Mary E- "Never argue around your children."

Lois- "Give your life to God and he will guide you in the right direction."

Joan- "Your days will be long. Try to relax, take the extra time to hold and talk to your baby. Don't ignore them because you have things to do, those things will still be there waiting for you."

Delores D- "Children have to feel loved. Give them lots of hugs and kisses. Don't put off to tomorrow what you can do today."

Marie- "Watch your budget. If you can, make your own clothes for the kids. Teach the to clean up after themselves from an early age."

Lurlan- "Don't let them forget that you are the boss."

Patti- "Don't forget to say I love you, and say it a lot!"



New Residents! Birthdays!



Welcome!!

Wanda Conz

Joan Hensley

Paul Deschaw

Ruth Dalrymple

Edward Casper

Resident Birthdays!

Domenic Mininni May 3rd

Frank Jachym May 12th

Dolores Desira May 19th

Wanda Jesson May 22nd

Marian Scrimger May 22nd

Patricia Carne May 29th

Staff Birthdays!

Latoyia Johnson May 2nd

Ebony Johnson May 4th

Tiffany Boyd May 11th

Cynthia Fulghum May 11th

Cory McKinney May 22nd

Kelli Eklund May 27th

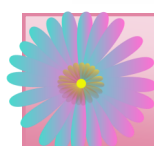




Thank you! Thank you! Thank you!



We would like to extend a big thank you to all of the staff, families, and volunteers who contributed to our bake sale last month. We would like to especially thank our volunteer, Kate Zajac, who made many treats and helped us all day at the bake sale booth. Also, thank you to the staff who were able to give a donation and ditch their regular uniforms for jeans and Detroit Tigers gear. All of the funds collected are going towards making our courtyards a very beautiful place for our residents and families to relax!



Employee of the Month: Tiffany Pierce



Tiffany has been with us here at Crystal Creek since May 2015. She is from Detroit and has a fiancé named Jason. They plan on getting married in 2017. Tiffany has 2 geckos, Cody and Kolby. In her spare time, she enjoys reading, doing crossword puzzles, and watching her favorite TV show, Law and Order SVU. Tiffany has a special way with our residents and we are very lucky to have her here with us. Thank you Tiffany!



Fun at the Creek!



Putting together our raised flowerbeds and the finished product!



Enjoying the beautiful weather with some sundaes on the patio.



Over 50 years of playing.
She makes beautiful music!



Sharing a laugh with friends!

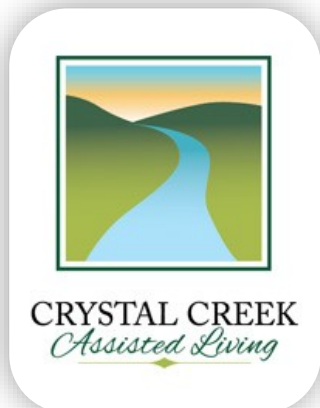


Making 3 ingredient , 3 minute fudge! Yum!!



So much fun with Roy Scoutz
& John Latini!





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Coming Attractions:

Resident Council– May 3rd
Craig Marsden– May 5th
Mother's Day Garden Party- May 7th
Moovin & Groovin– May 10th
Catholic Mass– May 12th
Dynamo Show– May 18th
John Hanba– May 24th
Mad Hatter Tea Party with Great Lakes– May 26th

Reminder: Sign up to get the monthly newsletter and activities calendar emailed directly to you!
Email: monicas@crystalcreek.biz

Employee of the Month Nominee

Employees Name: _____

Nominated By: _____

This person deserves a nomination because: _____

To nominate someone for employee of the month, please detach this form and place it in the drop box located in building 1. Additional forms are available in the vestibules of each building