



The Pointe Daily Menu

Week 1 FW Lunch	Sunday (02-11) ***** 3oz Stuffed Chicken Breast ***** Sides 4oz Au Gratin Potatoes 4oz Whole Green Bean Dinner Roll Chocolate Cake	Monday (02-12) ***** Savory 3oz Sliced Roast Beef ***** Sides 4oz Twice Baked Potatoes 4oz Corn On the Cob Dinner Roll Lemon Meringue Pie	Tuesday (02-13) ***** 3oz Roast Pork Cutlet ***** Sides 4oz Butter Noodle 4oz Baby Carrots Dinner Roll Apple Cobbler	Wednesday (02-14) ***** Home Made 3oz Beef Stew ***** Sides 4oz Stew Vegetable Corn Bread Rice Pudding
	Dinner	6oz Crab Salad ***** Sides ½ Boiled Egg Crackers Grapes Broccoli Cheese Soup	3oz Hamburger or Cheeseburger ***** Sides ½ cup French Fries 4oz Lettuce-Tomato-onion Ice Cream Beef Noodle Soup	B.L.T. Sandwiches ***** Sides 4oz Pasta Salad 1 bag Potato Chips Boston Cream Pie Chicken Rice Soup

Lunch	<p>Thursday (02-15) ***** 3oz Fresh Roast Turkey ***** Sides 4oz Stuffing 4oz Sweet Potatoes Cranberry Sauce Dinner Roll Ice Cream</p>	<p>Friday (02-16) ***** 3oz Meatloaf ***** Sides 4oz Mash Potatoes 4oz Cream Style Corn Pound Cake W/Strawberry Topping</p>	<p>Saturday (02-17) ***** 3oz Smothered Pork Chops ***** Sides 4oz Roast Red Potatoes 4oz Key West Vegetable Dinner Roll Dream Sicle</p>
	Dinner	<p>Monte Cristo ***** Sides 4oz Cucumber Salad Pears Halves Tomato Barley Soup</p>	<p>Fish Stick ***** Sides 4oz Curly Fries Cole Slaw Fresh Fruit in Season Chicken Noodle Soup</p>



Food with high salt content



Heart Healthy

Menu subject to change.