

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Christ Is King Church D 1:00 Trivia Fun 3 2:00 Omega Up lifters 3 3:15 Wii Games 3 Canada Day	2 9:30 Chit Chat 3 10:00 Exercise 3 1:00 Calendar 3 2:00 Council D 3:15 Rom Visits F 6:00 Movie Nite 3	3 9:30 Chit Chat 3 10:00 Exercise 3 1:00 Color Fun 3 2:00 Card Games 2 3:00 Social Hour 3	4 10:00 Chit Chat 3 10:30 Crossword 3 2:00 Red, White & Blue Treats 3 3:00 Room Visits Independence Day	5 9:30 News Bit 2 10:00 Exercise 2 1:00 Nail Shop 3 2:00 Trivia Fun 3 3:00 Bingo Blast D 6:00 B's Group 3	6 9:30 Chit Chat 3 10:00 Resident's Wal-Mart Shop O 2:00 Room Visits F 3:00 Happy Hour D	7 9:30 Chit Chat 3 10:45 Exercise 3 1:30 Wii Play 3 3:00 Movie and Snacks 3
8 10:00 Christ Is King Church D 1:00 Card Game 3 2:00 Omega Up lifters 3 3:00 Room Visits	9 9:30 Chit Chat 3 10:00 Exercise 3 1:00 Wii Games 3 2:00 6:00 Movie Nite 3	10 9:30 Chit Chat 3 10:45 Internet Café' Outing B 3:00 Color Fun 3 3:30 Room Visits	11 ALL DAY BINGO 9:00 10:00 11 – 1:30 BREAK 2:00 3:00	12 9:30 Chit Chat 3 10:00 Exercise 3 1:30 Wii Games 3 3:00 Bingo Blast D 6:00 B's Group 3	13 9:30 Chit Chat 3 10:00 Exercise 3 2:00 Word Stew 3 3:00 Happy Hour D	14 10:00 Fit-N-Fun 3 10:45 News Biz 3 1:00 Basket Ball 3 2:00 T's Choice 3
15 10:00 Abundant Love Church – Dining Room 1:00 Trivia Fun 3 2:00 Social Hour 3 3:00 Sweet Treat 3	16 9:30 Chit Chat 3 10:00 Exercise 3 1:30 Card Game 2 3:00 Room Visits F 6:00 Movie Nite 3	17 9:30 Chit Chat 3 10:00 Exercise 3 2:00 Movie Time 3 3:30 Social Hour 3 6:00 Bethesda Up - Lifters 2	18 9:30 Chit Chat 3 10:00 Exercise 3 1:00 Color Fun 3 2:00 Nail Shop 3 3:00 Social Hour 3	19 9:30 Chit Chat 3 10:00 Exercise 3 1:30 Team Trivia 2 3:00 Bingo Blast D 6:00 B's Group 3	20 9:30 Chit Chat 3 10:00 Resident's Wal-Mart Shop O 2:00 Room Visits F 3:00 Happy Hour D	21 10:00 Chit-Chat 3 1:00 UNO Game 2 2:00 Sweet Treats 3:00 Ethan Temple Dining Room
22 10:00 Christ Is King Church D 1:00 Crazy Ball 2 2:00 Poetry Pip 3 3:00 Word Relay 3	23 9:30 Chit Chat 3 10:00 Exercise 3 1:30 Card Game 2 3:00 Room Visits F 6:00 Movie Nite 3	24 9:30 Chit Chat 3 10:00 Exercise 3 1:00 Color Fun 3 2:00 Frisbee Fly 2 3:00 Social Hour 3	25 9:30 Chit Chat 3 10:00 Donut Run O 1:00 Card Play 3 2:00 Nail Shop 3 3:00 Room Visits	26 9:30 Chit Chat 3 10:00 Exercise 3 1:30 Room Visits 2:00 The July Auction D 6:00 B's Group 3	27 9:30 Chit Chat 3 10:00 Exercise 3 2:00 Word Stew 3 3:00 Happy Hour D	28 10:00 Fit-N-Fun 3 10:45 News Biz 3 1:00 Basket Ball 3 2:00 T's Choice 3
29 10:00 Christ Is King Church D 1:00 Crazy Ball 2 2:00 Basketball 3 3:00 Frisbee Fly 3	30 9:30 Chit Chat 3 10:00 Exercise 3 1:30 Card Game 2 3:00 Room Visits F 6:00 Movie Nite 3	31 9:30 News Bit 3 10:00 Exercise 3 1:30 Room Visits 2:00 The July Birthday Party D	<h1>July 2018</h1> <h2>GRAFTON OAKS NURSING &amp; REHAB CENTER</h2>			

~ ALL ACTIVITIES ARE SUBJECT TO CHANGE ~