



The Pointe Daily Menu S&S 2018

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| WK 5 Lunch | Sunday (7-22) ***** Yankee Pot Roast ***** Sides Potato & Carrots Dinner Rolls Ice Cream | Monday (7-23) ***** Roast Turkey ***** Sides Scalloped Potatoes Broccoli Wheat Bread Banana Cake | Tuesday (7-24) ***** Herbed Smothered Pork Chops ***** Sides Wild Rice Buttered Peas Peach Cobbler | Wednesday (7-25) ***** Peppers Steak ***** Sides Mash Potato Baby Carrots Dinner Roll Black Forest Parfait |
| | Dinner | Ham Salad on Bun ***** Sides Pickle Beets Potato Chips Peaches Tomato Basil Soup | Chicken Sandwich ***** Sides Lettuce/Tomato Sweet Potato Fries Cream Puffs Beef Barley Soup | Cabbage Roll ***** Sides Mashed Potatoes Vegetable blend Dinner Roll Fresh Baked Cookie Cream of cheesy Cauliflower |



Food with high salt content



Heart Healthy

Menu subject to change.

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| Lunch | <p>Thursday (7-26) ***** Honey Ham ***** Sides Fresh Sweet Potato Capri Vegetable Blend Dinner Roll Strawberry Shortcake</p> | <p>Friday (7-27) ***** Italian Baked Chicken Pepper & Onion ***** Sides Mashed Potatoes and Gravy Rivera Vegetable Blend Dinner Roll Angle Food with Sauce</p> | <p>Saturday (7-28) ***** Lasagna ***** Sides Oven Roasted Asparagus Garlic Bread Ice cream Bar</p> |
| | Dinner | <p>Chicago Style Hot Dogs ***** Sides Diced Onion & Tomato Potato Salad Jello with whip topping Chicken Rice Soup</p> | <p>Fish Sandwich Lettuce & Tomato ***** Sides Cole Slaw Potato Chips Assorted Desserts Cream of Tomato Rice</p> |



Food with high salt content



Heart Healthy

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